The role of 3D laparoscopic rectal surgery: a randomised controlled trial

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
09/12/2015		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
16/12/2015		[X] Results		
Last Edited	Condition category	Individual participant data		
10/01/2023	Cancer			

Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-to-improve-keyhole-surgery-for-rectal-cancer

Contact information

Type(s)

Public

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Type(s)

Scientific

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

2D vs. 3D laparoscopic anterior resection: a randomised controlled trial

Study objectives

Using 3D imaging reduces intra-operative technical errors enacted during laparoscopic anterior resection.

Ethics approval required

Old ethics approval format

Ethics approval(s)

South Central Berkshire B Research Ethics Committee, 24/02/2016, ref: 16/SC/0118

Study design

Multicentre randomized controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Rectal adenocarcinoma

Interventions

Patients will be identified at local colorectal Multi-Disciplinary Team meetings and outpatient clinics. Potentially eligible patients will be approached by GCP (Good Clinical Practice) trained staff with delegated responsibility at each centre, who will discuss the study with the patient and answer any questions. Patients will be given a written site specific participant information sheet to take away. If willing and eligibility is confirmed, written consent will be obtained and the patient randomised. All trial participating centres and trial surgeons are experienced in using 3D imaging systems.

Centralised randomisation will take place at Yeovil Hospital Clinical Research Unit. Allocation into one of two groups will be determined using pre-prepared computerised random number generation (zero or one) to allocate in a 1:1 ratio:

- 1. Group 1 patients undergo laparoscopic anterior resection using a 2D imaging system.
- 2. Group 2 patients undergo laparoscopic anterior resection using a 3D imaging system.

Intervention Type

Device

Primary outcome(s)

The total number of technical errors during each operation. Each operation will be digitally recorded and analysed unedited by a blinded assessor using Objective Clinical Human Reliability Analysis (OCHRA)

Key secondary outcome(s))

- 1. Total operating time
- 2. Operative blood loss
- 3. Conversion to open surgery
- 4. Postoperative length of stay
- 5. 30 day readmission
- 6. Histological outcomes, including mesorectal specimen quality, which will be assessed by a pathologist using standardised criteria
- 7. Postoperative complications using the Clavien-Dindo classification
- 8. 30 day mortality
- 9. Surgeon-reported feedback on the adverse effects of the imaging system will also be recorded such as blurred vision, altered vision, light headedness and or dizziness 10. Surgeon-reported cognitive load assessment

All complications occurring in hospital (index stay or re-admission) will be recorded up to 30 days.

Completion date

30/04/2018

Eligibility

Key inclusion criteria

- 1. Patients diagnosed with adenocarcinoma of the rectum (<15cm from anal verge as measured by staging MRI)
- 2. Scheduled to undergo elective laparoscopic TME/ partial mesorectal excision surgery with curative intent, with or without neo-adjuvant treatment and with or without defunctioning stoma formation
- 3. Written informed patient consent

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Αll

Total final enrolment

88

Key exclusion criteria

- 1. History of inflammatory bowel disease
- 2. Patients requiring abdomino-perineal excision or surgery without anastomosis
- 3. Advanced tumours involving adjacent organs (TNM5 T4aNxMx)
- 4. Surgery performed with palliative intent or under unplanned/emergency settings
- 5. Previous treatment (radiotherapy/abdominopelvic surgery) for endometrial, ovarian, prostate, bladder (TURBT ok), anal or vaginal cancer
- 6. Patient or surgeon refusal to enter study or accept randomisation result

Date of first enrolment 02/01/2016

Date of final enrolment 30/03/2018

Locations

Countries of recruitment

United Kingdom

England

Wales

Study participating centre Yeovil District Hospital Higher Kingston

Yeovil United Kingdom BA21 4AT

Study participating centre Royal Surrey County Hospital

Egerton Road Guildford United Kingdom GU2 7XX

Study participating centre Frimley Park Hospital

Portsmouth Road Frimley United Kingdom GU16 7UJ

Study participating centre University Hospital of Wales

Heath Park Cardiff United Kingdom CF14 4XW

Study participating centre Queen Alexandra Hospital

Cosham Portsmouth United Kingdom PO6 3LY

Sponsor information

Organisation

Yeovil District Hospital NHS Foundation Trust

ROR

https://ror.org/00v5nyn36

Funder(s)

Funder type

Industry

Funder Name

European Association of Endoscopic Surgeons

Funder Name

Karl Storz GmbH & Co

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Data sharing statement to be made available at a later date

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
Results article	results	01/10/2019	13/03 /2019	Yes	No
Results article	Factors predicting operative difficulty	01/12/2019	10/01 /2023	Yes	No
HRA research summary			28/06 /2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11 /2025	No	Yes
Plain English results			24/03 /2021	No	Yes