

# Exploratory randomised double-blind controlled trial of breast milk fortifier with and without long chain polyunsaturated fatty acid (LCPUFA) supplementation on body composition in preterm infants

<b>Submission date</b> 06/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 13/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 30/08/2007	<b>Condition category</b> Neonatal Diseases	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

N/A

# Study information

## Scientific Title

## Study objectives

Breast milk fortifier containing LCPUFA has a measurable effect upon body composition at term when compared with non-LCPUFA supplemented fortifier

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration.

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Preterm infants

## Interventions

Infants will receive maternal +/- donor breast milk; should breast milk fortifier be indicated in accordance with normal clinical practice, infants will be randomised to receive standard fortifier or LCPUFA supplemented fortifier.

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Body composition at age term-equivalent

### **Secondary outcome measures**

Growth, metabolic profile, intrahepatocellular lipid content, brain growth and development, neurological examination

### **Overall study start date**

01/08/2005

### **Completion date**

30/06/2006

## **Eligibility**

### **Key inclusion criteria**

Infants born at or below 32 weeks gestational age

### **Participant type(s)**

Patient

### **Age group**

Neonate

### **Sex**

Not Specified

### **Target number of participants**

120 of whom 42 will be randomised

### **Key exclusion criteria**

1. Major congenital abnormality
2. Mother does not wish to provide breast milk or to use donor milk
3. Baby requires gastrointestinal surgery

### **Date of first enrolment**

01/08/2005

### **Date of final enrolment**

30/06/2006

## **Locations**

### **Countries of recruitment**

England

Germany

United Kingdom

**Study participating centre**  
**Imperial College London**  
London  
United Kingdom  
SW10 9NH

## **Sponsor information**

**Organisation**  
Milupa GmbH, Numico Research (Germany)

**Sponsor details**  
Bahnstrasse 14-30  
Friedrichsdorf  
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61381

**Sponsor type**  
Industry

**ROR**  
<https://ror.org/00aj77a24>

## **Funder(s)**

**Funder type**  
Industry

**Funder Name**  
Numico Research Germany

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration