

# Social Anxiety Research Clinic: an exploratory randomised controlled trial of standard versus enhanced cognitive behavioural therapy for social anxiety in early psychosis

<b>Submission date</b> 21/10/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 21/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/01/2020	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Ruth Turner

### Contact details

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## Additional identifiers

### Protocol serial number

7261

## Study information

**Scientific Title**

Social Anxiety Research Clinic: an exploratory randomised controlled trial of standard versus enhanced cognitive behavioural therapy for social anxiety in early psychosis

**Acronym**

SARC

**Study objectives**

Small pilot randomised therapy trial for people recovering from psychosis who are experiencing social anxiety.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

MREC, ref: 09/H0310/4

**Study design**

Single-centre randomised interventional treatment pilot/feasibility study

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Topic: Mental Health Research Network; Subtopic: Psychosis; Disease: Psychosis

**Interventions**

Cognitive behavioural intervention provided by graduate mental health workers.  
Follow up length: 6 months

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Social Anxiety Interaction Scale

**Key secondary outcome(s)**

1. Paranoia Scale
2. Brief Core Schema Scale

**Completion date**

30/04/2010

**Eligibility**

**Key inclusion criteria**

1. Score above 30 on the Social Interaction Anxiety Scale (SIAS)
2. Early Intervention Service user
3. Aged 14 years and above, either sex

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Other

**Sex**

All

**Key exclusion criteria**

Current acute psychotic episode

**Date of first enrolment**

13/05/2009

**Date of final enrolment**

30/04/2010

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Norfolk and Waveney Mental Health NHS Foundation Trust

Norwich

United Kingdom

NR1 3RE

**Sponsor information****Organisation**

Norfolk and Waveney Mental Health NHS Foundation Trust (UK)

ROR

<https://ror.org/03400ft78>

## **Funder(s)**

**Funder type**  
Government

### **Funder Name**

National Institute for Health Research (NIHR) (UK) - Research for Innovation, Speculation and Creativity (RISC) programme

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration