

A Single Blind Randomised Trial to Evaluate Physiotherapy for Back Pain Patients

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 02/12/2013	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Musculoskeletal diseases: Spinal conditions

Interventions

- i. Prompt intervention programme -given advice on staying active, advice on graded return to activity, an information booklet and immediately entered into an active physiotherapy programme.
- ii. Control - the group was given advice on staying active, advice on graded return to activity, an information booklet and an appointment to commence active physiotherapy 6 weeks later.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

10/01/2000

Completion date

31/01/2003

Eligibility

Key inclusion criteria

Patients aged between 20 and 55 years, referred directly for physiotherapy by either General Practitioners (GP) or the hospital Accident and Emergency (A&E) department, were given a physical examination to identify those with simple acute low back pain (ALBP).

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Pregnancy, or 3 months post partum.
Involved in litigation
Already undergoing a physical therapy
Psychiatric problem
Other physically disabling condition

Date of first enrolment

10/01/2000

Date of final enrolment

31/01/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
Department of Health Studies
Middlesex
United Kingdom
TW7 5DU

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

NHS Physical and Complex Disabilities National Research and Development Programme

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2004		Yes	No