# Determination of the efficacious and safe dose of ivabradine in paediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure from ages 6 months to 18 years

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>		
22/09/2011	No longer recruiting	☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
10/11/2011		[X] Results		
<b>Last Edited</b> 18/04/2018	Condition category Circulatory System	[] Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

#### Contact information

#### Type(s)

Scientific

#### Contact name

Prof Damien Bonnet

#### Contact details

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#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

### Study information

#### Scientific Title

Determination of the efficacious and safe dose of ivabradine in paediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure from ages 6 months to 18 years. A randomised, double-blind, multicentre, placebo controlled, phase II/III dose-finding study with a PK/PD characterisation and a 1 year efficacy/safety evaluation.

#### **Study objectives**

Determination of the efficacious and safe dose of ivabradine in paediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure aged from 6 months to less than 18 years.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval was obtained before recruitment of the first participants

#### Study design

Randomised double-blind placebo-controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

#### Health condition(s) or problem(s) studied

Paediatric dilated cardiomyopathy and symptomatic chronic heart failure

#### **Interventions**

During the titration period:

[6-12] months: ivabradine, oral liquid paediatric formulation, the starting dose 0.02 mg/kg twice daily or placebo, then 4 titrations according to HR matching with placebo, i.e. 0.05 mg/kg, 0.10 mg/kg, 0.15 mg/kg and 0.20 mg/kg twice daily or placebo.

[1-3] and [3-18] years with weight < 40 kg: ivabradine, oral liquid paediatric formulation, at the starting dose 0.05 mg/kg twice daily or placebo, then 4 titrations according to HR matching with placebo, i.e. 0.10 mg/kg, 0.15 mg/kg, 0.20 mg/kg and 0.30 mg/kg twice daily or placebo.

[3-18] years with weight >= 40 kg: ivabradine adult tablet formulation, at the starting dose 2.5 mg twice daily or placebo, then 4 titrations according to HR matching with placebo, i.e. 5 mg, 7.5 mg, 10 mg and 15 mg twice daily or placebo.

During the maintenance period: ivabradine, oral liquid paediatric formulation (or adult tablet formulation), at the target dose, twice daily or placebo.

During 1 year treatment period: ivabradine, oral liquid paediatric formulation (or adult tablet formulation), at the dose defined during the maintenance period and adapted according to the weight at each visit, twice daily or placebo.

#### Intervention Type

Drug

#### Phase

Phase II/III

#### Drug/device/biological/vaccine name(s)

Ivabradine

#### Primary outcome measure

- 1. Characterization pharmacokinetics (PK) and PK/Pharmacodynamics (PD) at D014 and M000
- 2. Target HR achievement: HR measurements during titration period (D000, D014, D028, D042, D056, M000)

#### Secondary outcome measures

- 1. Echocardiographic parameters over the study
- 2. Heart failure symptoms severity over the study
- 3. Cardiovascular biomarker NT- proBNP over the study
- 4. Safety over the study

#### Overall study start date

15/10/2011

#### Completion date

30/09/2013

# **Eligibility**

#### Key inclusion criteria

- 1. Patients of both gender aged from 6 months to 18 years old
- 2. Patients with dilated cardiomyopathy (DCM) receiving their usual treatment for chronic heart failure (CHF) at the optimal dose
- 3. Patients in sinus rhythm
- 4. Resting heart rate (HR) complying with the following criteria:
- 4.1. HR  $\geq$  105 bpm in the age-subset [6-12] months
- 4.2. HR >= 95 bpm in the age-subset [1-3] years

- 4.3. HR >= 75 bpm in the age-subset [3-5] years
- 4.4. HR >= 70 bpm in the age-subset [5-18] years
- 5. CHF class II to IV NYHA or Ross classification, stable for at least 1 month prior to selection
- 6. Left ventricular (LV) dysfunction with left ventricular ejection fraction (LVEF) <= 45% documented by echocardiography LV dysfunction consecutive to idiopathic dilated cardiomyopathy (DCM), post-viral myocarditis DCM or ischaemic DCM

#### Participant type(s)

Patient

#### Age group

Child

#### Lower age limit

6 Months

#### Upper age limit

18 Years

#### Sex

Both

#### Target number of participants

90

#### Key exclusion criteria

- 1. Class I NYHA or Ross Classification (asymptomatic patients)
- 2. Patients actively listed for transplantation at time of entry into the study or anticipated to undergo heart transplantation or corrective heartsurgery during the 1 year following entry into the study
- 3. History of symptomatic or sustained (≥ 30 sec) ventricular arrhythmiaunless a cardioverter defibrillator was implanted
- 4. Patients with structural valvular disease or severe functional valvulardisease requiring surgery
- 5. Significant systemic ventricular outflow obstruction
- 6. DCM secondary to muscular dystrophies, hemoglobinopathies, HIV, carnitine deficiency, anthracyclines
- 7. Patients requiring unauthorised concomitant treatment
- 8. Serum creatinine >2.0 mg/dL or >180  $\mu$ mol/L (blood sampleperformed at ASSE visit)
- 9. AST and/or ALT > 3 upper normal limits (blood sample performed at ASSE visit)
- 10. Unstable cardiovascular condition at selection or inclusion

#### Date of first enrolment

15/10/2011

#### Date of final enrolment

30/09/2013

#### Locations

#### Countries of recruitment

Australia
Belgium
Brazil
Bulgaria
Canada
Denmark
Finland
France
Germany
Hungary
India
Italy
Mexico
Poland
Portugal
Romania
Russian Federation
Spain
Sweden
United Kingdom

Study participating centre
Service de Cardiologie Pédiatrique
Paris Cedex 15
France
75743

# Sponsor information

#### Organisation

Institut de Recherches Internationales Servier (France)

#### Sponsor details

50 rue Carnot Suresnes France 92284

#### Sponsor type

Industry

#### Website

http://www.servier.com/

#### **ROR**

https://ror.org/034e7c066

## Funder(s)

#### Funder type

Industry

#### Funder Name

Institut de Recherches Internationales Servier (France)

#### **Results and Publications**

#### Publication and dissemination plan

Publication plan:

Summary results are published in https://clinicaltrials.servier.com.

#### Intention to publish date

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from https://clinicaltrials.servier.com if a Marketing Authorisation has been granted after 1st January 2014.

#### IPD sharing plan summary

Available on request

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results				No	No