# The prevalence of growth hormone deficiency in autoimmune thyroid disease

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
22/11/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
22/11/2006	Completed	Results
Last Edited	Condition category	Individual participant data
18/07/2008	Nutritional, Metabolic, Endocrine	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Not provided at time of registration

## Contact information

#### Type(s)

Scientific

#### Contact name

Dr S A Eskes

#### Contact details

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### Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

**NTR755** 

# Study information

#### Scientific Title

#### **Study objectives**

The prevalence of growth hormone deficiency in autoimmune thyroid disease is higher than in the general population.

Please note that as of 07/07/2008 the sources of funding section of this trial was updated. For details of this change, please go to the sources of funding section of this record. On 18/07/2008, the interventions section was also updated.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the local medical ethics committee (Medisch Ethische Toetsings Commissie of the Academic Medical Center Amsterdam) on the 15th December 2005 (ref: MEC 05/249)

#### Study design

Observational cross-sectional study

#### Primary study design

Observational

#### Secondary study design

Cross-section survey

#### Study setting(s)

Not specified

#### Study type(s)

Screening

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Autoimmune hypothyroidism

#### **Interventions**

Investigating the prevalence is of growth hormone deficiency in patients with autoimmune hypothyroidism.

#### Added 18/07/2008:

Insulin-like growth factor I (IGF-I) values were measured from a blood sample. If the IGF-I value was beneath the 10th percentile of the reference values, a growth-hormone-releasing hormone (GHRH)/growth-hormone-releasing peptide 6 (GHRP-6) test was performed.

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Prevalence of growth hormone deficiency in patients with autoimmune hypothyroidism, measured a the first visit and when the second test is necessary at a second visit that is planned a few weeks later.

#### Secondary outcome measures

Quality of life in patients with autoimmune hypothyroidism with or without growth hormone deficiency.

#### Overall study start date

01/08/2006

#### Completion date

01/07/2008

# Eligibility

#### Key inclusion criteria

- 1. Autoimmune hypothyroidism
- 2. Adequate thyroxine treatment
- 3. Aged between 20 and 70 years old, both men and women

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Both

#### Target number of participants

600

#### Key exclusion criteria

- 1. History of hypothalamic or pituitary disease or known growth hormone deficiency
- 2. Pregnancy
- 3. Hypothyroidism after treatment for Graves' disease or surgery or radioactive iodine (I131)
- 4. Maior concurrent diseases
- 5. Use of medications known to interfere with the growth hormone-Insulin-like Growth Factor-I (IGF-1) axis
- 6. No informed consent
- 7. Alcohol or drug abuse

# Date of first enrolment

01/08/2006

#### Date of final enrolment

01/07/2008

# Locations

#### Countries of recruitment

Netherlands

# Study participating centre Academic Medical Center (AMC),

Amsterdam Netherlands 1100 DD

# Sponsor information

#### Organisation

Academic Medical Center (AMC) (The Netherlands)

#### Sponsor details

Department of Endocrinology and Metabolism P.O. Box 22660 Amsterdam Netherlands 1100 DD

#### Sponsor type

Hospital/treatment centre

#### ROR

https://ror.org/03t4gr691

# Funder(s)

## Funder type

Industry

#### **Funder Name**

Added as of 07/07/2008:

#### Funder Name

Ipsen Pharmaceutica BV (The Netherlands)

# **Results and Publications**

**Publication and dissemination plan**Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration