

# An awareness-based intervention to enhance quality of life in severe dementia

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| <b>Submission date</b><br>17/03/2010   | <b>Recruitment status</b><br>No longer recruiting    | <input checked="" type="checkbox"/> Prospectively registered<br><input checked="" type="checkbox"/> Protocol |
| <b>Registration date</b><br>31/03/2010 | <b>Overall study status</b><br>Completed             | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results            |
| <b>Last Edited</b><br>28/08/2018       | <b>Condition category</b><br>Nervous System Diseases | <input type="checkbox"/> Individual participant data   |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
85327

## Study information

**Scientific Title**  
Development of an awareness-based intervention to enhance quality of life in severe dementia: a cluster randomised trial across 8 care homes

**Study objectives**

Providing care staff with an observational tool that can help to identify evidence of awareness in residents with severe dementia, supported by appropriate training and supervision, will lead to improvements.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

North West Wales Research Ethics Committee approved on the 17th October 2008 (ref: 08/WNo01/60)

### **Study design**

Cluster randomised trial of an observational measure of awareness

### **Primary study design**

Interventional

### **Study type(s)**

Quality of life

### **Health condition(s) or problem(s) studied**

Dementia

### **Interventions**

Care staff in homes allocated to the intervention condition will be trained and mentored in using an observational measure of awareness with selected residents over an 8-week period.

The control group will consist of 4 care homes, which will be paired with 4 care homes receiving the intervention. Baseline assessments will be conducted at the control homes after which they will receive no additional input for the 8 week period in which other homes will be receiving the intervention.

Follow-up assessments will be conducted at both homes after the end of the intervention period.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

1. Care staff:

- 1.1. Staff attitudes: Approaches to Dementia Questionnaire (ADQ)
- 1.2. Care practice: The Dementia Care Practitioner's Assessment (DCPA)
- 1.3. Well-being: Maslach Burnout Inventory (MBI); General Health Questionnaire (GHQ-12)

2. Assessment of the person with dementia:

- 2.1. Behaviour: Behavioural Assessment Scale Of Later Life (BASOLL)
- 2.2. Well-being: Positive Response Scale (PRS)
- 2.3. Quality of life: Quality of Life in Late-stage Dementia (QUAL-ID)

All measured at baseline and at the end of the 8 week intervention period.

**Key secondary outcome(s)**

No secondary outcome measures

**Completion date**

28/02/2012

**Eligibility**

**Key inclusion criteria**

1. Care staff:
  - 1.1. Working in the identified homes
  - 1.2. All ages, either sex
  - 1.3. Permanent employees
  - 1.4. Have been in post for at least six months
  - 1.5. Work at least 15 hours per week
  
2. Individuals:
  - 2.1. All ages, either sex
  - 2.2. Severe dementia
  - 2.3. Have no, or only very limited, verbal communication

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Other

**Sex**

Not Specified

**Key exclusion criteria**

1. Agency staff
2. Staff who are unable to communicate effectively in English
3. Individuals with dementia who are wholly or largely confined to bed

**Date of first enrolment**

01/06/2010

**Date of final enrolment**

28/02/2012

**Locations**

**Countries of recruitment**

United Kingdom

Wales

**Study participating centre**  
**School of Psychology**  
Bangor  
United Kingdom  
LL57 2AS

## Sponsor information

**Organisation**  
Bangor University (UK)

**ROR**  
<https://ror.org/006jb1a24>

## Funder(s)

**Funder type**  
Research council

**Funder Name**  
Medical Research Council (UK) (ref: 85327)

**Alternative Name(s)**  
Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

**Funding Body Type**  
Government organisation

**Funding Body Subtype**  
National government

**Location**  
United Kingdom

## Results and Publications

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

### Study outputs

| Output type                      | Details                     | Date created | Date added | Peer reviewed? | Patient-facing? |
|----------------------------------|-----------------------------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a>  | results of tool development | 01/06/2012   |            | Yes            | No              |
| <a href="#">Results article</a>  | results of RCT              | 01/01/2013   |            | Yes            | No              |
| <a href="#">Protocol article</a> | protocol                    | 25/06/2010   |            | Yes            | No              |