

# Low-term benzodiazepine users - characteristic, views and effect of providing a self-help leaflet about benzodiazepine withdrawal on cutting benzodiazepine use

<b>Submission date</b> 14/10/2002	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 14/10/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 01/07/2009	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr KF Chung

### Contact details

Department of Psychiatry

Faculty of Medicine

University of Hong Kong

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Hong Kong

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

### Study objectives

Not provided at time of registration

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Benzodiazepine dependence and withdrawal

### Interventions

Semi-structured interviewing was conducted on all the subjects. A research assistant used 15 minutes to explain to the subject ways to reduce benzodiazepine gradually and they were given an information leaflet to bring home.

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/01/2000

**Completion date**

01/01/2002

## Eligibility

**Key inclusion criteria**

1. Aged 14 and above attending a psychiatric clinic
2. Has been taking benzodiazepine continuously for more than a month

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/01/2000

**Date of final enrolment**

01/01/2002

## Locations

**Countries of recruitment**

Hong Kong

**Study participating centre**

Department of Psychiatry

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Hong Kong

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# Sponsor information

## Organisation

Hong Kong Health Services Research Fund (Hong Kong)

## Sponsor details

Health Welfare and Food Bureau  
Government Secretariat, HKSAR  
20th floor Murray Building  
Garden Road

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Hong Kong

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+852 (0)2973 8288  
hsrf@hwfb.gov.hk

## Sponsor type

Government

## Website

[http://www.fhb.gov.hk/grants/english/funds/funds\\_hhsrf/funds\\_hhsrf\\_abt/funds\\_hhsrf\\_abt.html](http://www.fhb.gov.hk/grants/english/funds/funds_hhsrf/funds_hhsrf_abt/funds_hhsrf_abt.html)

## ROR

<https://ror.org/03qh32912>

# Funder(s)

## Funder type

Government

## Funder Name

Hong Kong Health Services Research Fund (Hong Kong)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## **IPD sharing plan summary**

Not provided at time of registration