# Postsurgical pain Outcome of Vertical And Transverse abdominal Incision: a randomised controlled equivalent Trial

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
29/07/2003		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
16/10/2003	Completed	[X] Results		
<b>Last Edited</b> 16/05/2011	Condition category Digestive System	[] Individual participant data		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

## Acronym

**POVATI-Trial** 

## Study objectives

Patients with intra-abdominal pathologic diseases, certainly operable throughout both approaches such as: stomach, pancreas and small or large bowel. This is a randomized controlled observer and patient-blinded two-group parallel trial to answer the question if the transverse abdominal incision is equivalent to the vertical one due to the described endpoints.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Quality of life

## Participant information sheet

## Health condition(s) or problem(s) studied

Abdominal surgery

#### **Interventions**

After randomisation either in the transverse or in the vertical (= midline) group a standardised surgical abdominal approach is performed. Further surgical procedure in the vertical as well in the transverse group follows given prespecified standards. Patients are blinded via a special wound dressing. Outcome assessors are unaware of the intervention.

## Intervention Type

Drug

### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Piritramide

## Primary outcome measure

The primary endpoint is the abdominal pain intensity experienced by a patient, quantified with the Visual Analogue Scale (VAS), and the amount of analgesic required (piritramide [mg/h]) on the second postoperative day.

## Secondary outcome measures

Secondary objectives are the frequencies of early- and late-onset complications such as burst abdomen, postoperative pulmonary complications, wound infections and incisional hernias. In addition, pain is quantified according to the Pain-Sensation-Scale by Geissner, a modified McGill Pain Questionnaire, designed for studies conducted in Germany.

## Overall study start date

01/10/2003

## Completion date

01/10/2004

# **Eligibility**

## Key inclusion criteria

Hospitalised patients of the Department of General-, Visceral-, Traumasurgery and Outpatient Clinic of the University of Heidelberg, Medical School, who are planned for an elective abdominal operation and are suitable for both transverse and vertical incision.

- 1. Age equal or greater than 18 years
- 2. Expected survival time more than 12 months
- 3. Patients scheduled for the following procedures:
- a) Whipple procedure (classic or pylorus-preserving)
- b) Duodenum-preserving resection of the pancreatic head
- c) Gastrectomy (partial or total gastrectomy)
- d) Colon resection (left or right or transverse / classic or extended)
- e) Ileocecal resection
- 4. Primary and elective laparotomy
- 5. Patient must be able to give informed consent
- 6. Patient has given informed consent

## Participant type(s)

Patient

## Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

## Target number of participants

172

## Key exclusion criteria

- 1. Permanent therapy with a opioid equivalent drug for any reason within 12 months before operation (duration longer than 2 weeks)
- 2. Incompatibility of metamizole
- 3. Recurrent opening of the abdominal cavity (not laparoscopic appendectomy, laparoscopic cholecystectomy, laparoscopic adrenalectomy, diagnostic laparoscopy or appendectomy), including prior cesarean section and Pfannenstiel incision (e.g., hysterectomy)
- 4. Participation in another intervention trial that would interfere with the intervention and outcome of this study
- 5. Severe psychiatric or neurologic diseases
- 6. Lack of compliance
- 7. Drug and/or alcohol abuse according to local standards
- 8. Current immunosuppressive therapy (more than 40 mg of a corticoid per day or azathioprine)
- 9. Chemotherapy within 2 weeks before operation
- 10. Radiotherapy of the abdomen completed longer than 8 weeks before operation (except for neoadjuvant therapy, e.g. for pancreatic cancer)
- 11. Liver, gallbladder, spleen, and rectum surgery

## Date of first enrolment

01/10/2003

## Date of final enrolment

01/10/2004

# Locations

## Countries of recruitment

Germany

Study participating centre
Department of Surgery
Heidelberg
Germany
69120

# Sponsor information

## Organisation

University of Heidelberg Medical School (Germany)

## Sponsor details

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## Sponsor type

Hospital/treatment centre

### **ROR**

https://ror.org/038t36y30

# Funder(s)

## Funder type

Hospital/treatment centre

## **Funder Name**

University of Heidelberg Medical School (Germany) - Department of Surgery

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	13/11/2003		Yes	No
Results article	results	01/06/2009		Yes	No
Results article	results	01/10/2011		Yes	No