# An in-vivo gait analysis of the effect of different femoral tunnel positions in anterior cruciate ligament (ACL) reconstruction on knee rotational movement

<b>Submission date</b> 02/02/2009	Recruitment status  No longer recruiting	Prospectively registered
		☐ Protocol
Registration date	Overall study status	Statistical analysis plan
13/03/2009	Completed	Results
Last Edited	Condition category	Individual participant data
13/03/2009	Injury, Occupational Diseases, Poisoning	Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

#### Contact name

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### Additional identifiers

**Protocol serial number** N/A

# Study information

### Scientific Title

An in-vivo gait analysis of the effect of different femoral tunnel positions in anterior cruciate ligament (ACL) reconstruction on tibial rotation: a prospective case-series

### **Study objectives**

We hypothesised that a more horizontal placement of the anterior cruciate ligament (ACL) substitute graft (at the 10 o'clock position in the femur) can address abnormal rotational knee movement after an ACL reconstruction, as compared to the standard 11 o'clock femoral position.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Scientific Committee of the University Hospital of Ioannina, approved on 26/05/2008

### Study design

Observational prospective comparative case-series, single-centre

### Primary study design

Observational

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Anterior cruciate ligament (ACL) rupture and reconstruction, knee injury

#### **Interventions**

Twenty ACL reconstructed subjects (mean age: 28 +/- 8 years) and ten healthy subjects (mean age: 29 +/- 5 years) were enrolled in this study. The ACL reconstructed subjects were tested as follows (on average) 2 years after the surgery.

- 1. Knee muscle strength measured with BIODEX System-3® (Biodex Corp., USA) isokinetic dynamometer
- 2. Clinical evaluation:
- 2.1. Patient's level of activity measured with the Tegner test
- 2.2. Patient's knee functional scale measured with the Lysholm test
- 3. Anterior tibial translation was evaluated using the KT-1000™ Arthrometer® (MEDmetric Corp., USA) for both ACL reconstructed subjects and the healthy controls.
- 4. An eight camera optoelectronic system (Vicon-Peak Performance Technologies, Inc., UK/USA) was used to capture the movements of fifteen reflective markers placed on the selected bony landmarks of the lower limbs and the pelvis of the examined subjects. The subjects were asked to perform two different activities: 1) descending from a stair and subsequent pivoting, and 2) landing from a platform and subsequent pivoting. We also placed inline foot switches (Noraxon Inc., USA) with two sensors on each, on the plantar surface of the shoes in the toe and heel positions. Foot-switch data collection was time-synchronized with the kinematic data through the Vicon-Peak® digital transceiver. The signals provided from the foot-switches were used to determine the exact time occurrences of the start and the end of the pivoting period that was under evaluation. Based on our hypothesis, the dependent variable examined in the present study was the range of motion of tibial rotation during the pivoting period for the two examined tasks.

### Intervention Type

Other

#### Phase

Not Applicable

### Primary outcome(s)

The following were assessed at 2 years after ACL reconstruction:

- 1. Tibial rotation (kinematics) measured with the gait analysis system
- 2. Tibial translation measured with KT-1000™ Arthrometer®
- 3. Patient's level of activity measured with the Tegner test
- 4. Patient's knee functional scale measured with the Lysholm test

### Key secondary outcome(s))

The following were assessed at 2 years after ACL reconstruction:

- 1. Knee muscle strength measured with BIODEX isokinetic dynamometer
- 2. Knee joint stability measured with static tests (Lachman, anterior-drawer, pivot-shift)

### Completion date

10/05/2008

# Eligibility

### Key inclusion criteria

- 1. Males
- 2. Patients with ACL reconstruction with a bone patellar tendon bone (BPTB) graft
- 3. Healthy subjects

Note: Participants with similar anthropometric features and age group were selected for this study in order to minimise bias

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

#### Sex

Male

### Key exclusion criteria

- 1. Patients with concomitant injuries (e.g., chondral lesions, lateral collateral ligament injuries or meniscal injuries in which a meniscectomy or a suture of the meniscus was performed)
- 2. Patients with symptomatic anterior knee pain or objective instability at the latest follow-up examination (positive pivot-shift test results, positive Lachman-test results and arthrometer side-to-side differences of more than 3 mm)

# Date of first enrolment 10/08/2005

# Date of final enrolment 10/05/2008

## Locations

### Countries of recruitment

Greece

Study participating centre University of Ioannina Ioannina Greece 45221

# Sponsor information

### Organisation

University of Ioannina (Greece)

### **ROR**

https://ror.org/01qg3j183

# Funder(s)

## Funder type

University/education

### Funder Name

University of Ioannina (Greece)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet
Participant information sheet
11/11/2025 No Yes