

Action community engagement groups

Submission date	Recruitment status	<input checked="" type="checkbox"/> Prospectively registered
17/07/2025	No longer recruiting	<input type="checkbox"/> Protocol
Registration date	Overall study status	<input type="checkbox"/> Statistical analysis plan
23/07/2025	Ongoing	<input type="checkbox"/> Results
Last Edited	Condition category	<input type="checkbox"/> Individual participant data
18/07/2025	Other	<input checked="" type="checkbox"/> Record updated in last year

Plain English summary of protocol

Background and study aims

The purpose of the study is to implement a project that is based on the components of the age liberation framework, and the research on which it is based, described in *Breaking the Age Code: How Your Age Beliefs Determine How Long and Well You Live* (Levy, 2022). The project's aim is to reduce ageism, which has become a public health crisis.

Who can participate?

Participants who live in one of two communities, are aged 18 years and older and are fluent in English

What does the study involve?

Participants will respond to baseline questions about their background, participate in educational modules and then respond to follow-up assessment questions. This is a study that will compare the exposure of participants to one of two conditions, each of which will include a set of four educational modules presented in groups. In the intervention condition, the participants will learn about age beliefs and ageism. In the comparison condition, participants will learn about local history.

What are the possible benefits and risks of participating?

Not provided at time of registration

Where is the study run from?

The study will be conducted in two communities in Illinois (USA)

When is the study starting and how long is it expected to run for?

June 2025 to August 2026

Who is funding the study?

Smith Tieken Foundation (USA)

Who is the main contact?

Prof. Becca Levy, Becca.Levy@yale.edu

Contact information

Type(s)

Public, Scientific, Principal investigator

Contact name

Prof Becca Levy

Contact details

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

2000040054

Study information

Scientific Title

Action community engagement groups of town residents

Study objectives

The purpose of the study is to implement a project that is based on the components of the age liberation framework, and the research on which it is based, described in *Breaking the Age Code: How Your Age Beliefs Determine How Long and Well You Live* (Levy, 2022). The project is designed to reduce ageism, which has become a public health crisis.

Ethics approval required

Ethics approval required

Ethics approval(s)

approved 24/06/2025, Yale Human Research Protection Program (25 Science Park, New Haven, 06520, United States of America; +1 (0)203 785 4688; HRPP@yale.edu), ref: 2000040054

Study design

Non-randomized study

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Age beliefs and ageism

Interventions

This is a study that will compare the exposure of participants to one of two conditions, each of which will include a set of four educational modules presented in groups. In the intervention condition, the participants will learn about age beliefs and ageism. In the comparison condition, participants will learn about local town history. All participants will be assessed at baseline and after the intervention ends.

Intervention Type

Behavioural

Primary outcome(s)

Views of ageing measured by age belief questions asked after the educational modules

Key secondary outcome(s)

Views of ageism will be measured by open-ended questions about ageism in the environment, asked after the educational modules

Completion date

08/08/2026

Eligibility

Key inclusion criteria

The primary participants must be fluent in English and residents of one of the towns we are studying

Participant type(s)

Healthy volunteer

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Younger than 18 years
2. Not fluent in English

Date of first enrolment

08/08/2025

Date of final enrolment

05/02/2026

Locations

Countries of recruitment

United States of America

Study participating centre

Community centers in each town

Illinois

United States of America

60130

Sponsor information

Organisation

Smith Tieken Foundation

Funder(s)

Funder type

Charity

Funder Name

Smith Tieken Foundation

Results and Publications

Individual participant data (IPD) sharing plan

As some of the participant information may include identifying information, this information will be kept confidential.

IPD sharing plan summary

Not expected to be made available

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes