Reducing distress in carers of patients receiving specialist palliative care: a randomised controlled trial

Submission date Recruitment status 08/09/2005 No longer recruiting	Prospectively registered
	☐ Protocol
Overall study status	Statistical analysis plan
Completed	[X] Results
Condition category Mental and Behavioural Disorders	Individual participant data
	No longer recruiting Overall study status Completed

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Michael King

Contact details

Dept Mental Health Sciences
Royal Free Campus
Royal Free and University College Medical School
Rowland Hill Street
London
United Kingdom
NW3 2PF
+44 (0)20 7794 0500
m.king@medsch.ucl.ac.uk

Additional identifiers

Protocol serial number

CRUK reference C1432/A4179

Study information

Scientific Title

Study objectives

A two-armed randomised controlled trial of the effectiveness of a 6 week intervention designed to reduce informal carer distress. Specifically, we aimed to evaluate the effects of an intervention for distressed informal carers of patients receiving specialist palliative care on:

- 1. Carer well-being (primary outcome)
- 2. Carer strain
- 3. Carer quality of life
- 4. Carer bereavement outcome
- 5. The proportion of patients dying at home

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Informal carers of patients receiving specialist palliative care

Interventions

Six weekly visits from a carer advisor versus usual care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Change in carer distress as measured by General Health Questionnaire 28 (Goldberg & Williams 1988) 4, 9 and 12 weeks after randomisation.

Key secondary outcome(s))

- 1. Caregiver Strain Index: 4, 9 and 12 weeks after randomisation
- 2. Care-Giver Quality of Life Index (Cancer): 4, 9 and 12 weeks after randomisation
- 3. Carer Bereavement: 4 months after the patients death

Completion date

Eligibility

Key inclusion criteria

- 1. Informal carers of patients receiving specialist palliative care
- 2. Able to give informed consent
- 3. No organic brain disease
- 4. over 18 years.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

- 1. Unable to understand English
- 2. Unable to give informed consent
- 3. Organic brain disease or dementia
- 4. Under 18 years of age.

Date of first enrolment

01/10/2000

Date of final enrolment

31/10/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Dept Mental Health Sciences

London United Kingdom NW3 2PF

Sponsor information

Organisation

University College London (UK)

ROR

https://ror.org/02jx3x895

Funder(s)

Funder type

Charity

Funder Name

Cancer Research UK (CRUK) (UK) (ref:C1432/A4179)

Alternative Name(s)

CR_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Results article results 01/02/2007 Yes No