Can non-attendance at hospital outpatients be reduced by giving patients a copy of their referral letter?

Recruitment status	Prospectively r	
No longer recruiting	[_] Protocol	
Overall study status Completed	[] Statistical anal	
	[X] Results	
Condition category Other	[_] Individual parti	
	No longer recruiting Overall study status Completed Condition category	

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers PSI A-63

registered

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Study information

Scientific Title

Study objectives

Despite waiting lists, approximately 12% of people do not attend their hospital outpatient appointment (new and follow-up). A pilot randomised study of 171 consecutive new referrals from two general practitioners suggested that a simple device - sending them a copy of their referral letter - markedly reduced the proportion of non-attenders, from 6% in the control group to zero in their intervention group. The aim of this research is to try and confirm this finding in a wider sample of general practitioners and their populations.

1. The attempt to reduce non-attendance by a primary care intervention as opposed to all previous work which has applied secondary care interventions.

2. The innovation of sending patients routinely a copy of their referral letter.

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) Not specified

Study type(s) Not Specified

Participant information sheet

Health condition(s) or problem(s) studied Not applicable

Interventions

All general practitioners in Exeter city (n=71) except one on sabbatical and one of the authors (WH), were invited to participate. Forty-four showed an interest, of whom 26, representing 13 of the 19 practices, were selected using a random numbers table. All 2078 referrals to consultants in the two local trusts between January and May, 1997 were eligible.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

The main outcome measure was the number of non-attendances at new outpatient appointments, either as a first time non-attendance, or non-attendance at a rearranged appointment. Attendances were monitored by two methods. The general practitioners; records were examined by WH, while blinded to copy/control status, for written replies from the hospital team. Deaths and hospital admissions were documented. Notes of patients who died were obtained from the North and East Devon Health Authority, who also provided details of the new general practitioner when patients had changed practices. The new general practitioner extracted attendance data from their records. The general practitioner is not routinely notified of cancellations, and some departments do not notify a first non-attendance. For these hospital data was used. The large majority of consultant referrals from Exeter general practitioners are to the Royal Devon and Exeter Healthcare Trust. All outpatient appointment outcomes are coded in the hospital Patient Activity System as attendance, cancellation or non-attendance. In addition to finding cancellations and unnotified non-attendances, this dataset was compared with attendance data from the general practitioner; s notes. Non-attendance rates for study and non-study general practitioners before, during and after the trial were calculated, to assess the representativeness of study general practitioners.

Secondary outcome measures

Not provided at time of registration

Overall study start date 01/12/1996

Completion date 01/12/1998

Eligibility

Key inclusion criteria All new referrals to all consultant specialities.

Participant type(s) Patient

Age group Not Specified

Sex Not Specified

Target number of participants Not provided at time of registration

Key exclusion criteria

Termination of pregnancy; referral letters which might distress the patient; inability to read.

Date of first enrolment 01/12/1996

Date of final enrolment 01/12/1998

Locations

Countries of recruitment England

United Kingdom

Study participating centre Barnfield Hill Surgery Exeter United Kingdom EX1 1SR

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL

Sponsor type

Government

Website http://www.doh.gov.uk

Funder(s)

Funder type Government

Funder Name

NHS Primary and Secondary Care Interface National Research and Development Programme

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	22/05/1999		Yes	No