# Targeted pharmacological reversal of electrical remodeling after cardioversion

Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
	[X] Protocol		
Overall study status	Statistical analysis plan		
Completed	[X] Results		
Condition category	[] Individual participant data		
	No longer recruiting  Overall study status  Completed		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Paulus Kirchhof

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

NCT00215774

Secondary identifying numbers

**AFNET-B11** 

# Study information

#### Scientific Title

Targeted pharmacological reversal of electrical remodeling after cardioversion

#### Acronym

Flec-SL

## **Study objectives**

Targeted, short-term pharmacological reversal of electrical remodeling is not inferior to prevent recurrent AF after cardioversion when compared to standard long-term antiarrhythmic medication.

On 05/10/2009 the following changes were made to the trial record :

- 1. The target number of participants was changed from 760 to 575.
- 2. The overall trial end date was changed from 30/06/2008 to 01/05/2011.

On 13/10/2009 the target number of participants was changed from 575 to 635.

# Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics Committee of Ärztekammer Westfalen-Lippe and the Faculty of Medicine, Westfälischen Wilhelms University of Münster, November 2004, ref: 4 VII Kirchhof

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Prevention

# Participant information sheet

# Health condition(s) or problem(s) studied

Atrial fibrillation (AF)

#### Interventions

Targeted, short-term pharmacological reversal of electrical remodeling is not inferior to prevent recurrent AF after cardioversion when compared to standard long-term antiarrhythmic medication.

# Intervention Type

Other

#### **Phase**

**Not Specified** 

### Primary outcome measure

Time to first recurrence of persistent AF

### Secondary outcome measures

- 1. Time to first occurrence of a documented relapse of atrial fibrillation
- 2. Number of patients with persistent AF after 6 months
- 3. Number and total duration of documented AF episodes
- 4. Time to termination of trial medication
- 5. Number of hospitalizations due to atrial fibrillation
- 6. Number of visits without hospitalization
- 7. Number of serious adverse events of special interest
- 8. Evolution of left ventricular function
- 9. Quality of life

#### Overall study start date

01/03/2005

# Completion date

01/05/2011

# Eligibility

#### Key inclusion criteria

- 1. Documented persistent atrial fibrillation
- 2. Age of 18 years
- 3. Documented oral anticoagulation (international normalized ratio [INR] ≥2) for at least three weeks prior to inclusion, or exclusion of left atrial thrombi by trans-esophageal echocardiography
- 4. Written informed consent of the patient

# Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

635

## Key exclusion criteria

Exclusion criteria are based on the approval information of flecainide and include, among others, patients with known coronary artery disease or typical angina pectoris, patients with depressed left ventricular ejection fraction (<40%), patients with severely depressed renal or hepatic function, patients with overt thyroid disease, and patients with known Brugada syndrome, sinus node dysfunction or higher degree AV nodal block.

#### Date of first enrolment

01/03/2005

#### Date of final enrolment

31/10/2009

# Locations

#### Countries of recruitment

England

Germany

United Kingdom

# Study participating centre University of Birmingham Centre for Cardiovascular Sciences Birmingham

United Kingdom B15 2TT

# Sponsor information

## Organisation

German Atrial Fibrillation competence NETwork (AFNET) (Kompetenznetz Vorhofflimmern) (Germany)

# Sponsor details

Domagkstr. 11 Münster Germany 48149 +49 (0)251-83- 45341 info@kompetenznetz-vorhofflimmern.de

# Sponsor type

Government

#### Website

http://www.kompetenznetz-vorhofflimmern.de/

#### ROR

https://ror.org/01spm3d88

# Funder(s)

# Funder type

Industry

#### **Funder Name**

German Atrial Fibrillation competence NETwork (AFNET) (Kompetenznetz Vorhofflimmern) with funds of the German Research Foundation (Deutsche Forschunggemeinschaft [DFG]) and the Federal Ministry of Education and Research (Bundesministerium für Bildung und Forschung [BMBF]) (Germany)

#### **Funder Name**

Meda Pharma (Germany)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
<u>Protocol article</u>	protocol	01/11/2005		Yes	No
Other publications	publication with some data on the Flec-SL trial:	01/11/2007		Yes	No
Results article	results	21/07/2012		Yes	No
Results article	results	18/09/2012		Yes	No

Results article results 09/10/2013 Yes No