

Evaluation of the effect of a follow-up program for SMO cessation courses during in-patient REHAbilitation treatment

Submission date 10/08/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 04/01/2007	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 04/01/2007	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Study website

http://www.refonet.de/projekte/laufendeprojekte_3014.php

Contact information

Type(s)

Scientific

Contact name

Dr Jörg Resler

Contact details

Bubertstr.4
Borkum
Germany
26757
+49 (0) 4922/9212000
joerg.resler@nordseeklinik-borkum.de

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Acronym

ESMOREHA

Study objectives

1. Patients who complete intensive follow-up programs more frequently quit or reduce their smoking than those without such an intervention.
2. The smoking cessation program in Borkum is at least as successful as comparable programs.
3. The quit date method leads to a higher long-term outcome relative to nicotine abstinence.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics Committee of the Medical Association of Lower Saxony Germany, approval received on the 22nd September 2005.

Study design

Monocentric, prospective, randomised controlled study.

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Smoking addiction

Interventions

Follow-up reminder calls and refresher courses for 12 months versus care as usual.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Reduction of the risk of nicotine-associated illness.

Secondary outcome measures

1. Quality of life improvement
2. Reduction in direct and indirect costs

Overall study start date

01/07/2006

Completion date

31/05/2009

Eligibility**Key inclusion criteria**

1. Patients of the Nordseeklinik
2. Funded by the Deutsche Rentenversicherung Rheinland
3. Patients who are older than 18

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

580

Key exclusion criteria

1. Patients who are younger than 18
2. Linguistic or intellectual deficits
3. Missing agreement

Date of first enrolment

01/07/2006

Date of final enrolment

31/05/2009

Locations

Countries of recruitment

Germany

Study participating centre

Bubertstr.4

Borkum

Germany

26757

Sponsor information

Organisation

Refonet (Germany)

Sponsor details

Burgweg 3

Bad Neuenahr-Ahrweiler

Germany

53445

+49 (0) 264 190620

service@refonet.de

Sponsor type

Industry

Website

<http://www.refonet.de>

ROR

<https://ror.org/04yeh2x21>

Funder(s)

Funder type

Industry

Funder Name

Refonet (Germany)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration