# An awareness-based intervention to enhance quality of life in severe dementia

Submission date Recruitment status [X] Prospectively registered 17/03/2010 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 31/03/2010 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 28/08/2018 Nervous System Diseases

#### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

#### Type(s)

Scientific

#### Contact name

Prof Linda Clare

#### Contact details

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#### Additional identifiers

Protocol serial number 85327

## Study information

#### Scientific Title

Development of an awareness-based intervention to enhance quality of life in severe dementia: a cluster randomised trial across 8 care homes

#### Study objectives

Providing care staff with an observational tool that can help to identify evidence of awareness in residents with severe dementia, supported by appropriate training and supervision, will lead to improvements.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

North West Wales Research Ethics Committee approved on the 17th October 2008 (ref: 08 /WNo01/60)

#### Study design

Cluster randomised trial of an observational measure of awareness

#### Primary study design

Interventional

#### Study type(s)

Quality of life

#### Health condition(s) or problem(s) studied

Dementia

#### **Interventions**

Care staff in homes allocated to the intervention condition will be trained and mentored in using an observational measure of awareness with selected residents over an 8-week period.

The control group will consist of 4 care homes, which will be paired with 4 care homes receiving the intervention. Baseline assessments will be conducted at the control homes after which they will receive no additional input for the 8 week period in which other homes will be receiving the intervention.

Follow-up assessments will be conducted at both homes after the end of the intervention period.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

- 1. Care staff:
- 1.1. Staff attitudes: Approaches to Dementia Questionnaire (ADQ)
- 1.2. Care practice: The Dementia Care Practitioner's Assessment (DCPA)
- 1.3. Well-being: Maslach Burnout Inventory (MBI); General Health Questionnaire (GHQ-12)
- 2. Assessment of the person with dementia:
- 2.1. Behaviour: Behavioural Assessment Scale Of Later Life (BASOLL)
- 2.2. Well-being: Positive Response Scale (PRS)
- 2.3. Quality of life: Quality of Life in Late-stage Dementia (QUAL-ID)

All measured at baseline and at the end of the 8 week intervention period.

#### Key secondary outcome(s))

No secondary outcome measures

#### Completion date

28/02/2012

## **Eligibility**

#### Key inclusion criteria

- 1. Care staff:
- 1.1. Working in the identified homes
- 1.2. All ages, either sex
- 1.3. Permanent employees
- 1.4. Have been in post for at least six months
- 1.5. Work at least 15 hours per week
- 2. Individuals:
- 2.1. All ages, either sex
- 2.2. Severe dementia
- 2.3. Have no, or only very limited, verbal communication

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Other

#### Sex

**Not Specified** 

#### Key exclusion criteria

- 1. Agency staff
- 2. Staff who are unable to communicate effectively in English
- 3. Individuals with dementia who are wholly or largely confined to bed

#### Date of first enrolment

01/06/2010

#### Date of final enrolment

28/02/2012

#### Locations

#### Countries of recruitment

**United Kingdom** 

## Study participating centre School of Psychology

Bangor United Kingdom LL57 2AS

## Sponsor information

#### Organisation

Bangor University (UK)

#### **ROR**

https://ror.org/006jb1a24

## Funder(s)

#### Funder type

Research council

#### Funder Name

Medical Research Council (UK) (ref: 85327)

#### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

### **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

## Study outputs

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results of tool development	01/06/2012	Yes	No
Results article	results of RCT	01/01/2013	Yes	No
Protocol article	protocol	25/06/2010	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes