

# A study to investigate the effects of voluntary coughing on the airways of asthmatic and COPD subjects

<b>Submission date</b> 28/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 28/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 07/06/2017	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N0226187456

## Study information

### Scientific Title

A study to investigate the effects of voluntary coughing on the airways of asthmatic and COPD subjects

### Study objectives

To determine the effects of short bursts of voluntary coughing on airway physiology and lung function in asthmatic and COPD subjects.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Respiratory: Chronic obstructive pulmonary disease (COPD)

### Interventions

Subjects will be randomised to either progressively increasing periods of voluntary coughing or no intervention, both interspersed with measurements of lung function.

### Intervention Type

Other

### Phase

Not Specified

**Primary outcome measure**

The fall in exhaled nitric oxide (eNO) following voluntary coughing.

**Secondary outcome measures**

No secondary outcome measures

**Overall study start date**

30/10/2006

**Completion date**

30/10/2008

## Eligibility

**Key inclusion criteria**

1. Aged over 18
2. Physician diagnosed asthma or COPD

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

10 stable mild asthmatic, 10 stable COPD subjects

**Key exclusion criteria**

1. Symptoms of upper respiratory tract infection or asthmatic/COPD exacerbation in the preceding 4 weeks
2. Involved in studies with licensed drugs or methodological studies within the preceding 4 weeks
3. Subjects taking ACE inhibitors, leukotrine receptor antagonists or cough suppressants
4. Change in asthma/COPD medication in last 4 weeks
5. Pregnancy
6. Current smokers

**Date of first enrolment**

30/10/2006

**Date of final enrolment**

30/10/2008

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

University Hospital of South Manchester NHS Foundation Trust

Manchester

United Kingdom

M23 9LT

**Sponsor information****Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

**Sponsor details**

The Department of Health

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

+44 (0)207 307 2622

dhmail@doh.gsi.org.uk

**Sponsor type**

Government

**Website**

<http://www.dh.gov.uk/Home/fs/en>

**Funder(s)****Funder type**

Hospital/treatment centre

**Funder Name**

University Hospital of South Manchester NHS Foundation Trust

**Funder Name**

NWLC Endowment Funds

**Funder Name**

NHS R&D Support Funding

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration