

# Efficacy and safety of agomelatine oral administration (25 to 50 mg/day) in elderly patients suffering from major depressive disorder: an 8-week, randomised, double-blind, flexible-dose, parallel groups, placebo-controlled, international, multicentre study followed by an extension double-blind treatment period of 16 weeks

**Submission date**  
07/04/2010

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
30/04/2010

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
18/04/2018

**Condition category**  
Mental and Behavioural Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Reinhard Heun

**Contact details**  
Radbourn Unit  
Derby City General Hospital  
Uttoxeter Road  
Derby  
United Kingdom  
DE22 3NE

## Additional identifiers

**EudraCT/CTIS number**

2009-011795-29

**IRAS number****ClinicalTrials.gov number****Secondary identifying numbers**

CL3-20098-070

## **Study information**

**Scientific Title**

"Efficacy and safety of agomelatine oral administration (25 to 50 mg/day) in elderly patients suffering from Major Depressive Disorder.

A 8-week, randomised, double-blind, flexible-dose, parallel groups, placebo-controlled, international, multicentre study followed by an extension double-blind treatment period of 16 weeks"

**Study objectives**

To demonstrate the efficacy of agomelatine compared to placebo using the 17-item Hamilton Rating Scale for Depression (HAM-D-17), after 8 weeks of treatment in elderly out-patients suffering from major depressive disorder.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

First Ethics Committee approval obtained on 18/08/2009 in Finland

**Study design**

Randomised double-blind flexible-dose parallel group placebo-controlled international multicentre study, followed by an extension double-blind treatment period

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Other

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Major depressive disorder

**Interventions**

Agomelatine 25 or 50 mg versus placebo. 8-week treatment followed by an extension double-blind treatment period of 16 weeks.

**Intervention Type**

Drug

**Phase**

Phase III

**Drug/device/biological/vaccine name(s)**

Agomelatine

**Primary outcome measure**

HAM-D total score, on the week 0 - 8 period

**Secondary outcome measures**

1. Clinical Global Impression scale scores, from baseline to week 8 and 24
2. Sheehan Disability Scale scores, from baseline to week 8 and 24
3. Safety from baseline to week 8 and 24

**Overall study start date**

04/11/2009

**Completion date**

31/10/2011

**Eligibility****Key inclusion criteria**

1. Out-patients of both genders aged more than 65 years
2. Fulfilling Diagnostic and Statistical Manual of Mental Disorders, 4th Edition, Text Revision (DSM-IV-TR) criteria for a moderate to severe episode of a recurrent major depressive disorder

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

210

**Key exclusion criteria**

1. All types of depression other than major depressive disorder recurrent
2. Severe or uncontrolled organic diseases, likely to interfere with the conduct of the study
3. Current diagnosis of neurological disorders

**Date of first enrolment**

04/11/2009

**Date of final enrolment**

31/10/2011

## Locations

**Countries of recruitment**

Argentina

England

Finland

Mexico

Portugal

Romania

United Kingdom

**Study participating centre**

**Radbourn Unit**

Derby

United Kingdom

DE22 3NE

## Sponsor information

**Organisation**

Institut de Recherches Internationales Servier (France)

**Sponsor details**

50 rue Carnot

Suresnes

France

92284

**Sponsor type**

Industry

**Website**

<http://www.servier.com/>

**ROR**

<https://ror.org/034e7c066>

## Funder(s)

**Funder type**

Industry

**Funder Name**

Institut de Recherches Internationales Servier (France)

## Results and Publications

**Publication and dissemination plan**

Summary results are published in <https://clinicaltrials.servier.com>.

For interventional Phase III studies ending after the 1st January 2014, the results are/will be published in scientific literature.

**Intention to publish date****Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study will be available upon request from <https://clinicaltrials.servier.com> if a Marketing Authorisation has been granted after 1st January 2014.

**IPD sharing plan summary**

Available on request

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Basic results</a>				No	No
<a href="#">Results article</a>	results	01/06/2013		Yes	No
<a href="#">Results article</a>	results	01/07/2017		Yes	No