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Towards Recovery Empowerment and experiential Expertise

Submission date	Recruitment status	[ ] Prospectively registered
19/12/2005	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
19/12/2005	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
17/10/2008	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
75-427; NTR378

Study information

Scientific Title
Towards Recovery Empowerment and experiential Expertise: a randomised controlled trial

Acronym

TREE

Study objectives
Clients in a consumer-driven program for recovery, empowerment and experiential expertise will have better outcomes on self-efficacy and empowerment than clients on a waiting list for the program.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Received from the local medical ethics committee

Study design
Multicentre, randomised controlled, parallel group trial

Primary study design
Interventional

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Mental disorders

Interventions
Clients in the experimental condition can choose between several consumer-driven, recovery oriented interventions:
1. A self-help study group (no specified duration)
2. An introductory seminar attended by the client and his/her practitioner
3. A five-day introductory course on recovery

Control: Waiting-list for the program.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Self-efficacy, empowerment

Key secondary outcome(s))
1. Quality of life
2. Identity
3. Social support
4. Community participation
5. Symptoms
6. Service use
7. Met and unmet needs

Completion date
28/02/2008

Eligibility

Key inclusion criteria
1. Severe mental illness
2. Interest in a recovery oriented program
3. Willingness to give informed consent

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Does not comply with the above inclusion criteria

Date of first enrolment
01/05/2004

Date of final enrolment
28/02/2008

Locations

Countries of recruitment
Netherlands

Study participating centre
Trimbos-instituut
Utrecht
Netherlands
3500 AS

Sponsor information

Organisation
Trimbos-instituut Netherlands Institute of Mental Health and Addiction (The Netherlands)

ROR
https://ror.org/02amggm23

Funder(s)

Funder type
Research organisation

Funder Name
Protective Housing Foundation Utrecht (Stichting Beschermd Wonen Utrecht [SBWU]) (The Netherlands)

Funder Name
The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration