

# Penis enlargement surgery, a report of 355 cases

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 04/04/2017	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 06/06/2023	<b>Condition category</b> Urological and Genital Diseases	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Many men worry that their penis is too small and some want them to be increased in size. Penile enhancement surgery is a type of medical procedure which involves increasing the length or girth of the penis. Penis enlargement surgery can have complications, and many men are unhappy with the results. The aim of this study is to look at men who have penis enlargement surgery as part of their normal care to look at how well the procedure works.

### Who can participate?

Healthy men who are undergoing penis enlargement surgery.

### What does the study involve?

Participants undergo surgery to increase the length or girth of their penises as part of normal care. Routine information is collected about each patient's background, health and the size of their penis at the start of the study and then two, six and twelve months after they have their surgery. The researchers collect this information by reviewing medical records in order to see how effective the surgery has been.

### What are the possible benefits and risks of participating?

There are no direct benefits or risks involved with participating in this study.

### Where is the study run from?

Blumar Medica (Italy)

### When is the study starting and how long is it expected to run for?

October 2012 to December 2015

### Who is funding the study?

Investigator initiated and funded (Italy)

### Who is the main contact?

1. Dr Alessandro Littara (public)
2. Dr Claudia Schmid (scientific)

## Contact information

### Type(s)

Public

### Contact name

Dr Alessandro Littara

### ORCID ID

<https://orcid.org/0000-0003-0659-6178>

### Contact details

Blumar Medica srl  
Viale Vittorio Veneto 14  
Milan  
Italy  
20125  
+393356844939  
androweb@icloud.com

### Type(s)

Scientific

### Contact name

Dr Claudia Schmid

### Contact details

Blumar Medica srl  
Viale Vittorio Veneto 14  
Milan  
Italy  
20125

## Additional identifiers

### Protocol serial number

N/A

## Study information

### Scientific Title

Penile lengthening and girth enhancement surgery, a report of 355 cases

### Study objectives

The aim of this study is to report and evaluate the results and complications of penile enhancement surgery.

### Ethics approval required

Old ethics approval format

**Ethics approval(s)**

This study does not require ethics approval.

**Study design**

Retrospective cohort analysis

**Primary study design**

Observational

**Study type(s)**

Other

**Health condition(s) or problem(s) studied**

Penile hypoplasia and/or normal penile size

**Interventions**

Study participants are regular patients that receive penile enhancement in normal care, i.e. no special procedures, devices or treatments are added or carried out for the purpose of the study.

Routine information is collected for each patient, including age, weight, height, marital status, type of procedure (penile lengthening, girth enhancement, or both), IIEF (International Index of Erectile Function) score, baseline penile length at rest, stretched length (as a proxy for erect length), penile girth at rest. The same measurements are repeated at 2, 6 and 12 month follow-up visits. IIEF is repeated at 12 months.

This data is then collected through retrospective chart review by the researcher.

**Intervention Type**

Procedure/Surgery

**Primary outcome(s)**

Penile length and/or girth, as measured in centimeters at baseline, patient discharge and 2, 6 and 12 months, is collected through patient chart review.

**Key secondary outcome(s)**

Erectile function, as measured using the the IIEF test at baseline and 12 months, is collected through patient chart review.

**Completion date**

22/12/2015

**Eligibility****Key inclusion criteria**

1. Male
2. Aged between 18 and 64 years old
3. In good health
4. No micropenis
5. Realistic expectations
6. Absence of psychiatric or systemic disorders

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Male

**Total final enrolment**

355

**Key exclusion criteria**

1. Men with unrealistic expectations
2. Psychiatric disorders
3. Systemic disorders
4. Bleeding disorders
5. Heart disease

**Date of first enrolment**

10/01/2013

**Date of final enrolment**

07/12/2015

**Locations****Countries of recruitment**

Italy

**Study participating centre**

**Blumar Medica**

Viale Vittorio Veneto 14

Milan

Italy

20124

**Sponsor information**

**Organisation**

Dr. Alessandro Littara

**Funder(s)****Funder type**

Other

**Funder Name**

Investigator initiated and funded

**Results and Publications****Individual participant data (IPD) sharing plan**

The datasets generated and/or analyzed during the current study during this study will be included in the subsequent results publication.

**IPD sharing plan summary**

Other

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		19/04/2019	06/06/2023	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes