

# A pilot study to determine whether increasing oxygen flow rate or oxygen percentage through a fixed performance mask relieves breathlessness in patients with cystic fibrosis

<b>Submission date</b> 29/09/2006	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/09/2006	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 06/10/2011	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N0226167746

# Study information

## Scientific Title

## Study objectives

To compare whether changing oxygen flow or oxygen percentage through a fixed performance mask relieves breathlessness in patients with cystic fibrosis.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Cystic fibrosis

## Interventions

Cohort of stable CF Patients. Patients will perform a maximal bicycle ergometric exercise test on room air (under supervision of a specialist CF physiotherapist and doctor) to determine work rate & associated peak respiratory flow rate. VAS is assessed each minute to specifically determine degree of breathlessness. Following the exercise test VAS is assessed in recovery.

Patients are rested and randomly assigned one of three exercise tests over two days. These exercise tests use either an increasing oxygen concentration mask (flow rate remains the same). Relief of breathlessness will be determined by VAS scoring.

Added September 2008: trial stopped due to lack of resources.

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome(s)

Increasing oxygen flow rate is beneficial to breathless patients

## Key secondary outcome(s))

Not provided at time of registration

**Completion date**

30/12/2007

**Reason abandoned (if study stopped)**

Lack of resources

## Eligibility

**Key inclusion criteria**

1. Cystic fibrosis patients aged over 16
2. Clinically stable
3. Able to give informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Not Specified

**Key exclusion criteria**

Patients having respiratory exacerbation

**Date of first enrolment**

01/07/2005

**Date of final enrolment**

30/12/2007

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

The Manchester Adult Cystic Fibrosis Centre

Manchester

United Kingdom

M23 9LT

# Sponsor information

## Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

## Funder(s)

### Funder type

Government

### Funder Name

South Manchester University Hospitals NHS Trust (UK), NHS R&D Support Funding

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration