

Low vs High glycaemic index bedtime snacks for patients with type 1 diabetes - which should we be encouraging? - A cross-over trial.

Submission date 30/09/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 30/09/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 25/04/2014	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0234135754

Study information

Scientific Title

Study objectives

Do low glycaemic index bedtime snacks improve fasting blood glucose levels, and reduce nocturnal hypoglycaemia compared to traditionally recommended snacks?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

Block randomisation cross-over trial.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Rates of nocturnal hypoglycaemia, fasting blood glucose values.

Secondary outcome measures

Not provided at time of registration

Overall study start date

20/11/2002

Completion date

31/05/2003

Eligibility

Key inclusion criteria

44 subjects with type 1 diabetes.

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

44

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

20/11/2002

Date of final enrolment

31/05/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

c/o R&D Office

Bristol

United Kingdom

BS16 1ND

Sponsor information

Organisation

Department of Health

Sponsor details

Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
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Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)**Funder type**

Government

Funder Name

North Bristol NHS Trust (UK)

Results and Publications**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration