

A new practical self-help intervention to enable alcoholics and opiate addicts to relax and cope with unwanted urges and cravings

Submission date 30/09/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 30/09/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 11/08/2016	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0038104052

Study information

Scientific Title

A new practical self-help intervention to enable alcoholics and opiate addicts to relax and cope with unwanted urges and cravings

Study objectives

Does a self-help intervention based on EMD-R (Eye Movement Desensitisation and Reprocessing) help alcohol and opiate addicts relax and cope with cravings/urges?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Drug abuse

Interventions

Group A. Treatment As Usual (TAU)

Group B. TAU and Eye Movement Desensitisation and Reprocessing (END-R)

Trial without blinding to treatment as usual, or one session of training and experience in the use of bilateral alternating auditory stimulation as a self help therapy

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Measures of ability to deal with stress/pressures: Visual Analogue Scale (VAS), Hassles and Uplifts Scale (Kanner et al 1981)
2. Measures of ability to resist cravings (urges, VAS, Drug-Taking Confidence Questionnaire [DTCQ], Situational Confidence)

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/02/2002

Completion date

01/07/2003

Eligibility

Key inclusion criteria

Opiate and alcohol dependent clients being referred for treatment or currently in treatment at the North Somerset Specialist Drug and Alcohol Service.

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/02/2002

Date of final enrolment

01/07/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
North Somerset Specialist Drug & Alcohol Service
Weston super Mare
United Kingdom
BS23 1PG

Sponsor information

Organisation
Department of Health

Sponsor details
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type
Government

Website
<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type
Hospital/treatment centre

Funder Name
Avon and Wiltshire Mental Health Partnership NHS Trust

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration