

A Single Blind Randomised Trial to Evaluate Physiotherapy for Back Pain Patients

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 02/12/2013	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Musculoskeletal diseases: Spinal conditions

Interventions

- i. Prompt intervention programme -given advice on staying active, advice on graded return to activity, an information booklet and immediately entered into an active physiotherapy programme.
- ii. Control - the group was given advice on staying active, advice on graded return to activity, an information booklet and an appointment to commence active physiotherapy 6 weeks later.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/01/2003

Eligibility**Key inclusion criteria**

Patients aged between 20 and 55 years, referred directly for physiotherapy by either General Practitioners (GP) or the hospital Accident and Emergency (A&E) department, were given a physical examination to identify those with simple acute low back pain (ALBP).

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Pregnancy, or 3 months post partum.

Involved in litigation

Already undergoing a physical therapy

Psychiatric problem

Other physically disabling condition

Date of first enrolment

10/01/2000

Date of final enrolment

31/01/2003

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Department of Health Studies

Middlesex

United Kingdom

TW7 5DU

Sponsor information**Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Physical and Complex Disabilities National Research and Development Programme

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2004		Yes	No