# The effects of tetrahydrocannabinol on dopamine release

Submission date	Recruitment status  No longer recruiting	[X] Prospectively registered		
21/07/2006		☐ Protocol		
Registration date 21/07/2006	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
08/01/2021	Nervous System Diseases			

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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# Additional identifiers

Protocol serial number NL645, NTR706

# Study information

#### Scientific Title

The effects of tetrahydrocannabinol on dopamine release

#### Acronym

THC-PET study

#### **Study objectives**

Inhalation of delta9-tetrahydrocannabinol (THC) will stimulate dopamine release in striatum and its sub-regions

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised, double-blind, placebo-controlled, crossover trial

#### Primary study design

Interventional

#### Study type(s)

**Not Specified** 

#### Health condition(s) or problem(s) studied

No condition, healthy person

#### Interventions

Healthy subjects will inhale placebo or 8 mg of THC, the main psychoactive ingredient of cannabis, by means of a vaporizer.

## Intervention Type

Drug

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

**Tetrahydrocannabinol** 

### Primary outcome(s)

After inhalation of THC, dopamine release will be investigated using the 11C-raclopride displacement paradigm. Increase in striatal synaptic dopamine will be measured by the decline in D2 receptor availability to the binding of 11C-raclopride. This binding will be demonstrated using positron emission tomography (PET).

# Key secondary outcome(s))

Behavioral parameters (brief psychiatric rating scale [BPRS] and two visual analogue scale [VAS] questionnaires) and the concentration of plasma THC and its main metabolites will be obtained as well. Vital signs (blood pressure and heart rate) will be measured regularly.

# Completion date

# **Eligibility**

#### Key inclusion criteria

- 1. Aged between 18 and 45 years
- 2. History of mild cannabis use for at least one year (<1 per week and >=4 per year
- 3. History of no further illicit drug use
- 4. History of no psychotic experiences after cannabis use
- 5. Written informed consent of the subject

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Upper age limit

45 years

#### Sex

ΔII

#### Total final enrolment

7

#### Key exclusion criteria

- 1. Any clinically significant abnormality of any clinical laboratory test, including drug screening
- 2. Impaired physical health evaluated by medical history, physical (including neurological) examination and screening laboratory tests
- 3. Any major current psychiatric diagnosis on axis-1 of Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)
- 4. History of clinically significant psychiatric or neurological illness
- 5. History of clinically significant psychiatric or neurological illness in first- or second-degree relatives
- 6. History of alcohol and/or drug abuse (DSM-IV criteria)
- 7. Paranoid ideation or psychoticism on Symptom checklist-90 (SCL-90)
- 8. Any subject who has received any investigational medication within 90 days prior to the start of the study or who is scheduled to receive any investigational drugs
- 9. The use of any medication within three weeks prior to the start of the study, except for paracetamol
- 10. Positive human immunodeficiency virus (HIV) or hepatitis B or hepatitis C test
- 11. Blood donation within three months before the first day of test
- 12. Haemoglobin (Hb) must be =>8 mmol per liter (males) or =>7 mmol per liter (females)

- 13. Body mass index (BMI) between 18 and 28 kg/m^2
- 14. Claustrophobia
- 15. Metal objects in or around the body (braces, pacemaker, metal fragments)
- 16. Pregnancy and breast feeding
- 17. Exposure to radioactivity leading to a yearly cumulative dose of 10 mSv or more

#### Date of first enrolment

01/08/2006

#### Date of final enrolment

31/12/2006

# Locations

#### Countries of recruitment

Netherlands

Study participating centre
University Medical Center Utrecht (UMCU)
Utrecht
Netherlands
3584 CX

# Sponsor information

#### Organisation

University Medical Center Utrecht (UMCU), Department of Psychiatry (The Netherlands)

#### **ROR**

https://ror.org/0575yy874

# Funder(s)

#### Funder type

University/education

#### **Funder Name**

VU University Medical Center

#### **Funder Name**

University Medical Center Utrecht (UMCU)

#### Funder Name

Centre for Human Drug Research (CHDR), Leiden

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2009	08/01/2021	Yes	No