

# The effect of brain temperature on neuropsychological outcome following cardiopulmonary bypass

**Submission date**  
15/10/2004

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
23/06/2005

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
10/11/2010

**Condition category**  
Injury, Occupational Diseases, Poisoning

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

MCT-38146

# Study information

## Scientific Title

The effect of brain temperature on neuropsychological outcome following cardiopulmonary bypass: a single centre, two arm, randomised parallel trial

## Acronym

NPSYCH2

## Study objectives

Maintaining mild hypothermia (34°C) compared to normothermia (37°C) throughout the entire intra-operative period will decrease brain injury during coronary artery surgery with cardiopulmonary bypass.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Human Research Ethics Board, University of Ottawa Heart Institute, Ottawa, Ontario (Canada) approved on the 27th April 2004 (ref: #UOHI 00-113)

## Study design

Single centre, two arm, randomised parallel trial with study participant and investigator, outcome assessor, and data analyst blinded

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

Cognitive deficits following cardiopulmonary bypass

## Interventions

Randomisation to maintenance of body and brain temperature constant at 34 °C or 37 °C during the entire intra-operative period. Eleven tests were combined into three cognitive domains:

1. Memory
2. Attention
3. Psychomotor speed and dexterity

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

The incidence of cognitive deficits at 5 - 7 days after surgery.

**Secondary outcome measures**

1. Incidence of cerebral emboli during cardiopulmonary bypass (CPB) as measured by transcranial doppler
2. Quality of life at 3 months and the incidence of cognitive deficits at 3 months

**Overall study start date**

01/08/1995

**Completion date**

01/02/1998

## **Eligibility**

**Key inclusion criteria**

Male or female 60 years or older undergoing coronary artery surgery utilising cardiopulmonary bypass.

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

334

**Key exclusion criteria**

1. Emergency surgery
2. Unable to undergo cognitive testing (visual or motor problems, unable to speak French or English)
3. Mini Mental State Examination (MMSE) less than 24 (dementia)
4. Patients undergoing other cardiac procedures in addition to coronary artery bypass graft (CABG) or reoperation
5. Patients with Parkinson's disease or a history of stroke
6. Age less than 60
7. Patients with renal insufficiency (creatinine 2 x normal) or hepatic insufficiency

**Date of first enrolment**

01/08/1995

**Date of final enrolment**

01/02/1998

## Locations

**Countries of recruitment**

Canada

**Study participating centre**

Ottawa Heart Institute

Ottawa

Canada

K1Y 4W7

## Sponsor information

**Organisation**

University of Ottawa Heart Institute (Canada)

**Sponsor details**

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**Sponsor type**

University/education

**ROR**

<https://ror.org/03c4mmv16>

## Funder(s)

**Funder type**

Research organisation

**Funder Name**

Canadian Institutes of Health Research (CIHR) (Canada) - <http://www.cihr-irsc.gc.ca> (ref: MCT-38146)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	neuroprotective effect results	18/09/2001		Yes	No
<a href="#">Results article</a>	five-year follow-up results	01/05/2007		Yes	No
<a href="#">Results article</a>	neurocognitive function results:	01/12/2007		Yes	No
<a href="#">Results article</a>	renal function results	01/02/2009		Yes	No
<a href="#">Results article</a>	cognitive dysfunction results	01/10/2010		Yes	No