ISRCTN57402067 https://doi.org/10.1186/ISRCTN57402067

A study comparing cancer patients randomly assigned to be offered either genetic testing ‘at home’ or in hospital

Submission date 21/07/2023	**Recruitment status** Recruiting	[X] Prospectively registered [_] Protocol [_] Statistical analysis plan [_] Results [_] Individual participant data [X] Record updated in last year
Registration date 26/07/2023	**Overall study status** Ongoing	
Last Edited 22/01/2026	**Condition category** Cancer	

Plain English summary of protocol

Background and study aims

Patients who are diagnosed with womb, bowel, or ovarian cancer that fulfill NHS genetic testing criteria are recommended to have genetic testing to see if their cancer was related to an inherited gene alteration. Identifying carriers of alterations allows novel personalised cancer treatments, prevention of second cancers, and testing of family members for cancer screening and prevention. Genetic testing requires pre-test counselling to ensure patients are informed about the impact of having a genetic test and managing the result. This ‘genetic counselling’ has traditionally been provided by genetics services. However, it is now routinely being offered by cancer-treating teams in an approach called “mainstreaming”. Currently, the demand for genetic counselling and testing is swiftly increasing and capacity constraints requires the development of new scalable cost and resource-efficient implementation models. This study will assess if pre-test counselling and genetic testing can be done using a direct-to-patient model. Participants will receive genetic testing information on a smartphone app or website that they can access at home along with counselling support through a study telephone helpline. Those who agree to testing can consent via the app and perform testing at home with a saliva genetic testing kit delivered and returned by post. In the study this direct-to-patient approach is directly compared to the standard mainstreaming approach.

Who can participate?

Patients aged 18 years and over diagnosed with bowel, womb, or ovarian cancer who are eligible for NHS genetic testing

What does the study involve?

This study compares and evaluates the uptake of genetic testing using both approaches. The researchers also assess patient satisfaction, quality-of-life, and psychological outcomes following testing, using standardized or customized questionnaires over 1 year of follow-up. Clinician opinions will be elicited. Some patients will also be interviewed to assess attitudes, experiences, and impact on emotional wellbeing. An economic analysis will be undertaken to assess the cost-effectiveness of this approach for the NHS.

What are the possible benefits and risks of participating?
Patients that take part in the study will be offered genetic testing. Everyone who is offered genetic testing is given information about the potential risks or benefits of genetic testing. This may have implications for patients' cancer treatment, as they can be offered novel treatments which can improve outcomes. They can also opt for cancer prevention options to prevent other (second) cancers for themselves. Family members can also be tested and opt for screening or cancer prevention options.
Patients may be assigned to receive genetic testing information and genetic testing at home. They will not have to attend a hospital for this to take place. Taking part in this study will also help determine if this direct-to-patient approach of offering genetic testing is as acceptable for patients as standard genetic testing in clinics. Genetic testing is offered as part of standard NHS cancer care. Some people who receive positive genetic test results may feel frightened, sad or upset about their test result. A positive result may mean that patients find out that they have an increased risk of developing other cancers. This may be a result that they were not expecting.

Where is the study run from?
Wolfson Institute of Population Health, Queen Mary University of London (UK)

When is the study starting and how long is it expected to run for?
January 2022 to October 2028

Who is funding the study?
1. GlaxoSmithKline (UK)
2. Barts Charity (UK)
3. North East London Cancer Alliance (UK)
4. North Central London Cancer Alliance (UK)

Who is the main contact?
Prof. Ranjit Manchanda, bartsctu-detect-2@qmul.ac.uk

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-study-looking-at-two-different-ways-of-carrying-out-genetic-testing-for-people-with-cancer-detect

Contact information

Type(s)
Principal investigator

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Additional identifiers

Clinical Trials Information System (CTIS)
Nil known

Integrated Research Application System (IRAS)
319066

ClinicalTrials.gov (NCT)
Nil known

Central Portfolio Management System (CPMS)
57783

Study information

Scientific Title
Direct-to-patient testing at cancer diagnosis for precision prevention-2

Acronym
DETECT-2

Study objectives
Patients at colorectal, endometrial, or ovarian cancer diagnosis have equal genetic testing uptake when offered direct-to-patient genetic testing at cancer diagnosis when compared to standard of care (mainstream genetic testing by members of cancer-treating teams)

Ethics approval required
Ethics approval required

Ethics approval(s)
approved 29/08/2023, London - Brighton & Sussex Research Ethics Committee (2 Redman Place, Stratford, London, E20 1JQ, United Kingdom; +44 (0)207 104 8202; brightonandsussex.rec@hra.nhs.uk), ref: 23/LO/0677

Study design
National multicentre two-arm interventional randomized control trial

Primary study design
Interventional

Study type(s)
Efficacy, Quality of life, Other

Health condition(s) or problem(s) studied
Patients diagnosed with colorectal, endometrial, or ovarian cancer eligible for genetic testing for cancer susceptibility gene variants

Interventions
Eligible patients undergo block randomisation (1:1, stratified by cancer type) at recruitment to one of the two study arms:

1. Direct-to-patient testing: Patients will be provided information about genetic testing on a web-app decision aid. This decision aid will be accessible on smartphones, tablets, and web browsers and provide information about genetic testing, how it is performed, the possible results, and potential impacts. The web app will include the consent form for genetic testing allowing patients to accept or decline genetic testing electronically.

Patients consenting to genetic testing will receive a sample collection kit in the post, provide their sample at home using the saliva-collection kit, and post it back to the genetic testing laboratory to perform the testing.

Results will be returned by post and email, and patients will be supported throughout the entirety of this pathway by a telephone helpline staffed by study counsellors experienced in genetic counselling. Patients with positive or uncertain results from genetic testing will be given post-test counselling. Participating sites will refer these patients to their local genetics service(s) as per standard NHS practice/care followed.

2. Standard of care: Patients will receive pre-test counselling from a non-genetics clinician with consent for genetic testing, blood sample collection, and return of results undertaken in clinic as per routine hospital practice.

Intervention Type
Other

Primary outcome(s)
Uptake of genetic testing between the direct-to-patient genetic testing arm versus standard mainstreaming. Uptake of genetic testing will be assessed by equivalency at the end of the study (each event is recorded at decision to test and equivalence is calculated at the end of the study).

Key secondary outcome(s))
1. Decision satisfaction or regret assessed by the 5-item Decision Regret Scale (O'Connor) assessed up to 1 year following return of genetic test results
2. Mental health and emotional outcomes measured by the Hospital Anxiety and Depression Scale, 1-item "I am satisfied with the decision I have made" 5-point Likert scale, Impact of Events Scale, and Multidimensional Impact of Cancer Risk Assessment measured at baseline (if relevant) and up to 1 year following the return of genetic test results.
3. Participant quality-of-life assessed by EuroQol EQ-5D-5L questionnaire, validated cancer-specific and general cancer EORTC questionnaires at baseline and after genetic testing up to 1 year following the return of genetic test results
4. Attitudes, experiences, and impact on emotional health assessed by semi-structured qualitative interviews at 1-6 months after receiving the genetic testing result
5. Decision aid and telephone helpline use in direct-to-patient testing pathway assessed by participant usage statistics collected by the web app and telephone helpline usage case report forms for all participants in the DTP arm at decision to test, 21 days post result and 6 months post result
6. Variant prevalence measured by the number of pathogenic/likely-pathogenic variants/variant

of uncertain significance detected divided by the number of people undergoing genetic testing at the end of the study
7. Cost-effectiveness of both testing approaches will be assessed by incremental cost-effectiveness ratio (ICER/QALY) between the two study arms assessed against the willingness-to-pay threshold stipulated by NICE (£20,000-30,000/QALY) at the end of the study
8. Clinician experience of direct-to-patient testing pathway measured using a bespoke clinician questionnaire administered to participating clinicians once a site is set up and operating

Completion date
01/10/2028

Eligibility

Key inclusion criteria
1. Adults diagnosed with endometrial cancer or colorectal cancer fulfilling NHS clinical genetic testing criteria for mismatch repair genes based on clinical or histo-pathological molecular profile
or
2. Adults diagnosed with high-grade epithelial ovarian cancer fulfilling NHS clinical genetic testing criteria

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Mixed

Lower age limit
18 years

Upper age limit
100 years

Sex
All

Total final enrolment
0

Key exclusion criteria
Current exclusion criteria as of 09/05/2024:

1. Patients who have had previous genetic testing for Lynch Syndrome, OC, or CRC genes
2. Patients whose family has a known pathogenic variant in a cancer susceptibility gene, which is part of the panel the patient is eligible for undergoing testing.
3. Unable to provide informed consent

Previous exclusion criteria:

1. Patients who have had previous genetic testing for Lynch Syndrome, or OC genes
2. Patients whose family has a known pathogenic variant in one of the following genes: BRCA1, BRCA2, RAD51C, RAD51D, BRIP1, PALB2, MLH1, MSH2, MSH6, PMS2
3. Unable to provide informed consent

Date of first enrolment
25/04/2024

Date of final enrolment
30/11/2026

Locations

Countries of recruitment
United Kingdom

England

Northern Ireland

Scotland

Study participating centre
Barts Health NHS Trust
The Royal London Hospital
80 Newark Street
London
England
E1 2ES

Study participating centre
University College London Hospitals NHS Foundation Trust
250 Euston Road
London
England
NW1 2PG

Study participating centre
London North West University Healthcare NHS Trust
Northwick Park Hospital
Watford Road

Harrow
England
HA1 3UJ

Study participating centre
Nottingham University Hospitals NHS Trust
Trust Headquarters
Queens Medical Centre
Derby Road
Nottingham
England
NG7 2UH

Study participating centre
University Hospitals Bristol and Weston NHS Foundation Trust
Trust Headquarters
Marlborough Street
Bristol
England
BS1 3NU

Study participating centre
Imperial College Healthcare NHS Trust
The Bays
St Marys Hospital
South Wharf Road
London
England
W2 1BL

Study participating centre
Barking, Havering and Redbridge University Hospitals NHS Trust
Queen's Hospital
Rom Valley Way
Romford
England
RM7 0AG

Study participating centre
University Hospital Southampton NHS Foundation Trust
Southampton General Hospital

Tremona Road
Southampton
England
SO16 6YD

Study participating centre
Sandwell and West Birmingham Hospitals NHS Trust
City Hospital
Dudley Road
Birmingham
England
B18 7QH

Study participating centre
Norfolk & Norwich University Hospitals NHS Foundation Trust
Colney Lane
Colney
Norwich
England
NR4 7UY

Study participating centre
University Hospitals Sussex NHS Foundation Trust
Worthing Hospital
Lyndhurst Road
Worthing
England
BN11 2DH

Study participating centre
University Hospitals Dorset NHS Foundation Trust
Management Offices
Poole Hospital
Longfleet Road
Poole
England
BH15 2JB

Study participating centre
Portsmouth Hospitals University NHS Trust
Queen Alexandra Hospital

Portsmouth
England
PO6 3LY

Study participating centre
East Kent Hospitals University NHS Foundation Trust
Kent & Canterbury Hospital
Ethelbert Road
Canterbury
England
CT1 3NG

Study participating centre
Oxford University Hospitals NHS Foundation Trust
John Radcliffe Hospital
Headley Way
Headington
Oxford
England
OX3 9DU

Study participating centre
Manchester University NHS Foundation Trust
Cobbett House
Oxford Road
Manchester
England
M13 9WL

Study participating centre
NHS Lothian
Waverley Gate
2-4 Waterloo Place
Edinburgh
Scotland
EH1 3EG

Study participating centre
Somerset NHS Foundation Trust
Trust Management
Lydeard House

Musgrove Park Hospital
Taunton
England
TA1 5DA

Study participating centre
University Hospitals of Derby and Burton NHS Foundation Trust
Royal Derby Hospital
Uttoxeter Road
Derby
England
DE22 3NE

Study participating centre
Cardiff and Vale NHS Trust
Cardigan House
University Hospital of Wales
Heath Park
Cardiff
Wales
CF14 4XW

Study participating centre
University Hospitals of Leicester NHS Trust
Leicester Royal Infirmary
Infirmary Square
Leicester
England
LE1 5WW

Study participating centre
South Tees Hospitals NHS Foundation Trust
James Cook University Hospital
Marton Road
Middlesbrough
England
TS4 3BW

Study participating centre
Royal Devon University Healthcare NHS Foundation Trust
Royal Devon University NHS Ft

Barrack Road
Exeter
England
EX2 5DW

Study participating centre
East Suffolk and North Essex NHS Foundation Trust
Colchester Dist General Hospital
Turner Road
Colchester
England
CO4 5JL

Study participating centre
Milton Keynes University Hospital NHS Foundation Trust
Standing Way
Eaglestone
Milton Keynes
England
MK6 5LD

Study participating centre
Cardiff & Vale University Lhb
Woodland House
Maes-y-coed Road
Cardiff
Wales
CF14 4HH

Study participating centre
North West Anglia NHS Foundation Trust
Peterborough City Hospital
Bretton Gate
Bretton
Peterborough
England
PE3 9GZ

Study participating centre
Lancashire Teaching Hospitals NHS Foundation Trust
Royal Preston Hospital

Sharoe Green Lane
Fulwood
Preston
England
PR2 9HT

Study participating centre
Leeds Teaching Hospitals NHS Trust
St. James's University Hospital
Beckett Street
Leeds
England
LS9 7TF

Study participating centre
Homerton Healthcare NHS Foundation Trust
Homerton Row
London
England
E9 6SR

Study participating centre
Gateshead Health NHS Foundation Trust
Queen Elizabeth Hospital
Sheriff Hill
Gateshead
England
NE9 6SX

Study participating centre
St George's University Hospitals NHS Foundation Trust
St George's Hospital
Blackshaw Road
Tooting
London
England
SW17 0QT

Sponsor information

Organisation
Queen Mary University of London

ROR
https://ror.org/026zzn846

Funder(s)

Funder type
Industry

Funder Name
GlaxoSmithKline

Alternative Name(s)
GlaxoSmithKline plc., GSK plc., GlaxoSmithKline plc, GSK

Funding Body Type
Government organisation

Funding Body Subtype
For-profit companies (industry)

Location
United Kingdom

Funder Name
Barts Charity

Alternative Name(s)

Funding Body Type
Private sector organisation

Funding Body Subtype
Trusts, charities, foundations (both public and private)

Location
United Kingdom

Funder Name
North East London Cancer Alliance

Funder Name
North Central London Cancer Alliance

Results and Publications

Individual participant data (IPD) sharing plan
The datasets generated during and/or analysed during the current study will be available upon request from Prof. Ranjit Manchanda (bartsctu-detect-2@qmul.ac.uk)

IPD sharing plan summary
Available on request, Stored in non-publicly available repository

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes