

# Social Anxiety Research Clinic: an exploratory randomised controlled trial of standard versus enhanced cognitive behavioural therapy for social anxiety in early psychosis

<b>Submission date</b> 21/10/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 21/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/01/2020	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

7261

# Study information

## Scientific Title

Social Anxiety Research Clinic: an exploratory randomised controlled trial of standard versus enhanced cognitive behavioural therapy for social anxiety in early psychosis

## Acronym

SARC

## Study objectives

Small pilot randomised therapy trial for people recovering from psychosis who are experiencing social anxiety.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

MREC, ref: 09/H0310/4

## Study design

Single-centre randomised interventional treatment pilot/feasibility study

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

## Health condition(s) or problem(s) studied

Topic: Mental Health Research Network; Subtopic: Psychosis; Disease: Psychosis

## Interventions

Cognitive behavioural intervention provided by graduate mental health workers.  
Follow up length: 6 months

## Intervention Type

Other

**Phase**

Not Applicable

**Primary outcome measure**

Social Anxiety Interaction Scale

**Secondary outcome measures**

1. Paranoia Scale
2. Brief Core Schema Scale

**Overall study start date**

13/05/2009

**Completion date**

30/04/2010

## Eligibility

**Key inclusion criteria**

1. Score above 30 on the Social Interaction Anxiety Scale (SIAS)
2. Early Intervention Service user
3. Aged 14 years and above, either sex

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

Planned sample size: 48; UK sample size: 48

**Key exclusion criteria**

Current acute psychotic episode

**Date of first enrolment**

13/05/2009

**Date of final enrolment**

30/04/2010

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Norfolk and Waveney Mental Health NHS Foundation Trust**

Norwich

United Kingdom

NR1 3RE

## **Sponsor information**

**Organisation**

Norfolk and Waveney Mental Health NHS Foundation Trust (UK)

**Sponsor details**

80 St Stephens Road

Norwich

England

United Kingdom

NR1 3RE

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.nmhct.nhs.uk>

**ROR**

<https://ror.org/03400ft78>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

National Institute for Health Research (NIHR) (UK) - Research for Innovation, Speculation and Creativity (RISC) programme

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration