

# The effects of tetrahydrocannabinol on dopamine release

<b>Submission date</b> 21/07/2006	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 21/07/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 08/01/2021	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NL645, NTR706

## Study information

**Scientific Title**  
The effects of tetrahydrocannabinol on dopamine release

**Acronym**

THC-PET study

**Study objectives**

Inhalation of delta9-tetrahydrocannabinol (THC) will stimulate dopamine release in striatum and its sub-regions

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised, double-blind, placebo-controlled, crossover trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

No condition, healthy person

**Interventions**

Healthy subjects will inhale placebo or 8 mg of THC, the main psychoactive ingredient of cannabis, by means of a vaporizer.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Tetrahydrocannabinol

**Primary outcome(s)**

After inhalation of THC, dopamine release will be investigated using the 11C-raclopride displacement paradigm. Increase in striatal synaptic dopamine will be measured by the decline in D2 receptor availability to the binding of 11C-raclopride. This binding will be demonstrated using positron emission tomography (PET).

**Key secondary outcome(s)**

Behavioral parameters (brief psychiatric rating scale [BPRS] and two visual analogue scale [VAS] questionnaires) and the concentration of plasma THC and its main metabolites will be obtained as well. Vital signs (blood pressure and heart rate) will be measured regularly.

**Completion date**

31/12/2006

## Eligibility

### Key inclusion criteria

1. Aged between 18 and 45 years
2. History of mild cannabis use for at least one year (<1 per week and >=4 per year)
3. History of no further illicit drug use
4. History of no psychotic experiences after cannabis use
5. Written informed consent of the subject

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Upper age limit

45 years

### Sex

All

### Total final enrolment

7

### Key exclusion criteria

1. Any clinically significant abnormality of any clinical laboratory test, including drug screening
2. Impaired physical health evaluated by medical history, physical (including neurological) examination and screening laboratory tests
3. Any major current psychiatric diagnosis on axis-1 of Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)
4. History of clinically significant psychiatric or neurological illness
5. History of clinically significant psychiatric or neurological illness in first- or second-degree relatives
6. History of alcohol and/or drug abuse (DSM-IV criteria)
7. Paranoid ideation or psychoticism on Symptom checklist-90 (SCL-90)
8. Any subject who has received any investigational medication within 90 days prior to the start of the study or who is scheduled to receive any investigational drugs
9. The use of any medication within three weeks prior to the start of the study, except for paracetamol
10. Positive human immunodeficiency virus (HIV) or hepatitis B or hepatitis C test
11. Blood donation within three months before the first day of test
12. Haemoglobin (Hb) must be  $\geq 8$  mmol per liter (males) or  $\geq 7$  mmol per liter (females)

13. Body mass index (BMI) between 18 and 28 kg/m<sup>2</sup>
14. Claustrophobia
15. Metal objects in or around the body (braces, pacemaker, metal fragments)
16. Pregnancy and breast feeding
17. Exposure to radioactivity leading to a yearly cumulative dose of 10 mSv or more

**Date of first enrolment**

01/08/2006

**Date of final enrolment**

31/12/2006

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

University Medical Center Utrecht (UMCU)

Utrecht

Netherlands

3584 CX

## Sponsor information

**Organisation**

University Medical Center Utrecht (UMCU), Department of Psychiatry (The Netherlands)

**ROR**

<https://ror.org/0575yy874>

## Funder(s)

**Funder type**

University/education

**Funder Name**

VU University Medical Center

**Funder Name**

University Medical Center Utrecht (UMCU)

**Funder Name**

Centre for Human Drug Research (CHDR), Leiden

## Results and Publications

### Individual participant data (IPD) sharing plan

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2009	08/01/2021	Yes	No