# Self-ligating brackets and elastomeric rings - a comparison of orthodontic ligation techniques on patient oral hygiene and microbial colonisation

9/09/2006	No longer recruiting	
, ,	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
9/09/2006	Completed	Results
Last Edited	Condition category	Individual participant data
18/05/2017	Oral Health	<ul><li>Record updated in last year</li></ul>
9/09/2006 ast Edited	Completed  Condition category	<ul><li>Statistical analysis plan</li><li>Results</li><li>Individual participant da</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Miss Tasnim Hassan

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0236169540

# Study information

#### Scientific Title

Self-ligating brackets and elastomeric rings - a comparison of orthodontic ligation techniques on patient oral hygiene and microbial colonisation

## **Study objectives**

The aim of this research is to investigate and compare two methods of orthodontic bracket ligation (typing of the arch wire to the orthodontic brackets) and their effects on patient oral hygiene and microbial colonization. The two fixed appliances under investigation will be 3M conventional MBT Siamese brackets and £M self-ligating 'Smart Click' brackets.

# Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Oral Health

#### Interventions

Following consent, patients undergoing routine orthodontic treatment will be randomly allocated to one of two groups:

- 1. Treatment with conventional pre-adjusted edgewise brackets secured by elastic ties (victory series)
- 2. Treatment with smart click pre-adjusted self-ligating brackets which do not require tying

Both systems would be of the same prescription and the same archwires would be used. All patients will receive instruction in oral hygiene from a hygienist within the department before

the start of treatment. Following extraction of the teeth, upper and lower fixed appliances will be placed with an initial aligning archwire of 014 Nickel Titanium. Patients will be reviewed every 4 weeks for treatment.

The oral hygiene will be assessed and plaque and saliva samples will be taken (using non-invasive methods) before placement of the appliance, and then 3, 6 and 12 months following the placement of the appliances. At 6 months the rate of oral clearance of food will also be measured. All methods of assessment are non-invasive.

The oral hygiene will be assessed by:

- 1. Measuring the amount of dental plaque present on the outside surface of each tooth
- 2. Assessing the presence or absence of gingival (gum) swelling/inflammation and bleeding

The oral clearance of food will be measured once by asking the patient to eat a digestive biscuit for 1 minute, following which time the patient will be asked to produce a sample of saliva by spitting into a container. This will be collected by a qualified dentist.

All samples will then be analysed in the microbiology department at Guy's Hospital.

## Intervention Type

Other

### Phase

Not Applicable

## Primary outcome measure

- 1. Patient oral hygiene as measured by plaque, and gingival indices
- 2. Microbiological profile of plague bacteria
- 3. Salivary sugar levels to reflect the oral clearance of foods

# Secondary outcome measures

Not provided at time of registration

## Overall study start date

01/08/2005

## Completion date

31/01/2007

# **Eligibility**

## Key inclusion criteria

Patients recruited from the treatment waiting lists who present with a crowded dentition that requires the extraction of premolar teeth and fixed appliance therapy

## Participant type(s)

Patient

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

# Target number of participants

Not provided at time of registration

## Key exclusion criteria

Not provided at time of registration

## Date of first enrolment

01/08/2005

## Date of final enrolment

31/01/2007

# Locations

## Countries of recruitment

England

**United Kingdom** 

# Study participating centre Orthodontic Department

London United Kingdom SW17 0QT

# Sponsor information

## Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health (UK)

## Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

# Funder type

Government

## Funder Name

St George's Healthcare NHS Trust (UK)

## Funder Name

NHS R&D Support Funding (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration