

# Improving the referral process for familial breast cancer genetic counselling: an evaluation of complementary interventions

<b>Submission date</b> 25/04/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 25/04/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 30/05/2012	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Brenda Wilson

### Contact details

Department of Epidemiology & Community Medicine  
University of Ottawa  
451 Smyth Road  
Ottawa  
Ontario  
Canada  
K1H 8M5  
+1 613 562 5800 x8261  
bwilson@uottawa.ca

## Additional identifiers

### Protocol serial number

HTA 94/14/20

## Study information

## Scientific Title

### Study objectives

The NHS needs to identify cost-effective approaches to managing the increased demand for genetic counselling for familial cancers, particularly in the primary care setting. Using familial breast cancer as a model, this study aims to evaluate two separate, but complementary, interventions using randomised controlled trials: the first designed to improve the process of deciding to refer from primary care to specialist services, the second to cope with referred women in a cost-effective way in the community. In the first trial, general practices in Grampian will be randomised to receive specific educational input for a member of their staff, along with specific decision-support software, or to no intervention (control): outcomes will relate to appropriateness of referrals and patient understanding, In the second trial, based in Grampian and Wales, referred women will be randomised either to see a community-based genetics outreach nurse or to the current, specialist service: comparisons will be made of psychological outcomes and retention of risk information, and service acceptability to patients and professionals. An economic evaluation is an integral component of each trial.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Not Specified

### Health condition(s) or problem(s) studied

Cancer (neoplasms): Breast

### Interventions

Trial 1:

1. Receive specific educational input for a member of their staff, along with specific decision-support software
2. Standard care.

Trial 2: Referred women will be randomised to see

1. A community-based genetics outreach nurse
2. Remain on current specialist service

### Intervention Type

Other

### Phase

Not Specified

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/08/2002

## Eligibility

**Key inclusion criteria**

Women with familial breast cancer in need of genetic counselling

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Female

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/1998

**Date of final enrolment**

31/08/2002

## Locations

**Countries of recruitment**

United Kingdom

Canada

**Study participating centre**

Department of Epidemiology & Community Medicine

Ontario

Canada

K1H 8M5

# Sponsor information

## Organisation

Department of Health (UK)

## ROR

<https://ror.org/03sbpja79>

# Funder(s)

## Funder type

Government

## Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2005		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes