

A randomised controlled pilot study to assess the benefit of using Reiki to treat chronic plaque psoriasis

Submission date
05/10/2007

Recruitment status
No longer recruiting

Registration date
19/12/2007

Overall study status
Completed

Last Edited
08/04/2016

Condition category
Skin and Connective Tissue Diseases

- ☐ Prospectively registered
- ☐ Protocol
- ☐ Statistical analysis plan
- ☐ Results
- ☐ Individual participant data
- ☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

RAP study 2007

Study information

Scientific Title

A randomised controlled pilot study to assess the benefit of using Reiki to treat chronic plaque psoriasis

Acronym

RAP

Study objectives

That the use of Reiki healing treatment of moderate to severe psoriasis is measurably effective and the same results are able to be reproduced by any Reiki II practitioner.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the Devon and Torbay Research Ethics Committee (REC) on the 4th October 2007 (ref: 07/H0202/108).

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Chronic plaque psoriasis

Interventions

Arm A: conventional topical treatment (as per current local practice may include the following: emollients, vitamin D creams and ointments [calcipotriol etc.], tar preparations [Alphosyl and Exorex] and topical steroids or combinations of the above - applied twice daily as per instructions per standard practice, dependant on the topical treatment of choice) and five Reiki treatments given over a 3 month period.

Arm B: five consecutive reiki treatments only over 3 months but advised to continue using moisturisers.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Physical Assessment: using the Psoriasis Area and Severity Index (PASI) assessment tool, validated by photographic evidence
2. Quality of Life Assessments with Dermatology Life Quality Index (DLQI) to show to which degree the psoriasis affects the patient's normal activities
3. Psychological assessment (12-item General Health Questionnaire [GHQ12]) to show if there

has been any general improvement in the quality of life, regardless of the state of psoriasis

4. Health Economics Assessment

Key secondary outcome(s))

1. The Healing Assessment (HA) 1.1 will identify any possible trends in psychological triggers
2. The Healing Assessment (HA) 2.1 will be used to assess the relevance of any unusual experiences during treatment and to note the areas of the body which the healer feels may require extra attention

Completion date

30/09/2009

Eligibility

Key inclusion criteria

1. Patients who suffer from stable chronic plaque psoriasis that would be appropriate for treatment by topical agents
2. Informed consent
3. Adults aged 18 years or over, male or female

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Pregnant women
2. Patients with severe disease
3. Patients with unstable psoriasis and putular psoriasis
4. Patients who have already experienced healing
5. Unable to give informed consent

Date of first enrolment

15/10/2007

Date of final enrolment

30/09/2009

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Dermatology Department

Torquay

United Kingdom

TQ2 7AA

Sponsor information

Organisation

South Devon Healthcare NHS Foundation Trust (UK)

ROR

<https://ror.org/05374b979>

Funder(s)

Funder type

Charity

Funder Name

Newton Abbott Hospital League of Friends (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration