# Oral desmopressin for treatment of adults with overactive bladder syndrome

Submission date Recruitment status [ ] Prospectively registered 05/07/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 21/07/2006 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 12/05/2011 **Urological and Genital Diseases** 

### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

**Prof Paul Abrams** 

#### Contact details

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### Additional identifiers

## Protocol serial number

QLK3-CT-2001-00987

# Study information

Scientific Title

**Acronym** 

#### **ACTION**

### **Study objectives**

Overactive bladder syndrome (OAB) is a symptom complex consisting of urgency, urgency incontinence (UUI), frequency and nocturia. This study looked at whether oral desmopressin, by decreasing urine production by the kidneys, would prolong bladder filling time thereby increasing the time to reach maximum capacity, thus reducing Overactive Bladder (OAB) symptoms, and providing an alternative method of treatment to OAB sufferers.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethical approval by the Southmead Local Ethics Research Committee was recieved 23/01/2004.

### Study design

Two-week, multi-national, multi-centre, phase IIb, double blind, prospective, randomised, crossover, placebo controlled trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Overactive bladder syndrome (OAB)

#### Interventions

0.2 mg oral desmopressin tablets versus placebo.

### Intervention Type

Drug

#### Phase

Phase II

### Drug/device/biological/vaccine name(s)

Desmopressin

### Primary outcome(s)

- 1. Evaluation of effectiveness of desmopressin in increasing the time to first unwanted event, in patients with overactive bladder, in the first eight hours of the day, following treatment.
- 2. Evaluation of the effect of desmopressin on quality of life in patients with overactive bladder syndrome using the International Confrontation on Incontinence (ICI) OAB short form questionnaire.

### Key secondary outcome(s))

Evaluation of effectiveness of desmopressin by decreasing the average number of unwanted events (micturitions, incontinence episodes, urgency episode), during the first eight hours of the day, following treatment.

### Completion date

14/07/2005

# Eligibility

### Key inclusion criteria

Male and female patients 18 years of age or older with overactive bladder syndrome if they have an average of four or more voids in the first eight hours of the day (excluding the first void in the morning) and/or more than one incontinence episode in the first eight hours of the day during the seven days screening period.

### Participant type(s)

**Patient** 

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Sex

All

### Key exclusion criteria

- 1. Consistent residual volume >150 ml
- 2. Abnormal levels of serum/plasma sodium
- 3. Newly started Benign Prostatic Hypertrophy (BPH) medical/surgical treatment
- 4. Diabetes insipidus/primary polydipsia
- 5. Multiple sclerosis
- 6. Stress urinary incontinence
- 7. Pelvic organ prolapse

### Date of first enrolment

03/05/2004

### Date of final enrolment

14/07/2005

### Locations

### Countries of recruitment

**United Kingdom** 

England

Study participating centre Bristol Urological Institute Bristol United Kingdom BS10 5NB

# Sponsor information

### Organisation

Bristol Urological Institute (UK)

### **ROR**

https://ror.org/036x6gt55

# Funder(s)

### Funder type

Government

### **Funder Name**

European Union (Belgium) - Grant (ref: QLK3-CT-2001-00987)

# **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2009		Yes	No