

# Randomised controlled trial to evaluate the health effects of welfare advice accessed via primary health care: a pilot study

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<b>Registration date</b> 14/10/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/11/2022	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Martin White

**Contact details**  
Public Health Research Group  
School of Population and Health Sciences  
University of Newcastle  
Medical School  
Framlington Place  
Newcastle upon Tyne  
United Kingdom  
NE2 4HH  
+44 (0)191 2226275  
martin.white@ncl.ac.uk

## Additional identifiers

**Protocol serial number**  
DoHRCTP2

## Study information

**Scientific Title**

Randomised controlled trial to evaluate the health effects of welfare advice accessed via primary health care: a pilot study

**Acronym**

WRAP

**Study objectives**

Differences in health or psycho-social outcomes will be found between those in receipt of additional financial and non-financial benefits and those receiving no financial gains

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

General health status

**Interventions**

Intervention group: Full welfare benefits assessment and assistance with claims where appropriate.

The control group received the full intervention after a six-month delay.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Changes in health status, physical functioning, and levels of anxiety and depression.

**Key secondary outcome(s)**

Changes in health-related behaviours (diet, alcohol, tobacco and physical activity) and in psycho-social and economic factors

**Completion date**

31/03/2005

# Eligibility

## Key inclusion criteria

Those aged 60 years and over living in Newcastle upon Tyne

## Participant type(s)

Other

## Healthy volunteers allowed

No

## Age group

Senior

## Sex

All

## Total final enrolment

126

## Key exclusion criteria

People living in residential or nursing care homes

## Date of first enrolment

18/02/2002

## Date of final enrolment

31/03/2005

# Locations

## Countries of recruitment

United Kingdom

England

## Study participating centre

Public Health Research Group

Newcastle upon Tyne

United Kingdom

NE2 4HH

# Sponsor information

## Organisation

UK Department of Health

## Funder(s)

### Funder type

Government

### Funder Name

UK Department of Health

## Results and Publications

### Individual participant data (IPD) sharing plan

Not provided at time of registration

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		21/06/2006		Yes	No
<a href="#">Other publications</a>		08/03/2006		Yes	No