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Evaluation of the effect of a follow-up program forSMOcessation courses during in-patient REHAbilitation treatment

Submission date	Recruitment status	[ ] Prospectively registered
10/08/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
04/01/2007	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
04/01/2007	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Study website
http://www.refonet.de/projekte/laufendeprojekte_3014.php

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Acronym
ESMOREHA

Study objectives
1. Patients who complete intensive follow-up programs more frequently quit or reduce their smoking than those without such an intervention.
2. The smoking cessation program in Borkum is at least as successful as comparable programs.
3. The quit date method leads to a higher long-therm outcome relative to nicotine abstinence.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics Committee of the Medical Association of Lower Saxony Germany, approval received on the 22nd September 2005.

Study design
Monocentric, prospective, randomised controlled study.

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Smoking addiction

Interventions
Follow-up reminder calls and refresher courses for 12 months versus care as usual.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Reduction of the risk of nicotine-associated illness.

Secondary outcome measures
1. Quality of life improvement
2. Reduction in direct and indirect costs

Overall study start date
01/07/2006

Completion date
31/05/2009

Eligibility

Key inclusion criteria
1. Patients of the Nordseeklinik
2. Funded by the Deutsche Rentenversicherung Rheinland
3. Patients who are older than 18

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Sex
Both

Target number of participants
580

Key exclusion criteria
1. Patients who are younger than 18
2. Linguistic or intellectual deficits
3. Missing agreement

Date of first enrolment
01/07/2006

Date of final enrolment
31/05/2009

Locations

Countries of recruitment
Germany

Study participating centre
Bubertstr.4
Borkum
Germany
26757

Sponsor information

Organisation
Refonet (Germany)

Sponsor details
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Sponsor type
Industry

Website
http://www.refonet.de

ROR
https://ror.org/04yeh2x21

Funder(s)

Funder type
Industry

Funder Name
Refonet (Germany)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration