# Exploratory randomised double-blind controlled trial of breast milk fortifier with and without long chain polyunsaturated fatty acid (LCPUFA) supplementation on body composition in preterm infants

Recruitment status	☐ Prospectively registered
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	Results
Condition category	Individual participant data
Neonatal Diseases	Record updated in last year
	No longer recruiting  Overall study status  Completed  Condition category

# **Plain English summary of protocol**Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Prof Neena Modi

#### Contact details

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#### Additional identifiers

**Protocol serial number** N/A

## Study information

#### Scientific Title

#### **Study objectives**

Breast milk fortifier containing LCPUFA has a measurable effect upon body composition at term when compared with non-LCPUFA supplemented fortifier

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration.

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

**Not Specified** 

#### Health condition(s) or problem(s) studied

Preterm infants

#### **Interventions**

Infants will receive maternal +/- donor breast milk; should breast milk fortifier be indicated in accordance with normal clinical practice, infants will be randomised to receive standard fortifier or LCPUFA supplemented fortifier.

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome(s)

Body composition at age term-equivalent

#### Key secondary outcome(s))

Growth, metabolic profile, intrahepatocellular lipid content, brain growth and development, neurological examination

#### Completion date

30/06/2006

### **Eligibility**

#### Key inclusion criteria

Infants born at or below 32 weeks gestational age

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Neonate

#### Sex

**Not Specified** 

#### Key exclusion criteria

- 1. Major congenital abnormality
- 2. Mother does not wish to provide breast milk or to use donor milk
- 3. Baby requires gastrointestinal surgery

#### Date of first enrolment

01/08/2005

#### Date of final enrolment

30/06/2006

#### Locations

#### Countries of recruitment

**United Kingdom** 

England

Germany

#### Study participating centre Imperial College London

London United Kingdom SW10 9NH

## Sponsor information

#### Organisation

Milupa GmbH, Numico Research (Germany)

#### **ROR**

## Funder(s)

**Funder type** Industry

**Funder Name** Numico Research Germany

## **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration