Randomised, double-blind, placebo controlled, study to evaluate the safety and efficacy of acetyl L-carnitine (ALCAR), in combination with antiretroviral therapy, for prevention of distal symmetric polyneuropathy (DSP) and lipid abnormalities in treatment of human immunodeficiency virus (HIV)

Submission date	Recruitment status	Prospectively registered
30/09/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
30/09/2005	Completed	Results
<b>Last Edited</b> 18/07/2016	<b>Condition category</b> Nervous System Diseases	Individual participant data
		Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

## Type(s)

Scientific

#### Contact name

Dr Margaret A Johnson

#### Contact details

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## Additional identifiers

#### Protocol serial number

N0256146998

# Study information

#### Scientific Title

Randomised, double-blind, placebo controlled, study to evaluate the safety and efficacy of acetyl L-carnitine (ALCAR), in combination with antiretroviral therapy, for prevention of distal symmetric polyneuropathy (DSP) and lipid abnormalities in treatment of human immunodeficiency virus (HIV)

#### **Study objectives**

Does the use of acetyl L-carnitine (ALCAR) prevent the occurrence of distal symmetric polyneuropathy (DSP) (a side effect of antiretroviral therapy)?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Distal symmetric polyneuropathy (DSP)

#### **Interventions**

Randomised controlled trial

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Acetyl L-carnitine

#### Primary outcome(s)

Primary endpoint: the change in baseline in total area of PGP (protein gene product) immunostaining on the epidermis at 48 weeks

#### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

31/12/2003

# **Eligibility**

#### Key inclusion criteria

40 patients

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/11/2002

#### Date of final enrolment

31/12/2003

### Locations

#### Countries of recruitment

**United Kingdom** 

England

Study participating centre
Department of Infection & Immunity
London
United Kingdom
NW3 2QG

# Sponsor information

### Organisation

Department of Health

# Funder(s)

#### Funder type

Government

#### **Funder Name**

The Royal Free Hampstead NHS Trust (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration