

# Determination of the efficacious and safe dose of ivabradine in paediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure from ages 6 months to 18 years

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<b>Registration date</b> 10/11/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 18/04/2018	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

### Type(s)

Scientific

### Contact name

Prof Damien Bonnet

### Contact details

Service de Cardiologie Pédiatrique  
Hôpital Necker Enfants Malades  
149 rue de Sèvres  
Paris Cedex 15  
France  
75743

## Additional identifiers

### Protocol serial number

CL2-16257-090

## Study information

### Scientific Title

Determination of the efficacious and safe dose of ivabradine in paediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure from ages 6 months to 18 years. A randomised, double-blind, multicentre, placebo controlled, phase II/III dose-finding study with a PK/PD characterisation and a 1 year efficacy/safety evaluation.

### **Study objectives**

Determination of the efficacious and safe dose of ivabradine in paediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure aged from 6 months to less than 18 years.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Ethics approval was obtained before recruitment of the first participants

### **Study design**

Randomised double-blind placebo-controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Paediatric dilated cardiomyopathy and symptomatic chronic heart failure

### **Interventions**

During the titration period:

[6-12] months: ivabradine, oral liquid paediatric formulation, the starting dose 0.02 mg/kg twice daily or placebo, then 4 titrations according to HR matching with placebo, i.e. 0.05 mg/kg, 0.10 mg/kg, 0.15 mg/kg and 0.20 mg/kg twice daily or placebo.

[1-3] and [3-18] years with weight < 40 kg: ivabradine, oral liquid paediatric formulation, at the starting dose 0.05 mg/kg twice daily or placebo, then 4 titrations according to HR matching with placebo, i.e. 0.10 mg/kg, 0.15 mg/kg, 0.20 mg/kg and 0.30 mg/kg twice daily or placebo.

[3-18] years with weight  $\geq$  40 kg: ivabradine adult tablet formulation, at the starting dose 2.5 mg twice daily or placebo, then 4 titrations according to HR matching with placebo, i.e. 5 mg, 7.5 mg, 10 mg and 15 mg twice daily or placebo.

During the maintenance period: ivabradine, oral liquid paediatric formulation (or adult tablet formulation), at the target dose, twice daily or placebo.

During 1 year treatment period: ivabradine, oral liquid paediatric formulation (or adult tablet formulation), at the dose defined during the maintenance period and adapted according to the weight at each visit, twice daily or placebo.

### **Intervention Type**

Drug

### **Phase**

Phase II/III

**Drug/device/biological/vaccine name(s)**

Ivabradine

**Primary outcome(s)**

1. Characterization pharmacokinetics (PK) and PK/Pharmacodynamics (PD) at D014 and M000
2. Target HR achievement: HR measurements during titration period (D000, D014, D028, D042, D056, M000)

**Key secondary outcome(s)**

1. Echocardiographic parameters over the study
2. Heart failure symptoms severity over the study
3. Cardiovascular biomarker NT- proBNP over the study
4. Safety over the study

**Completion date**

30/09/2013

## **Eligibility**

**Key inclusion criteria**

1. Patients of both gender aged from 6 months to 18 years old
2. Patients with dilated cardiomyopathy (DCM) receiving their usual treatment for chronic heart failure (CHF) at the optimal dose
3. Patients in sinus rhythm
4. Resting heart rate (HR) complying with the following criteria:
  - 4.1. HR  $\geq$  105 bpm in the age-subset [6-12] months
  - 4.2. HR  $\geq$  95 bpm in the age-subset [1-3] years
  - 4.3. HR  $\geq$  75 bpm in the age-subset [3-5] years
  - 4.4. HR  $\geq$  70 bpm in the age-subset [5-18] years
5. CHF class II to IV NYHA or Ross classification, stable for at least 1 month prior to selection
6. Left ventricular (LV) dysfunction with left ventricular ejection fraction (LVEF)  $\leq$  45% documented by echocardiography LV dysfunction consecutive to idiopathic dilated cardiomyopathy (DCM), post-viral myocarditis DCM or ischaemic DCM

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

6 months

**Upper age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Class I NYHA or Ross Classification (asymptomatic patients)
2. Patients actively listed for transplantation at time of entry into the study or anticipated to undergo heart transplantation or corrective heartsurgery during the 1 year following entry into the study
3. History of symptomatic or sustained ( $\geq 30$  sec) ventricular arrhythmiaunless a cardioverter defibrillator was implanted
4. Patients with structural valvular disease or severe functional valvulardisease requiring surgery
5. Significant systemic ventricular outflow obstruction
6. DCM secondary to muscular dystrophies, hemoglobinopathies, HIV,carnitine deficiency, anthracyclines
7. Patients requiring unauthorised concomitant treatment
8. Serum creatinine  $>2.0$  mg/dL or  $>180$   $\mu\text{mol/L}$  (blood sampleperformed at ASSE visit)
9. AST and/or ALT  $> 3$  upper normal limits (blood sample performed at ASSE visit)
10. Unstable cardiovascular condition at selection or inclusion

**Date of first enrolment**

15/10/2011

**Date of final enrolment**

30/09/2013

**Locations****Countries of recruitment**

United Kingdom

Australia

Belgium

Brazil

Bulgaria

Canada

Denmark

Finland

France

Germany

Hungary

India

Italy

Mexico

Poland

Portugal

Romania

Russian Federation

Spain

Sweden

**Study participating centre**  
**Service de Cardiologie Pédiatrique**  
Paris Cedex 15  
France  
75743

## Sponsor information

**Organisation**  
Institut de Recherches Internationales Servier (France)

**ROR**  
<https://ror.org/034e7c066>

## Funder(s)

**Funder type**  
Industry

**Funder Name**  
Institut de Recherches Internationales Servier (France)

## Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from <https://clinicaltrials.servier.com> if a Marketing Authorisation has been granted after 1st January 2014.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Basic results</a>				No	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes