Effectiveness of a cognitive behavioural treatment (CBT) and a self-help management programme for sleeping difficulties secondary to chronic pain

Submission date	Recruitment status	Prospectively registered
30/09/2004	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
30/09/2004	Completed	Results
Last Edited	Condition category	Individual participant data
02/06/2017	Nervous System Diseases	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number N0123138308

Study information

Scientific Title

Effectiveness of a cognitive behavioural treatment (CBT) and a self-help management programme for sleeping difficulties secondary to chronic pain

Study objectives

The aim of this study is to demonstrate the efficacy of a self-administered management programme.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Sleep disorders

Interventions

Patients are randomised to:

- 1. Self-help management programme consisting of CBT
- 2. Waiting list control

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

The Pittsburgh Sleep Index

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/05/2003

Eligibility

Key inclusion criteria

Pain Management programme waiting list

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/05/2002

Date of final enrolment

01/05/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre University Hospitals of Leicester

Leicester United Kingdom LE1 4PW

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Government

Funder Name

University Hospitals of Leicester NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration