# Cluster randomised trial comparing outcomes of early psychosis care by a specialist team and augmented community mental health teams (CMHTs)

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
02/08/2005	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
11/11/2005	Completed	☐ Results
Last Edited	Condition category	Individual participant data
19/09/2016	Mental and Behavioural Disorders	Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

Protocol serial number 03/38

## Study information

#### Scientific Title

Cluster randomised trial comparing outcomes of early psychosis care by a specialist team and augmented community mental health teams (CMHTs)

#### Acronym

**SATS** 

#### **Study objectives**

That the provision of services by specialist teams for people experiencing a first psychotic episode confers no advantage over the provision of services for first episode psychosis provided by augmented non-specialist teams

### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

First episode psychosis

#### **Interventions**

- 1. Specialist Early Intervention Service a dedicated team specialising solely in the care of first episode psychosis. The team is multiprofessional and community based, has appropriate inpatient services and would be expected to maintain contact with all first episode patients for a period of 3 years.
- 2. Augmented community mental health teams. These community based multiprofessional teams provide general mental health services to defined geographical catchment areas. For the purpose of the trial the service will be augmented by two whole time equivalent staff who will focus solely on the care of first episode psychosis and will be expected to maintain contact with patients for a three year period.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Proportion relapsing within 2 years of entry into the trial

#### Key secondary outcome(s))

- 1. Time to relapse
- 2. Whether engaged in paid employment or education for at least 15 hours per week
- 3. Quality of Life (MECCA)

#### Completion date

31/01/2008

## Eligibility

#### Key inclusion criteria

All patients with a first psychotic episode aged between 18 and 34 referred to augmented and specialist services who are resident in the catchment area of the services

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Upper age limit

34 years

#### Sex

All

#### Key exclusion criteria

People will not be accepted for assessment if:

- 1. Their symptoms appear secondary to a primary diagnosis of emotionally unstable personality disorder or post-traumatic stress disorder
- 2. Their symptoms appear to be the clear result of drug induced psychosis, narrowly defined. Psychosis will only be viewed as drug induced if symptoms have emerged suddenly in the context of intoxication without any previous decline in functioning and if they subside within a few days
- 3. They have elevated mood but no psychotic symptoms
- 4. Their psychotic symptoms are not associated with any decline in functioning, disruption of development, distress or risk
- 5. They are thought to have taken antipsychotic medication for at least 6 weeks
- 6. They were first diagnosed as having a psychotic illness by a specialist mental health service more than 1 year ago

#### Date of first enrolment

31/01/2005

#### Date of final enrolment

## Locations

#### Countries of recruitment

United Kingdom

England

Study participating centre
Department of Mental Health Sciences
London
United Kingdom
W1W 7EY

## Sponsor information

### Organisation

Camden and Islington Mental Health and Social Care Trust (UK)

#### **ROR**

https://ror.org/03ekq2173

## Funder(s)

### Funder type

Other

#### **Funder Name**

**British Psychological Society** 

#### Alternative Name(s)

The British Psychological Society, BPS

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

**United Kingdom** 

## **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary

**Study outputs** 

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet 11/11/2025 No Yes