

# Individually adapted therapy duration from 24 to 72 weeks for the treatment of a chronic hepatitis C genotype one infection with peginterferon alfa-2b plus ribavirin in dependence of the initial concentration and the decline of the hepatitis C virus ribonucleic acid

<b>Submission date</b> 09/08/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 04/09/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 11/04/2019	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**ClinicalTrials.gov (NCT)**

NCT00351403

**Protocol serial number**

P04755

## Study information

**Scientific Title**

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**Acronym**

INDIV-2

### Study objectives

Patients with chronic hepatitis C genotype one virus infection are usually treated with interferon alfa plus ribavirin over 48 weeks. For some patients this might be too long, for others too short. An individually adapted therapy length from 24 to 72 weeks will be determined in dependence of the initial virus load and the time to Hepatitis C Virus RiboNucleic Acid (HCV RNA) negativity.

The primary objective is to compare the cumulative rate of the Sustained Viral Response (SVR) of the patients with the individually adapted therapy duration to the SVR rates of a historic patient collective under the 48 week standard therapy.

Other objectives include:

1. To record the tolerance of the therapy with peginterferon alfa-2b plus ribavirin over 72 weeks inclusive the adverse reactions and the withdrawal rates.
2. To evaluate the biochemical response to the treatment (Alanine Aminotransferase [ALT] values during and after the therapy) in comparison to the virological response to the treatment.
3. To evaluate the validity of the withdrawal rules of this trial at week 12 and 24 in comparison to the two-log-rule and a qualitative detection of the HCV RNA at week 24 with a detection limit of 50 IU/ml.
4. To evaluate the impact of the HCV RNA concentration before the therapy, and the HCV kinetic during the therapy on the response to the treatment in the different groups.
5. To evaluate the impact of the serum concentration of ribavirin on anaemia and the virological therapy response, as well as the dependence of the serum concentration of ribavirin on the creatinine clearance in comparison to the body weight.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethics commission of the physician chamber of the Saarland approved on 31st May 2006 (reference number: 56/06).

### Study design

Non-randomised, open label, historical control, parallel assignment, safety/efficacy study.

### Primary study design

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Chronic hepatitis C genotype one infection

**Interventions**

Adapted therapy duration from 24 to 72 with peginterferon alfa-2b plus ribavirin.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Peginterferon alfa-2b and ribavirin

**Primary outcome(s)**

Sustained viral response (HCV RNA negativity 24 weeks after end of treatment).

**Key secondary outcome(s)**

1. Percentage of patients with a normal GPT level 24 weeks after end of treatment (sustained biochemical response rate)
2. Percentage of patients with HCV RNA negativity at the end of the therapy (virological end of treatment response rate)
3. Percentage of patients with a normal GPT level at the end of the therapy (biochemical end of treatment response rate)
4. Explorative examination of pretherapeutic parameters

**Completion date**

15/06/2009

**Eligibility****Key inclusion criteria**

1. Patients with a chronic HCV infection (HCV antibodies and HCV RNA positive)
2. Presence of a HCV genotype one infection
3. Presence of a compensated liver disease satisfying following hematological and biochemical minimum criteria:
  - a. Haemoglobin value more than or equal to 13 g/dl in men, more than or equal to 12 g/dl in women
  - b. Leukocytes more than or equal to 3.000/mm<sup>3</sup> or neutrophil granulocytes more than 1.500 /mm<sup>3</sup>
  - c. Thrombocytes more than 80.000/mm<sup>3</sup>
4. Total bilirubin in the normal range
5. Albumin in the normal range
6. Serum creatinine in the normal range
7. Thyroid Stimulating Hormone (TSH) in the normal range
8. Exclusion of an autoimmune hepatitis

9. Alpha-Fetoprotein in the normal range
10. Negative Human Immunodeficiency Virus (HIV) test
11. Negativity of Hepatitis B surface antigens (HBsAg)
12. Normal or elevated ALT/Glutamic Pyruvic Transaminase (GPT) values at screening
13. At known diabetes mellitus or hypertension an ophthalmologic examination must be performed
14. Liver biopsy within the last 12 months must confirm the diagnoses of a chronic hepatitis
15. A confirmation must be given that sexually active patients practice a safe method of contraception during the therapy and six (women) to seven (men) months after the therapy

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

### **Key exclusion criteria**

1. Aged under 18 years, or over 70 years
2. Previous treatment of hepatitis C with (peg)interferon alfa or (peg)interferon alfa/ribavirin
3. Patients with organ transplantations other than cornea or hair
4. Infection with HCV genotype two, three, four, five or six
5. Pregnant or nursing women
6. Any other reason for the liver disease than chronic hepatitis C
7. Suspected hypersensitivity to interferon, peginterferon or ribavirin
8. Participation in a clinical trial or treatment with an investigational product 30 days before inclusion in this study
9. Patients with any kind of hemoglobinopathy
10. Documented liver disease in advanced state liver cirrhosis (Child-Pugh classes B and C)
11. Such known and existing clinical conditions that might challenge the participation or completion of this clinical trial such as depressions, psychosis, severe psychiatric diseases, suicide ideations, Central Nervous System (CNS) traumata or cramps which need medicamentous treatment
12. Relevant cardiovascular dysfunctions in the last six months or patients with clinically relevant changes in their Electrocardiogram (ECG)
13. Insufficiently adjusted diabetes mellitus
14. Severe chronic lung diseases (as e.g. Chronic Obstructive Pulmonary Disease [COPD])
15. Immunologic diseases or autoimmune diseases or any other disease which demands a long-time treatment with corticosteroids during this clinical trial
16. Clinically relevant gout
17. Abuse of drugs, alcohol or pharmaceuticals
18. Patient with clinically relevant changes of the retina
19. Missing ability or willingness to understand the purpose of this study or to give a written consent for participating in this study

### **Date of first enrolment**

15/07/2006

**Date of final enrolment**

15/06/2009

## Locations

**Countries of recruitment**

Germany

**Study participating centre**

**Saarland University Hospital**

Homburg/Saar

Germany

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## Sponsor information

**Organisation**

Saarland University Hospital (Universitätsklinikum des Saarlandes) (Germany)

**ROR**

<https://ror.org/01jdpv68>

## Funder(s)

**Funder type**

University/education

**Funder Name**

Saarland University Hospital (Universitätsklinikum des Saarlandes) (Germany)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2011	14/02/2019	Yes	No