

# Evaluation of the Incredible Years Infant programme

<b>Submission date</b> 17/09/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 06/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 04/10/2017	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
3; 10/WNo01/40

## Study information

**Scientific Title**

Prevention of conduct problems and anti-social behaviour in at risk infants: a small scale cluster, non-randomised trial

## **Acronym**

IY Infant evaluation

## **Study objectives**

The main hypothesis is that attendance at an Incredible Years Infant group for 8 weeks will increase parental confidence and encourage positive parenting as measured using the coded observed interactions and expressed emotion at the 6- and 12-month post baseline follow-up visit.

Other areas of interest in this study are the level of appropriate stimulation provided to the infants, which could encourage the developmental quotient of the infants. Parental mental well-being may be improved through the supportive environment and encouragement of participants to link up with other group members for support both during and after the group. The emphasis on safety issues may raise parents' awareness of the potential hazards and action needed to prevent unintentional injury in the home. As the results of the toddler study suggests maternal mental well-being may increase following attendance on the infant programme.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

1. Bangor University School of Psychology Ethics Committee, 16/07/2010
2. NHS North Wales Research Ethics Committee (REC), 19/07/2010, ref: 10/WNo01/40
3. NHS R&D Internal review panel, 05/08/2010

## **Study design**

Small scale cluster non-randomised trial using a stepped wedge design

## **Primary study design**

Interventional

## **Study type(s)**

Prevention

## **Health condition(s) or problem(s) studied**

Infant development, carer well being

## **Interventions**

The Incredible Years Infant programme (Webster-Stratton, 2008) is delivered in a group format to parents and their babies over 8 x 2 hour sessions. The programme is aimed at encouraging parent understanding of parenting and infant development in the first 12 months.

## **Intervention Type**

Other

## **Phase**

Not Applicable

**Primary outcome(s)**

Video recorded coding of interactions between the primary caregiver and their child at the 6- and 12-month post -baseline follow-up visit.

**Key secondary outcome(s)**

1. Assessment of the home environment: provision of suitable environment and safety awareness of the parent
2. Assessment of maternal mental health
3. Child developmental assessment

All outcomes will be measured at baseline, 6 months post-baseline and 12 months post-baseline.

**Completion date**

01/11/2012

**Eligibility****Key inclusion criteria**

1. Participants must have babies that are 2 - 16 weeks old at the baseline visits and are deemed by their Health visitor to live on a low income
2. Intervention families must agree to attend the 8-week programme with their baby

**Participant type(s)**

Healthy volunteer

**Healthy volunteers allowed**

No

**Age group**

Mixed

**Sex**

All

**Key exclusion criteria**

1. Parents that have previously attended a Baby parenting programme are excluded from the research
2. Families that live beyond North and Mid Wales are excluded as Group leaders will need to attend weekly supervisory meetings and families will need home visits by the researcher. One Intervention cluster will provide parent-completed measures collected by their group leader.

**Date of first enrolment**

21/09/2010

**Date of final enrolment**

01/11/2012

**Locations**

**Countries of recruitment**

United Kingdom

Wales

**Study participating centre****Incredible Years Centre**

Bangor

United Kingdom

LL57 2PZ

**Sponsor information****Organisation**

Bangor University (UK)

**ROR**

<https://ror.org/006jb1a24>

**Funder(s)****Funder type**

Other

**Funder Name**

European Social Funded Knowledge Economy Skills Scholarship (KESS) managed by

**Funder Name**

Bangor University (UK)

**Alternative Name(s)****Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Universities (academic only)

**Location**

United Kingdom

## Funder Name

Incredible Years Wales charity (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	15/07/2016		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes