# Psychological Advocacy Towards Healing (PATH): To determine if a psychological intervention delivered by domestic violence advocates is effective and cost-effective

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
26/07/2011		[X] Protocol		
Registration date 26/07/2011	Overall study status Completed Condition category	Statistical analysis plan		
		[X] Results		
Last Edited		[] Individual participant data		
28/11/2018	Mental and Behavioural Disorders			

#### Plain English summary of protocol

Not provided at time of registration

#### Study website

http://www.provide.ac.uk

# Contact information

#### Type(s)

Scientific

#### Contact name

Mrs Gwen Brierley

#### Contact details

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#### Additional identifiers

EudraCT/CTIS number

#### IRAS number

ClinicalTrials.gov number

# Secondary identifying numbers

10429

# Study information

#### Scientific Title

An individually randomised, parallel group controlled trial to determine if a psychological intervention delivered by domestic violence advocates is effective and cost-effective: Psychological Advocacy Towards Healing (PATH)

#### Acronym

**PATH** 

#### **Study objectives**

The Psychological Advocacy Towards Healing (PATH) Study is an individually randomised twoarm controlled trial of a psychological intervention delivered by domestic violence advocates to women entering specialist domestic violence and abuse (DVA) services in Bristol and Cardiff respectively. Participants in the intervention arm will receive weekly specialist psychological advocacy sessions for 8 weeks and 2 reinforcement sessions over the subsequent 3 months. They will be followed up with questionnaires measuring violence, quality of life and mental health measures up to one year after recruitment.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

South West 4 approved on 08/03/2011 ref: REC 10/H0102/86

#### Study design

Randomised; Interventional; Design type: Treatment

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Other

#### Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: Mental Health

#### **Interventions**

Control Intervention: Routine care from domestic violence agency

Experimental Intervention: Routine care from domestic violence agency plus additional psychological support (8 one-to-one session with specialist psychological advocate plus two 'booster' sessions).

#### Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

Clinical Outcomes in Routine Evaluation - Outcome Measure (CORE-OM); Timepoint(s): 4, 8 & 12 Months

#### Secondary outcome measures

- 1. Composite Abuse Scale (CAS); Timepoint(s): 4, 8, & 12 Months
- 2. EuroQoL EQ5D; Timepoint(s): 4, 8 & 12 Months
- 3. Generalised Anxiety Disorder (GAD-7); Timepoint(s): 4, 8 & 12 months
- 4. Patient Health Questionnaire (PHQ9); Timepoint(s): 4, 8 & 12 Months
- 5. Post-traumatic diagnositc scale (PDS); Timepoint(s): 4, 8 & 12 Months
- 6. Short form 12 (SF12); Timepoint(s): 4, 8 & 12 Months

#### Overall study start date

28/03/2011

#### Completion date

28/09/2012

# **Eligibility**

#### Key inclusion criteria

Female, aged 16 years or older. Target Gender: Female; Lower Age Limit 16 years

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

**Female** 

#### Target number of participants

Planned Sample Size: 250; UK Sample Size: 250

#### Key exclusion criteria

- 1. Psychotic illness
- 2. Unable to read English
- 3. Severe current drug or alcohol abuse
- 4. Currently attending counselling, cognitive beahviour therapy (CBT) or other psychological treatments either in primary care or specialist psychiatric services

#### Date of first enrolment

28/03/2011

#### Date of final enrolment

28/09/2012

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Academic Unit of Primary Health Care

Bristol United Kingdom BS8 2PS

# **Sponsor information**

#### Organisation

University of Bristol (uk)

#### Sponsor details

School of Social and Community Medicine Canynge Hall 39 Whatley Road Bristol England United Kingdom BS8 2PS

#### Sponsor type

University/education

#### **ROR**

https://ror.org/0524sp257

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Institute for Health Research (NIHR) (UK) - Research for Patient Benefit (RfPB) programme (Grant Codes: RP-PG-0108-10084)

### **Results and Publications**

#### Publication and dissemination plan

2015 results presented at Oxford 2015 - Evidence and innovation in primary care https://sapc.ac.uk/conference/2015/abstract/womens-experience-of-meaningful-change-following-domestic-abuse-qualitative

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	17/07/2013		Yes	No
Results article	results	27/11/2018		Yes	No