

# Cost-effectiveness of cognitive behaviour therapy of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

<b>Submission date</b> 20/12/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 20/12/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 07/01/2021	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
ZonMW 945-04-406

## Study information

**Scientific Title**

Cost-effectiveness of cognitive behaviour therapy of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

**Acronym**

COCOS

**Study objectives**

To determine the cost-effectiveness of CBT compared to care as usual in patients with a recent onset of schizophrenia, who suffer from persistent and recurrent symptoms of psychosis.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Schizophrenia

**Interventions**

Please note that, as of 30/07/2008, the end date of this trial has been updated from 01/12/2007 to 01/04/2008.

Interventions:

1. CBT by a cognitive therapist and a nurse therapist
2. CAU

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Days functioning in normal range based on PSYRAYS and SFS: minimal suffering and functional restrictions by delusions and/or hallucinations and SFS normal social functioning.

**Key secondary outcome(s))**

1. Medication compliance
2. Number of relapses

- 3. Psychiatric symptoms
- 4. Quality of life

**Completion date**

01/04/2008

## Eligibility

**Key inclusion criteria**

- 1. Schizophrenia patients in the first five years after onset
- 2. Age 18-64
- 3. Treatment resistant or recurrent psychosis

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Upper age limit**

64 years

**Sex**

All

**Key exclusion criteria**

- 1. IQ<80
- 2. Severe addiction
- 3. No competence of Dutch language
- 4. 4 or more CBT sessions in the last year

**Date of first enrolment**

01/12/2004

**Date of final enrolment**

01/04/2008

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**  
**Parnassia & Groningen University**  
Den Haag  
Netherlands  
2552 ES

## Sponsor information

**Organisation**  
University Medical Center Groningen (Netherlands)

**ROR**  
<https://ror.org/03cv38k47>

## Funder(s)

**Funder type**  
Research organisation

**Funder Name**  
ZonMw

**Alternative Name(s)**  
Netherlands Organisation for Health Research and Development

**Funding Body Type**  
Private sector organisation

**Funding Body Subtype**  
Other non-profit organizations

**Location**  
Netherlands

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2011	07/01/2021	Yes	No