ISRCTN62134865 https://doi.org/10.1186/ISRCTN62134865

Randomised controlled trial of a specialist behaviour therapy team versus treatment as usual

Submission date
08/03/2006

Recruitment status
No longer recruiting

Registration date
25/05/2006

Overall study status
Completed

Last Edited
16/11/2009

Condition category
Mental and Behavioural Disorders

[_] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
NRR: N0628169668

Study information

Scientific Title

Acronym
REBILD

Study objectives
1. Specialist behaviour therapy services for challenging behaviour (CB) do not significantly reduce such behaviour in adults with learning disability as measured by the Aberrant Behaviour Checklist (ABC)
2. There is no difference in cost effectiveness between the two models

Ethics approval required
Old ethics approval format

Ethics approval(s)
West Essex Local Research Ethics Committee, approval date: 08/04/2005, reference number: 05/Q0301/9

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Challenging behaviour

Interventions
Specialist behaviour team administering behaviour therapy versus treatment as usual

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Reduction in CB as measured by the ABC over the follow-up period

Secondary outcome measures
1. Improvement in mental state
2. Increase in quality of life scores
3. Reduction in carer burden and cost effectiveness as shown by reduction in care costs

Overall study start date
01/04/2005

Completion date
31/03/2008

Eligibility

Key inclusion criteria
1. People over 16 years of age
2. All levels of learning disability (LD)

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
60

Key exclusion criteria
1. Mental illness or substance use if the main reason for CB
2. Medical illness if the main cause of CB

Date of first enrolment
01/04/2005

Date of final enrolment
31/03/2008

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Department of Mental Health Sciences
London
United Kingdom
W1W 7EY

Sponsor information

Organisation
South Essex Partnership NHS Trust (UK)

Sponsor details
Trust Head Office
Dunton Court
Aston Road
Laindon
England
United Kingdom
SS15 6NX
+44 (0)1375 364650
chief.executive@southessex-trust.nhs.uk

Sponsor type
Hospital/treatment centre

ROR
https://ror.org/05v823t63

Funder(s)

Funder type
Government

Funder Name
South Essex Partnership NHS Trust (UK) (Grant reference number: GRG3)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2009		Yes	No