

# Randomised controlled trial to evaluate the health effects of welfare advice accessed via primary health care: a pilot study

<b>Submission date</b> 05/10/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 14/10/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/11/2022	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Martin White

**Contact details**  
Public Health Research Group  
School of Population and Health Sciences  
University of Newcastle  
Medical School  
Framlington Place  
Newcastle upon Tyne  
United Kingdom  
NE2 4HH  
+44 (0)191 2226275  
martin.white@ncl.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## **Secondary identifying numbers**

DoHRCTP2

# **Study information**

## **Scientific Title**

Randomised controlled trial to evaluate the health effects of welfare advice accessed via primary health care: a pilot study

## **Acronym**

WRAP

## **Study objectives**

Differences in health or psycho-social outcomes will be found between those in receipt of additional financial and non-financial benefits and those receiving no financial gains

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Not provided at time of registration

## **Study design**

Randomised controlled trial

## **Primary study design**

Interventional

## **Secondary study design**

Randomised controlled trial

## **Study setting(s)**

Not specified

## **Study type(s)**

Not Specified

## **Participant information sheet**

## **Health condition(s) or problem(s) studied**

General health status

## **Interventions**

Intervention group: Full welfare benefits assessment and assistance with claims where appropriate.

The control group received the full intervention after a six-month delay.

## **Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Changes in health status, physical functioning, and levels of anxiety and depression.

**Secondary outcome measures**

Changes in health-related behaviours (diet, alcohol, tobacco and physical activity) and in psychosocial and economic factors

**Overall study start date**

18/02/2002

**Completion date**

31/03/2005

## Eligibility

**Key inclusion criteria**

Those aged 60 years and over living in Newcastle upon Tyne

**Participant type(s)**

Other

**Age group**

Senior

**Sex**

Both

**Target number of participants**

126

**Total final enrolment**

126

**Key exclusion criteria**

People living in residential or nursing care homes

**Date of first enrolment**

18/02/2002

**Date of final enrolment**

31/03/2005

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Public Health Research Group**  
Newcastle upon Tyne  
United Kingdom  
NE2 4HH

## Sponsor information

**Organisation**  
UK Department of Health

**Sponsor details**  
Christine McGuire  
Research and Development  
Room 716  
Department of Health  
Wellington House  
133-135 Waterloo Road  
London  
United Kingdom  
SE1 8UG

**Sponsor type**  
Government

## Funder(s)

**Funder type**  
Government

**Funder Name**  
UK Department of Health

## Results and Publications

**Publication and dissemination plan**  
Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

Not provided at time of registration

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Other publications</a>		08/03/2006		Yes	No
<a href="#">Results article</a>		21/06/2006		Yes	No