A prospective randomised trial to examine the therapeutic effects of hydrotherapy in chronic rheumatoid arthritic patients

Submission date	Recruitment status No longer recruiting	Prospectively registered		
15/07/2002		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
15/07/2002		[X] Results		
Last Edited	Condition category	Individual participant data		
27/01/2009	Musculoskeletal Diseases			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Professor P Maddison

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

M0107

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Rheumatoid arthritis (RA)

Interventions

Patients were randomly assigned to hydrotherapy, seated immersion, land exercise or progressive relaxation. Patients attended 30-min sessions twice weekly for 4 weeks. Physical and psychological measures were completed before and after intervention and at 3 month follow-up.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/1994

Completion date

31/12/1994

Eligibility

Key inclusion criteria

Patients with RA who met Steinbrocker's functional class I, II or III on stable drug therapy during the previous 3 months

Participant type(s)

Patient

Age group

Not Specified

Sex

Both

Target number of participants

Added May 2008: 139 participants

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1994

Date of final enrolment

31/12/1994

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Rheumatology

Bath United Kingdom BA1 1RL

Sponsor information

Organisation

Arthritis Research Campaign (ARC) (UK)

Sponsor details

Copeman House St Mary's Court St Mary's Gate Chesterfield Derbyshire United Kingdom

S41 7TD

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info@arc.org.uk

Sponsor type

Charity

Website

http://www.arc.org.uk

ROR

https://ror.org/02jkpm469

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (UK)

Funder Name

Chartered Society of Physiotherapy (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/1996		Yes	No