

# Validation of the Alice PDX Diagnostic System in predicting obstructive sleep apnoea (OSA)

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 12/04/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 12/04/2010	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Georg Nilius

**Contact details**  
HELIOS-Klinik Hagen-Ambrock  
Ambroker Weg  
Hagen  
Germany  
60 58091  
+49 (0)2331 974 2000  
georg.nilius@helios-kliniken.de

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
EAME08PDX01

# Study information

## Scientific Title

Validation of the Alice PDX Diagnostic System in predicting obstructive sleep apnoea (OSA): a single blind randomised crossover study

## Acronym

Alice PDX

## Study objectives

There will be clinical agreement in the Apnoea Hypopnoea Index (AHI) obtained from simultaneous Alice PDX-in lab and in lab-polysomnographic (PSG) recordings, and the AHI obtained from the PDX-home recording. The differences between the AHI from the PSG and PDX-home will not be greater than two PSGs conducted on two different nights.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

1. Germany: Ethik-Kommission in Witten approved on the 17th March 2009
2. France: Comite de Protection des Personnes Ile de France no. 1 approved on the 27th April 2009

## Study design

Single blind randomised crossover study

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Screening

## Participant information sheet

Not available in web format, please use the sponsor details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Obstructive sleep apnoea (OSA)

## Interventions

Baseline demographic information will be collected. At baseline symptoms of snoring, sleepiness and associated features of OSA will be captured on the Berlin and Epworth Questionnaires.

Subjects will undergo three sleep evaluations:

1. The Alice PDX will be used at home on one night
2. The Alice PDX will be used at the same time as one of the PSGs in the sleep laboratory on another night
3. A separate PSG will be carried out in the sleep laboratory without the Alice PDX on a third night

The sequence of the sleep evaluations will be determined randomly. All evaluations will take place within a two week period.

As a minimum the following parameters will be obtained:

1. Total recording time
2. Total sleep time
3. Sleep latency
4. Sleep efficiency
5. Sleep stage distribution
6. Arousals
7. Awakenings
8. Apnoea Hypopnoea Index (AHI)
9. Oxygen saturation

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome measure**

Apnoea Hypopnoea Index (AHI) measured by polysomnography and polygraphy (Alice PDX). Measured over three nights in a random order of either:

1. PDX at home
2. PDX and In-Lab PSG at the same time
3. In-Lab PSG

### **Secondary outcome measures**

1. Apnoea
2. Hypopnoea
3. Supine AHI
4. Total recording time
5. Arousals
6. Desaturation

All will be measured by polysomnography and polygraphy (Alice PDX) as detailed for the primary outcome measures.

### **Overall study start date**

28/09/2009

### **Completion date**

28/09/2010

## **Eligibility**

**Key inclusion criteria**

1. Male and female patients greater than 21 years of age
2. Suspected obstructive sleep apnoea (OSA) or (or suspected simple snorers)
3. Ability to provide consent
4. Ability and willingness to follow study procedures

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

80

**Key exclusion criteria**

1. Previous diagnosis of OSA
2. Presence or suspicion of another sleep disorder
3. Acute illness (including cardiac and pulmonary diseases), medically complicated or medically unstable
4. Patients requiring supplemental oxygen or mechanical ventilation
5. Drug abuse (both acute and chronic) according to the Drug Abuse Screening Test (DAST) criteria
6. Alcohol abuse (both acute and chronic) according to the CAGE criteria
7. Intake of excessive central relevant drugs, sedatives, or other drugs which impair sleep, as judged by the investigator
8. Psychiatric or neurological diseases resulting in impairment of sleep
9. Thyroidal dysfunction
10. Chronic pain syndromes
11. Chronic cardiac, pulmonary or other internal diseases resulting in impairment of sleep
12. Unwilling to participate in the study
13. Participation in another clinical study in the past 4 weeks

**Date of first enrolment**

28/09/2009

**Date of final enrolment**

28/09/2010

**Locations****Countries of recruitment**

France

Germany

**Study participating centre**  
**HELIOS-Klinik Hagen-Ambrock**  
Hagen  
Germany  
60 58091

## **Sponsor information**

### **Organisation**

Respironics International, Inc (France) - Philips Home Healthcare Solutions

### **Sponsor details**

c/o Steven Coughlin  
Immeuble Hermes  
20 rue Jacques Daguerre  
Rueil Malmaison  
Paris  
France  
92565  
+44 (0)870 423 1318  
steven.coughlin@philips.com

### **Sponsor type**

Industry

### **Website**

<http://www.respironics.com>

### **ROR**

<https://ror.org/05jz46060>

## **Funder(s)**

### **Funder type**

Industry

### **Funder Name**

Respironics International, Inc (France) - Philips Home Healthcare Solutions

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration