

# A phase I/IIa study combining curcumin (Curcumin C3 Complex, Sabinsa) with standard care FOLFOX chemotherapy in patients with inoperable colorectal cancer

<b>Submission date</b> 28/10/2011	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 28/10/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 04/09/2019	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/trial-looking-at-curcumin-and-folfox-for-advanced-bowel-cancer>

## Contact information

### Type(s)

Scientific

### Contact name

Mr Glen Irving

### Contact details

Leicester Royal Infirmary  
Infirmary Square  
Leicester  
United Kingdom  
LE1 5WW  
+44 116 252 2959  
[grbi1@leicester.ac.uk](mailto:grbi1@leicester.ac.uk)

## Additional identifiers

### EudraCT/CTIS number

2011-002289-19

### IRAS number

**ClinicalTrials.gov number**

NCT01490996

**Secondary identifying numbers**

10672

## **Study information**

**Scientific Title**

A phase I/IIa study combining curcumin (Curcumin C3 Complex, Sabinsa) with standard care FOLFOX chemotherapy in patients with inoperable colorectal cancer

**Acronym**

FOLFOX plus curcumin in patients with inoperable colorectal cancer

**Study objectives**

Phase I/IIa study administering daily oral C3-complex curcumin to patients receiving standard care folinic acid (FOL) fluorouracil (F) and Oxalipatin (OX) (FOLFOX) chemotherapy.

Phase I is a dose-escalation response study to establish a maximum tolerated dose. Phase IIa is a two-armed control study comparing FOLFOX+curcumin with FOLFOX alone. The second phase is randomised. Between 42 and 51 patients will be recruited depending on dose-limiting toxicities observed in phase I. Treatment will last for up to 12 cycles (approx 6 months of chemotherapy). Recruitment is anticipated to take 3 years. Follow-up will include routine CT scans to monitor progression, and ultimately survival times. Median survival approx 18 months and <5% 5 year survival, therefore potential running time 7 years in the event of extremely favourable treatment response.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

East Midlands (Derby 1) regional ethics committee , 04/08/2011, ref: 11/EM/0263

**Study design**

Randomised; Interventional and Observational; Design type: Treatment, Case-controlled study

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

<http://cancerhelp.cancerresearchuk.org/trials/trial-looking-at-curcumin-and-folfox-for-advanced-bowel-cancer>

## **Health condition(s) or problem(s) studied**

Topic: National Cancer Research Network; Subtopic: Colorectal Cancer; Disease: Colon

## **Interventions**

This study is the first to combine daily oral curcumin with standard care FOLFOX-based (5-fluorouracil, folinic acid and oxaliplatin) chemotherapy in colorectal cancer patients with inoperable liver metastases: the CUFOX trial. CUFOX comprises a Phase 1 dose-escalation study (3+3+3 design) to determine an acceptable target dose of curcumin with which to safely proceed to a Phase IIa open-labelled randomised controlled trial. Thirty three participants with histological or cytological confirmation of inoperable colorectal cancer will then be randomised to oxaliplatin-based chemotherapy with the addition of daily oral curcumin at the target dose determined in Phase I, or to standard care oxaliplatin-based chemotherapy alone (recruiting at a ratio of 2:1).

## **Intervention Type**

Drug

## **Phase**

Phase I/II

## **Drug/device/biological/vaccine name(s)**

Folinic acid, fluorouracil, oxaliplatin, curcumin

## **Primary outcome measure**

Safety; Timepoint(s): Real-time adverse event reporting using Common Terminology Criteria for Adverse Events (CTC-AE), diaries and direct consultation.

## **Secondary outcome measures**

1. Biomarker Discovery; Timepoint(s): Samples taken during treatment phase 1-2years. Analysis 3-4 years.
2. Efficacy; Timepoint(s): Measured by response (RECIST) and survival
3. Measurement of systemic curcumin; Timepoint(s): During treatment phase
4. Neurotoxic side-effects; Timepoint(s): 2 weekly neurotoxicity questionnaires
5. Tolerability/Establishing Target Dose; Timepoint(s): Completion dose escalation phase of 3 consecutive patients without dose-limiting toxicity 2 cycles

## **Overall study start date**

09/01/2012

## **Completion date**

09/01/2015

## **Eligibility**

### **Key inclusion criteria**

1. Histological or cytological diagnosis of metastatic colorectal cancer
2. Measurable disease by Response Evaluation Criteria in Solid Tumours version 1.1 (RECIST 1.1)

3. Adequate haematological, hepatic and renal function
4. Age more than or equal to 18 years
5. Eastern Cooperative Oncology Group (ECOG) Performance status 0 or 1
6. Patients must have recovered from effects of any recent major surgery
7. Willing to use contraception if applicable
8. Informed consent
9. Life expectancy estimated to be more than 12 weeks; Target Gender: Male & Female ; Lower Age Limit 18 no age limit or unit specified

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Planned Sample Size: 51; UK Sample Size: 51

**Total final enrolment**

28

**Key exclusion criteria**

1. Contraindications to FOLFOX chemotherapy: Peripheral neuropathy National Cancer Institute Common Toxicity Criteria (NCI CTC) >1, Liver failure, uncontrolled coronary heart disease, myocardial infarction within the previous 6 months.
2. Unwilling or unable to comply with the study protocol
3. Patients who are pregnant or lactating or contemplating pregnancy. Patients or their partners who become pregnant during the study will be referred to the appropriate experts.
4. Undergone chemotherapy (other than adjuvant for CRC) or participating in another drug study.
5. Previous cancer <5 years (other than colorectal, basal cell carcinoma, in-situ cervical cancer)
6. Major surgery within 4 weeks of starting the study
7. Co-existing active infection or serious concurrent medical condition
8. Significant cardiovascular disease
9. Bone metastases
10. Known brain or leptomeningeal metastases
11. Surgery or hospital admissions for symptomatic intra-abdominal adhesions
12. Active endoscopically proven peptic ulcer disease or colitis

**Date of first enrolment**

09/01/2012

**Date of final enrolment**

09/01/2015

# Locations

## Countries of recruitment

England

United Kingdom

## Study participating centre

**Leicester Royal Infirmary**

Leicester

United Kingdom

LE1 5WW

# Sponsor information

## Organisation

University of Leicester (UK)

## Sponsor details

Department of Cancer Studies and Molecular Medicine

Leicester Royal Infirmary

Infirmery Square

Leicester

England

United Kingdom

LE1 5WW

## Sponsor type

University/education

## ROR

<https://ror.org/04h699437>

# Funder(s)

## Funder type

Charity

## Funder Name

Bowel Disease Research Foundation of ACPGBI (UK)

**Funder Name**

Cancer Research UK (CRUK) (UK)

**Alternative Name(s)**

CR\_UK, Cancer Research UK - London, CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Funder Name**

Hope Against Cancer (UK)

**Funder Name**

Royal College of Surgeons of England (UK)

**Alternative Name(s)**

RCS

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Associations and societies (private and public)

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	24/03/2015		Yes	No
<a href="#">Results article</a>	results	01/07/2019	04/09/2019	Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No