# Vasodilators in cold type Complex Regional Pain Syndrome

Submission date [ ] Prospectively registered Recruitment status 14/02/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 14/02/2006 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 08/09/2011 Musculoskeletal Diseases

#### Plain English summary of protocol

Not provided at time of registration

### **Contact information**

#### Type(s)

Scientific

#### Contact name

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#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

**NTR571** 

# Study information

#### Scientific Title

#### **Acronym**

VasCoTyC study

#### Study objectives

Nitric oxide dependent and independent vasodilation in patients with disused, cold type CRPS, will regenerate blood tissue distribution and consequently improve mobility and quality of life factors.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Cold type complex regional pain syndrome (CRPS)

#### **Interventions**

Subjects are assigned to receive either 1 g isosorbide dinitrate (ISDN) ointment 1% or placebo 4 times daily (groups 1 and 2) or 1 tablet of 10 mg tadalafil or placebo daily (groups 3 and 4). The treatment period will be 10 weeks.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

isosorbide dinitrate (ISDN), tadalafil

#### Primary outcome measure

Tissue blood distribution (thermography and Doppler flow).

#### Secondary outcome measures

Pain, mobility and quality of life.

#### Overall study start date

01/02/2006

#### Completion date

31/12/2007

# Eligibility

#### Key inclusion criteria

- 1. Men and women between 18 and 65 years
- 2. Established diagnosis of CRPS-1 according to the Bruehl/Budapest criteria

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

76

#### Key exclusion criteria

- 1. Coronary atherosclerosis or cerebral sclerosis
- 2. Recent heart infarction
- 3. Increased intracranial pressure
- 4. Severe hypotension
- 5. Myocardium insufficiency
- 6. Damage of the central nervous system
- 7. Contraindication of nitrates
- 8. Inflammation of joints
- 9. Use of corticosteroids or immunosuppressives
- 10. Unable to fill in questionnaires

#### Date of first enrolment

01/02/2006

# Date of final enrolment 31/12/2007

#### Locations

#### Countries of recruitment

Netherlands

Study participating centre Erasmus Medical Center Rotterdam Netherlands 3000 CA

# Sponsor information

#### Organisation

Erasmus Medical Center (The Netherlands)

#### Sponsor details

Dr Molewaterplein 40/50 Rotterdam Netherlands 3000 CA

#### Sponsor type

Not defined

#### **ROR**

https://ror.org/018906e22

# Funder(s)

#### Funder type

Government

#### **Funder Name**

The Reflex Sympathetic Dystrophy Syndrome Association (RSDSA, USA), Eli Lilly, Ministry of Economic Affairs

## **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	20/10/2008		Yes	No