

Effectiveness of a cognitive behavioural treatment (CBT) and a self-help management programme for sleeping difficulties secondary to chronic pain

Submission date 30/09/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 30/09/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 02/06/2017	Condition category Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0123138308

Study information

Scientific Title

Effectiveness of a cognitive behavioural treatment (CBT) and a self-help management programme for sleeping difficulties secondary to chronic pain

Study objectives

The aim of this study is to demonstrate the efficacy of a self-administered management programme.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Sleep disorders

Interventions

Patients are randomised to:

1. Self-help management programme consisting of CBT
2. Waiting list control

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

The Pittsburgh Sleep Index

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/05/2002

Completion date

01/05/2003

Eligibility

Key inclusion criteria

Pain Management programme waiting list

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/05/2002

Date of final enrolment

01/05/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

University Hospitals of Leicester
Leicester

United Kingdom
LE1 4PW

Sponsor information

Organisation

Department of Health

Sponsor details

Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

University Hospitals of Leicester NHS Trust (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration