ISRCTN58681229 https://doi.org/10.1186/ISRCTN58681229

Cluster randomised trial comparing outcomes of early psychosis care by a specialist team and augmented community mental health teams (CMHTs)

Submission date
02/08/2005

Recruitment status
No longer recruiting

Registration date
11/11/2005

Overall study status
Completed

Last Edited
19/09/2016

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Sonia Johnson

Contact details
Department of Mental Health Sciences
Riding House Street
London
United Kingdom
W1W 7EY
-
s.johnson@ucl.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
03/38

Study information

Scientific Title
Cluster randomised trial comparing outcomes of early psychosis care by a specialist team and augmented community mental health teams (CMHTs)

Acronym
SATS

Study objectives
That the provision of services by specialist teams for people experiencing a first psychotic episode confers no advantage over the provision of services for first episode psychosis provided by augmented non-specialist teams

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Other

Study type(s)
Treatment

Participant information sheet
Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied
First episode psychosis

Interventions
1. Specialist Early Intervention Service - a dedicated team specialising solely in the care of first episode psychosis. The team is multiprofessional and community based, has appropriate inpatient services and would be expected to maintain contact with all first episode patients for a period of 3 years.

2. Augmented community mental health teams. These community based multiprofessional teams provide general mental health services to defined geographical catchment areas. For the purpose of the trial the service will be augmented by two whole time equivalent staff who will focus solely on the care of first episode psychosis and will be expected to maintain contact with patients for a three year period.

Intervention Type
Other

Phase
Not Applicable

Primary outcome measure
Proportion relapsing within 2 years of entry into the trial

Secondary outcome measures
1. Time to relapse
2. Whether engaged in paid employment or education for at least 15 hours per week
3. Quality of Life (MECCA)

Overall study start date
31/01/2005

Completion date
31/01/2008

Eligibility

Key inclusion criteria
All patients with a first psychotic episode aged between 18 and 34 referred to augmented and specialist services who are resident in the catchment area of the services

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Upper age limit
34 Years

Sex
Both

Target number of participants
250

Key exclusion criteria
People will not be accepted for assessment if:
1. Their symptoms appear secondary to a primary diagnosis of emotionally unstable personality disorder or post-traumatic stress disorder
2. Their symptoms appear to be the clear result of drug induced psychosis, narrowly defined. Psychosis will only be viewed as drug induced if symptoms have emerged suddenly in the context of intoxication without any previous decline in functioning and if they subside within a few days
3. They have elevated mood but no psychotic symptoms
4. Their psychotic symptoms are not associated with any decline in functioning, disruption of development, distress or risk
5. They are thought to have taken antipsychotic medication for at least 6 weeks
6. They were first diagnosed as having a psychotic illness by a specialist mental health service more than 1 year ago

Date of first enrolment
31/01/2005

Date of final enrolment
31/01/2008

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Department of Mental Health Sciences
London
United Kingdom
W1W 7EY

Sponsor information

Organisation
Camden and Islington Mental Health and Social Care Trust (UK)

Sponsor details
St Pancras Hospital
4 St Pancras Way
London
England
United Kingdom

NW1 0PE
+44 (0)20 7530 3000
candi@nhs.uk

Sponsor type
Hospital/treatment centre

Website
http://www.candi.nhs.uk

ROR
https://ror.org/03ekq2173

Funder(s)

Funder type
Other

Funder Name
British Psychological Society

Alternative Name(s)
BPS

Funding Body Type
Private sector organisation

Funding Body Subtype
Associations and societies (private and public)

Location
United Kingdom

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration