ISRCTN57292778 https://doi.org/10.1186/ISRCTN57292778

Cost-effectiveness of cognitive behaviour therapy of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

Submission date
20/12/2005

Recruitment status
No longer recruiting

Registration date
20/12/2005

Overall study status
Completed

Last Edited
07/01/2021

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
ZonMW 945-04-406

Study information

Scientific Title
Cost-effectiveness of cognitive behaviour therapy of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

Acronym
COCOS

Study objectives
To determine the cost-effectiveness of CBT compared to care as usual in patients with a recent onset of schizophrenia, who suffer from persistent and recurrent symptoms of psychosis.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Not Specified

Participant information sheet

Health condition(s) or problem(s) studied
Schizophrenia

Interventions
Please note that, as of 30/07/2008, the end date of this trial has been updated from 01/12/2007 to 01/04/2008.

Interventions:
1. CBT by a cognitive therapist and a nurse therapist
2. CAU

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Days functioning in normal range based on PSYRAYS and SFS: minimal suffering and functional restrictions by delusions and/or hallucinations and SFS normal social functioning.

Secondary outcome measures
1. Medication compliance
2. Number of relapses
3. Psychiatric symptoms
4. Quality of life

Overall study start date
01/12/2004

Completion date
01/04/2008

Eligibility

Key inclusion criteria
1. Schizophrenia patients in the first five years after onset
2. Age 18-64
3. Treatment resistant or recurrent psychosis

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Upper age limit
64 Years

Sex
Both

Target number of participants
230

Key exclusion criteria
1. IQ<80
2. Severe addiction

3. No competence of Dutch language
4. 4 or more CBT sessions in the last year

Date of first enrolment
01/12/2004

Date of final enrolment
01/04/2008

Locations

Countries of recruitment
Netherlands

Study participating centre
Parnassia & Groninen University
Den Haag
Netherlands
2552 ES

Sponsor information

Organisation
University Medical Center Groningen (Netherlands)

Sponsor details
Hanzeplein 1
Groningen
Netherlands
9713 GZ

Sponsor type
Hospital/treatment centre

ROR
https://ror.org/03cv38k47

Funder(s)

Funder type
Research organisation

Funder Name
ZonMw

Alternative Name(s)
Netherlands Organisation for Health Research and Development

Funding Body Type
Private sector organisation

Funding Body Subtype
Other non-profit organizations

Location
Netherlands

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2011	07/01/2021	Yes	No