

# A pilot study to determine whether increasing oxygen flow rate or oxygen percentage through a fixed performance mask relieves breathlessness in patients with cystic fibrosis

<b>Submission date</b> 29/09/2006	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/09/2006	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 06/10/2011	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N0226167746

## **Study information**

**Scientific Title**

**Study objectives**

To compare whether changing oxygen flow or oxygen percentage through a fixed performance mask relieves breathlessness in patients with cystic fibrosis.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Nutritional, Metabolic, Endocrine: Cystic fibrosis

**Interventions**

Cohort of stable CF Patients. Patients will perform a maximal bicycle ergometric exercise test on room air (under supervision of a specialist CF physiotherapist and doctor) to determine work rate & associated peak respiratory flow rate. VAS is assessed each minute to specifically determine degree of breathlessness. Following the exercise test VAS is assessed in recovery.

Patients are rested and randomly assigned one of three exercise tests over two days. These exercise tests use either an increasing oxygen concentration mask (flow rate remains the same). Relief of breathlessness will be determined by VAS scoring.

Added September 2008: trial stopped due to lack of resources.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Increasing oxygen flow rate is beneficial to breathless patients

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/07/2005

**Completion date**

30/12/2007

**Reason abandoned (if study stopped)**

Lack of resources

## Eligibility

**Key inclusion criteria**

1. Cystic fibrosis patients aged over 16
2. Clinically stable
3. Able to give informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

20 patients to be recruited from the Manchester Adult Cystic Fibrosis Unit.

**Key exclusion criteria**

Patients having respiratory exacerbation

**Date of first enrolment**

01/07/2005

**Date of final enrolment**

30/12/2007

# Locations

## Countries of recruitment

England

United Kingdom

## Study participating centre

**The Manchester Adult Cystic Fibrosis Centre**

Manchester

United Kingdom

M23 9LT

# Sponsor information

## Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

## Sponsor details

The Department of Health, Richmond House, 79 Whitehall

London

United Kingdom

SW1A 2NL

+44 (0)20 7307 2622

dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

<http://www.dh.gov.uk/Home/fs/en>

# Funder(s)

## Funder type

Government

## Funder Name

South Manchester University Hospitals NHS Trust (UK), NHS R&D Support Funding

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration