

A new practical self-help intervention to enable alcoholics and opiate addicts to relax and cope with unwanted urges and cravings

Submission date 30/09/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 30/09/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 11/08/2016	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0038104052

Study information

Scientific Title

A new practical self-help intervention to enable alcoholics and opiate addicts to relax and cope with unwanted urges and cravings

Study objectives

Does a self-help intervention based on EMD-R (Eye Movement Desensitisation and Reprocessing) help alcohol and opiate addicts relax and cope with cravings/urges?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Drug abuse

Interventions

Group A. Treatment As Usual (TAU)

Group B. TAU and Eye Movement Desensitisation and Reprocessing (END-R)

Trial without blinding to treatment as usual, or one session of training and experience in the use of bilateral alternating auditory stimulation as a self help therapy

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Measures of ability to deal with stress/pressures: Visual Analogue Scale (VAS), Hassles and Uplifts Scale (Kanner et al 1981)
2. Measures of ability to resist cravings (urges, VAS, Drug-Taking Confidence Questionnaire [DTCQ], Situational Confidence)

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/07/2003

Eligibility

Key inclusion criteria

Opiate and alcohol dependent clients being referred for treatment or currently in treatment at the North Somerset Specialist Drug and Alcohol Service.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/02/2002

Date of final enrolment

01/07/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

North Somerset Specialist Drug & Alcohol Service

Weston super Mare

United Kingdom

BS23 1PG

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Avon and Wiltshire Mental Health Partnership NHS Trust

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration