# Is buprenorphine patch more effective than standard oral medication in the management of post-tonsillectomy pain: a study on how people cope with the pain following the removal of tonsils

Submission date 24/10/2007	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 16/04/2008	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>[X] Results</li> </ul>
<b>Last Edited</b> 21/04/2020	<b>Condition category</b> Signs and Symptoms	Individual participant data

**Plain English summary of protocol** Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

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# Additional identifiers

EudraCT/CTIS number 2007-006117-16

**IRAS number** 

#### ClinicalTrials.gov number

Secondary identifying numbers

Puranik 07/03/23

### Study information

#### Scientific Title

PATCH Trial: Post-tonsillectomy Analgesia with buprenorphine Transdermal patCH: a prospective, randomised, phase IV, open label clinical trial to study the therapeutic use of buprenorphine 20 mg (Transtec®) matrix transdermal patch in the management of post-tonsillectomy pain in adults

**Acronym** PATCH Trial

#### **Study objectives**

To establish whether post-tonsillectomy analgesia using a transdermal patch has benefits over currently used oral analgesia, by comparatively measuring the clinical efficacy, the effective and perceived pain control, and the rate at which complications and adverse effects occur.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** North East Wales Research Ethics Committee (REC), 31/01/2008, ref: 07/WNo03/23

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

#### Participant information sheet

Not available in web format, please use the contact details provided in the interventions field to request a patient information sheet

# Health condition(s) or problem(s) studied

Post-tonsillectomy pain

Interventions

Arm A (interventional): will receive a 12 day supply of buprenorphine 20 mg (35 mg/h) (Transtec®) matrix transdermal patches (a total of four patches). Patients are required to replace the transdermal patch every three days.

Arm B (control): will receive a 12-day supply of codeine phosphate 30 mg/ paracetamol 500 mg (30/500/Solpadol®). Patients are required to take two tablets every four hours (p.r.n).

Total duration of treatment is 12 days. Final assessment and all data collected at day 10 (outpatient clinic), for both arms, no other follow-up.

Please use the following contact details to request a patient information sheet: Dr. Rossela O. Stoicescu Clinical Governance Officer (R&D Manager/Ethics Co-ordinator) North Wales Clinical School - Clinical Academic Office North West Wales NHS Trust Ysbyty Gwynedd Bangor, Gwynedd LL57 2PW

#### Intervention Type

Drug

#### Phase

Phase IV

#### Drug/device/biological/vaccine name(s)

Buprenorphine (Transtec®), codeine phosphate hemihydrate, paracetamol (Solpadol®)

#### Primary outcome measure

- 1. Clinical efficacy: the buprenorphine : creatinine ratio
- 2. Perceived pain: measurements on the Visual Analogue Scale (VAS)
- 3. Coping strategies: the compounded prevalent strategy

All outcomes will be measured at day 10 of the intervention.

#### Secondary outcome measures

- 1. Use (dose/frequency) of rescue medication
- 2. Readmission rate
- 3. Post-operative haemorrhage rate

All outcomes will be measured at day 10 of the intervention.

#### Overall study start date

15/11/2007

Completion date 30/10/2009

# Eligibility

Key inclusion criteria

Patients undergoing tonsillectomy, who meet the following criteria:

1. Aged 18 to 50 years old, either sex

2. American Society of Anaesthesiologists (ASA) grade I and II: healthy patient, mild systemic disease with no functional limitation (e.g., well controlled hypertension [HTA])

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

150 in each arm, 300 in total

#### Total final enrolment

133

#### Key exclusion criteria

1. Age less than 18 or over 50 years

2. ASA grade III - severe systemic disease with definite functional limitation (e.g., unstable angina)

3. Any condition in which the respiratory centre and function are severely impaired or may become so

4. Asthmatic and allergic to non-steroidal anti-inflammatory drugs (NSAIDS)

- 5. Hypotension
- 6. Pregnancy and lactation
- 7. Recent head injury

8. Known hypersensitivity towards the active substance buprenorphine or to any of the excipients

9. Opioid-dependent patients, or patients in narcotic withdrawal treatment

9. Patients who are receiving monoamine oxidase (MAO) inhibitors or have taken them within the last two weeks

10. Patients suffering from myasthenia gravis

11. Patients suffering from delirium tremens or acute alcohol intoxication

12. Convulsive disorders

#### Date of first enrolment

15/11/2007

# Date of final enrolment 30/10/2009

### Locations

**Countries of recruitment** United Kingdom

Wales

**Study participating centre North West Wales NHS Trust** Bangor United Kingdom LL57 2PW

### Sponsor information

**Organisation** North West Wales NHS Trust (UK)

**Sponsor details** c/o Dr. P. Birch Ysbyty Gwynedd Bangor Wales United Kingdom LL57 2PW

**Sponsor type** Hospital/treatment centre

Website http://www.northwestwales.org/

ROR https://ror.org/04a496k07

### Funder(s)

**Funder type** Government

**Funder Name** North West Wales NHS Trust (UK) - Pathology Research Fund

### **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

#### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results			21/04/2020	No	No