# The prevalence of growth hormone deficiency in autoimmune thyroid disease

Submission date	Recruitment status	Prospectively registered
22/11/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
22/11/2006	Completed	☐ Results
Last Edited	Condition category	Individual participant data
18/07/2008	Nutritional, Metabolic, Endocrine	<ul><li>Record updated in last year</li></ul>

### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr S A Eskes

#### Contact details

Academic Medical Center (AMC), Department of Endocrinology, P.O. Box 22660 Amsterdam Netherlands 1100 DD +31 (0)20 5669111 S.A.Eskes@amc.uva.nl

# Additional identifiers

Protocol serial number NTR755

# Study information

Scientific Title

#### **Study objectives**

The prevalence of growth hormone deficiency in autoimmune thyroid disease is higher than in the general population.

Please note that as of 07/07/2008 the sources of funding section of this trial was updated. For details of this change, please go to the sources of funding section of this record. On 18/07/2008, the interventions section was also updated.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the local medical ethics committee (Medisch Ethische Toetsings Commissie of the Academic Medical Center Amsterdam) on the 15th December 2005 (ref: MEC 05/249)

#### Study design

Observational cross-sectional study

#### Primary study design

Observational

#### Study type(s)

Screening

#### Health condition(s) or problem(s) studied

Autoimmune hypothyroidism

#### Interventions

Investigating the prevalence is of growth hormone deficiency in patients with autoimmune hypothyroidism.

#### Added 18/07/2008:

Insulin-like growth factor I (IGF-I) values were measured from a blood sample. If the IGF-I value was beneath the 10th percentile of the reference values, a growth-hormone-releasing hormone (GHRH)/growth-hormone-releasing peptide 6 (GHRP-6) test was performed.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Prevalence of growth hormone deficiency in patients with autoimmune hypothyroidism, measured a the first visit and when the second test is necessary at a second visit that is planned a few weeks later.

# Key secondary outcome(s))

Quality of life in patients with autoimmune hypothyroidism with or without growth hormone deficiency.

#### Completion date

01/07/2008

# **Eligibility**

#### Key inclusion criteria

- 1. Autoimmune hypothyroidism
- 2. Adequate thyroxine treatment
- 3. Aged between 20 and 70 years old, both men and women

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

- 1. History of hypothalamic or pituitary disease or known growth hormone deficiency
- 2. Pregnancy
- 3. Hypothyroidism after treatment for Graves' disease or surgery or radioactive iodine (I131)
- 4. Major concurrent diseases
- 5. Use of medications known to interfere with the growth hormone-Insulin-like Growth Factor-I (IGF-1) axis
- 6. No informed consent
- 7. Alcohol or drug abuse

#### Date of first enrolment

01/08/2006

#### Date of final enrolment

01/07/2008

# Locations

#### Countries of recruitment

Netherlands

#### Study participating centre

## Academic Medical Center (AMC),

Amsterdam Netherlands 1100 DD

# Sponsor information

## Organisation

Academic Medical Center (AMC) (The Netherlands)

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

## Funder type

Industry

#### Funder Name

Added as of 07/07/2008:

#### Funder Name

Ipsen Pharmaceutica BV (The Netherlands)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration