

# Project Spelregels: Prevention of aggression and conduct disorder in elementary school children by means of universal school and parent interventions

<b>Submission date</b> 09/01/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 09/01/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 17/09/2008	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Study website

<http://www.psy.vu.nl/spelregels>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

EMGO no.: WC 2005-042; NTR512

## **Study information**

**Scientific Title**

**Study objectives**

The two tested interventions (Good Behaviour Game and parent management training) will cause a decrease in aggression, victimisation, disruptive behaviour, anxiety and depression in elementary school children.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the local medical ethics committees

**Study design**

Randomised controlled parallel group trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Prevention

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Psychiatric, mental disorders/illness

**Interventions**

47 school classes in the Netherlands are included. Children from these school classes receive:  
1. The Good Behaviour Game (GBG) - a universal classroom intervention developed for the prevention of disruptive behaviour and the promotion of pro-social behaviour. Children in elementary school classes receive the GBG several times a week during two school years.

2. The GBG at school, the parents receive Opvoeden & Zo - a universal parent management training. Parents receive the training once during 6 sessions of 2 hours.
3. No GBG and the parents do not receive the parent training Opvoeden & Zo

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Decrease of disruptive behaviour

**Secondary outcome measures**

Effect of interventions on development of anxiety, depression and victimisation.

**Overall study start date**

01/03/2004

**Completion date**

01/07/2009

**Eligibility****Key inclusion criteria**

The Good Behaviour Game and the parent management training (Opvoeden & Zo) are universal preventive interventions. Therefore, there are no inclusion or exclusion criteria.

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

850

**Key exclusion criteria**

The Good Behaviour Game and the parent management training (Opvoeden & Zo) are universal preventive interventions. Therefore, there are no inclusion or exclusion criteria.

**Date of first enrolment**

01/03/2004

**Date of final enrolment**

01/07/2009

# Locations

## Countries of recruitment

Netherlands

## Study participating centre

Vrije Universiteit Amsterdam

Almere

Netherlands

1007 MB

# Sponsor information

## Organisation

Vrije Universiteit Amsterdam (The Netherlands)

## Sponsor details

FPP and Clinical Psychology Departments

P.O. Box 7057

Amsterdam

Netherlands

1007 MB

## Sponsor type

University/education

## ROR

<https://ror.org/008xxew50>

# Funder(s)

## Funder type

Research organisation

## Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration