# Helicobacter pylori eradication - which is the best regimen: classic triple therapy or sequential therapy?

Recruitment status	<ul><li>Prospectively registered</li></ul>
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	[X] Results
Condition category	[] Individual participant data
	No longer recruiting  Overall study status  Completed

### Plain English summary of protocol

Background and study aims

Helicobacter pylori (H. pylori) is a bacterium related to peptic ulcers and gastric cancer. Elimination of this bacterium is important to reduce the risk of diseases mentioned above. This study compares the effectiveness of two different eradication treatments.

### Who can participate?

Patients with indigestion caused by H. pylori infection can participate in the study.

### What does the study involve?

Patients will be randomly allocated to one of two treatment groups. Patients have to take pills of two different drug combinations based on the group to which they are allocated for 10 days.

## What are the possible benefits and risks of participating?

Patients may benefit from indigestion relief, cure of the ulcers and prevention of gastric cancer. The risks due to the procedures and the side effects due to the drugs are low.

### Where is the study run from?

The study is run in the outpatients gastroenterological unit of Hospital das Clinicas, São Paulo, Brazil.

When is study starting and how long is it expected to run for? The study started in March 2013 and will finish in December 2013.

### Who is funding the study?

The study is funded by Medley S.A. Indústria Farmacêutica and Hospital das Clínicas da Faculdade de Medicina da USP, Brazil.

Who is the main contact? Dr Fernando Marcuz Silva fernando.marcuz@hc.fm.usp.br

# Contact information

### Type(s)

Scientific

### Contact name

Dr Jaime Eisig

### Contact details

Rua Albuquerque Lins 848, comp 112 Sao Paulo Brazil 01230-000

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

### Scientific Title

Helicobacter pylori eradication: sequential versus classic triple therapy: a prospective randomized controlled double-blind study

### **Study objectives**

Due the increasing antibiotic resistance, sequential therapy can be an alternative to classic regime, in Helicobacter pylori eradication. But, in Brazil there are no works verifying the efficacy of the sequential and it is possible that classic regime still has good efficacy.

## Ethics approval required

Old ethics approval format

# Ethics approval(s)

University of Sao Paulo Ethical Commitee, 08/05/2013

## Study design

Prospective randomized controlled double-blind study

# Primary study design

Interventional

## Secondary study design

### Randomised controlled trial

### Study setting(s)

GP practice

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Epigastric pain with normal or altered endoscopy

### Interventions

100 peptic ulcer or functional dyspepsia patients randomized to two eradication regimens - two arms Helicobacter pylori eradication study:

- 1. Amoxicillin + clarithromycin + lansoprazole for 10 days
- 2. Amoxicillin + lanzoprazole 5 days, followed by clarithromycin + tinidazole + lansoprazole 5 days Route of administration: Oral

The pills are packed in blisters and the control is done by counting of the pills from one of the investigators.

### Intervention Type

Drug

### Phase

Not Applicable

### Drug/device/biological/vaccine name(s)

Amoxicillin, clarithromycin, lansoprazole and tinidazole

### Primary outcome measure

- 1. Eradication rates
- 2. Cure rates will be achieved by endoscopy or UBT performed two months after the end of the treatment

### Secondary outcome measures

Adverse effects are assessed by a questionnaire at the final visit

### Overall study start date

12/08/2013

### Completion date

31/12/2013

# **Eligibility**

### Key inclusion criteria

- 1. Outpatients with organic or functional dyspepsia
- 2. Aged between 18 and 80 years
- 3. Helicobacter pylori diagnosis confirmed by histology, rapid urease test or urea breath test (UBT)
- 4. No previous eradication history
- 5. Patients need to sign and understand the informed consent term

### Participant type(s)

Patient

### Age group

Adult

### Lower age limit

18 Years

### Sex

Both

### Target number of participants

100

### Total final enrolment

100

### Key exclusion criteria

- 1. Chronic or regular use of anabolic androgenic steroids (AAS) or non-steroidal anti-inflammatory drug (NSAID)
- 2. Recent antibiotic use (at least 30 days) before the study inclusion or before eradication control
- 3. Complicated peptic ulcer (Forrest I, Forrest II), bulbar stenosis
- 4. Pregnant or breastfeeding women
- 5. Previous gastric surgery
- 6. Consumptive renal, cardiac, hepatic insuficiency diseases

### Date of first enrolment

12/08/2013

### Date of final enrolment

31/12/2013

# Locations

### Countries of recruitment

Brazil

### Study participating centre

### Rua Albuquerque Lins 848, comp 112

Sao Paulo Brazil 01230-000

# Sponsor information

### Organisation

Hospital das Clínicas da Faculdade de Medicina da USP (Brazil)

### Sponsor details

Rua Dr. Ovídio Pires de Campos 225 - Cerqueira César Sao Paulo Brazil 05403-010

### Sponsor type

Hospital/treatment centre

### **ROR**

https://ror.org/03se9eg94

# Funder(s)

### Funder type

Industry

### **Funder Name**

The drugs are a courtesy of Medley S.A. Indústria Farmacêutica, Brazil but the tests are paid by Hospital das Clínicas da Faculdade de Medicina da USP, Brazil in routine care of patients with gastric diseases

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2015	17/12/2020	Yes	No