

# Finger capillary refilling time variations to evaluate effects of fluid administration in critically ill patients

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 04/03/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 03/03/2021	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

For a patient with dangerously low blood pressure, a doctor may order a “bolus” of 1 or 2 litres of IV fluids to be given rapidly to increase the patient’s blood pressure.

Fluid bolus (FB) can improve tissue perfusion (the passage of fluid to an organ or a tissue) in critically ill patients. The central venous-to-arterial carbon dioxide tension difference (PvaCO<sub>2</sub>) is a metabolic parameter that is closely related to tissue perfusion during fluid bolus. Tissue perfusion can be also evaluated with finger capillary refilling time (CRT) after firmly compressing the finger tissue. The aim of this study is to evaluate the relation between changes in PvaCO<sub>2</sub> and CRT during fluid bolus.

### Who can participate?

Adults with suspected hypovolemia (decrease in the volume of blood, which can be due to blood loss or loss of body fluids) who are being treated in the intensive care unit.

### What does the study involve?

Participants will have PvaCO<sub>2</sub> and CRT measured before and after receiving a fluid bolus.

### What are the possible benefits and risks of participating?

None.

### Where is the study run from?

1. Centre Hospitalier Universitaire Brugmann (Belgium)
2. General University Hospital of Patras (Greece)

### When is the study starting and how long is it expected to run for?

October 2020 to September 2023

### Who is funding the study?

Investigator initiated and funded

Who is the main contact?

Dr Charalampos Pierrakos, [charalampos.pierrakos@chu-brugmann.be](mailto:charalampos.pierrakos@chu-brugmann.be)

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### EudraCT/CTIS number

Nil known

### IRAS number

### ClinicalTrials.gov number

Nil known

### Secondary identifying numbers

1617411780

## Study information

### Scientific Title

Capillary refill time for the assessment fluid bolus tissue perfusion effects in critically ill patients

### Acronym

CaRTFBas

### Study objectives

1. Decreases in capillary refill time (CRT) during fluid bolus (FB) are correlated with decrease in central venous-to-arterial carbon dioxide tension difference (PvaCO<sub>2</sub>)
- 2.1. The combination of PvaCO<sub>2</sub> and CRT before FB can predict decreases in PvaCO<sub>2</sub> decreases
- 2.2. To evaluate changes in CRT in relation to changes in hemodynamic parameters

2.3. Relative decreases in CRT after passive leg raising can be used to identify PvaCO<sub>2</sub> decreases after FB

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 09/02/2021, CHU-Brugmann Ethics Committee (Place Van Gehuchten 4 - 1020 Bruxelles, Belgium; +3224773916; comite.ethique@chu-brugmann.be), ref: CE2021/29

### **Study design**

Prospective observational cohort

### **Primary study design**

Observational

### **Secondary study design**

Cohort study

### **Study setting(s)**

Hospital

### **Study type(s)**

Diagnostic

### **Participant information sheet**

No participant information sheet available

### **Health condition(s) or problem(s) studied**

Hypovolemia (loss of blood volume) in critically ill patients

### **Interventions**

- 1) Passive leg raising manoeuvre if it is possible according to the clinical situation
- 2) Patient's finger will be firmly compressed for 10 sec. The whole procedure will be recorded with a smartphone's video camera regulated to 60 frames per seconds and focused on the patient's finger. CRT measurements will be made before after fluid bolus
- 3) Fluid bolus (FB): 4ml/kg of crystalloids fluids will be given within 20 minutes
- 4) Central venous blood gas analysis before and after FB
- 5) Cardiac echocardiography before and after FB

### **Intervention Type**

Other

### **Primary outcome measure**

Measured before, during, and after intake of the fluid bolus:

1. Capillary refilling time measured using a chronometer
2. PvaCO<sub>2</sub> measured using blood gas analysis with using blood gas analysis devices (RAPID Point 500®; Siemens Health-care Limited, Germany)

### **Secondary outcome measures**

Measured before, during, and after intake of the fluid bolus:

1. Cardiac index measured with transthoracic echocardiography
2. Mean arterial pressure measured using sphygmomanometer

**Overall study start date**

01/10/2020

**Completion date**

01/09/2023

## **Eligibility**

**Key inclusion criteria**

1. Central venous line present in internal jugular vein and arterial line
2. PvaCO<sub>2</sub> >6mmHg

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

100

**Key exclusion criteria**

1. Age <18 years
2. Extracorporeal membrane oxygenation (ECMO) support
3. Interventions within 15 minutes before FB: increase inotrope dosage, introduction of mechanical ventilation
4. Arterial or venous PCO<sub>2</sub> >75mmHg before or after FB
5. FB for acute bleeding
6. Admission to ICU or hemodynamic instability for less than 6 hours
7. Interventions (i.e. changes in ventilator parameters, change in the dose of inotropes) within 1h before FB
8. Severe peripheral vasoconstriction or hypothermia: not possible to evaluate peripheral saturation with pulse oximetry

**Date of first enrolment**

01/03/2021

**Date of final enrolment**

01/03/2023

## **Locations**

## **Countries of recruitment**

Belgium

Greece

## **Study participating centre**

**Centre Hospitalier Universitaire Brugmann**

Place Van Gehuchten 4

Bruxells

Belgium

1020

## **Study participating centre**

**General University Hospital of Patras**

University of Patras

University Campus

Patras

Greece

265 04 Rio

# **Sponsor information**

## **Organisation**

Centre Hospitalier Universitaire Brugmann

## **Sponsor details**

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## **Sponsor type**

Hospital/treatment centre

## **Website**

<https://www.chu-brugmann.be>

## **ROR**

<https://ror.org/011apjk30>

# Funder(s)

## Funder type

Other

## Funder Name

Investigator initiated and funded

# Results and Publications

## Publication and dissemination plan

Planned publication in a high-impact peer-reviewed journal.

## Intention to publish date

01/06/2023

## Individual participant data (IPD) sharing plan

The current data sharing plans for this study are unknown and will be available at a later date.

## IPD sharing plan summary

Data sharing statement to be made available at a later date