

Social Anxiety Research Clinic: an exploratory randomised controlled trial of standard versus enhanced cognitive behavioural therapy for social anxiety in early psychosis

Submission date 21/10/2010	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 21/10/2010	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 30/01/2020	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

7261

Study information

Scientific Title

Social Anxiety Research Clinic: an exploratory randomised controlled trial of standard versus enhanced cognitive behavioural therapy for social anxiety in early psychosis

Acronym

SARC

Study objectives

Small pilot randomised therapy trial for people recovering from psychosis who are experiencing social anxiety.

Ethics approval required

Old ethics approval format

Ethics approval(s)

MREC, ref: 09/H0310/4

Study design

Single-centre randomised interventional treatment pilot/feasibility study

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Topic: Mental Health Research Network; Subtopic: Psychosis; Disease: Psychosis

Interventions

Cognitive behavioural intervention provided by graduate mental health workers.
Follow up length: 6 months

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Social Anxiety Interaction Scale

Key secondary outcome(s)

1. Paranoia Scale
2. Brief Core Schema Scale

Completion date

30/04/2010

Eligibility

Key inclusion criteria

1. Score above 30 on the Social Interaction Anxiety Scale (SIAS)
2. Early Intervention Service user
3. Aged 14 years and above, either sex

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

All

Key exclusion criteria

Current acute psychotic episode

Date of first enrolment

13/05/2009

Date of final enrolment

30/04/2010

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Norfolk and Waveney Mental Health NHS Foundation Trust

Norwich

United Kingdom

NR1 3RE

Sponsor information**Organisation**

Norfolk and Waveney Mental Health NHS Foundation Trust (UK)

ROR

Funder(s)

Funder type

Government

Funder Name

National Institute for Health Research (NIHR) (UK) - Research for Innovation, Speculation and Creativity (RISC) programme

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes