

Pragmatic randomised controlled trial of nurse-delivered vestibular rehabilitation for dizzy patients in primary care.

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 18/11/2010	Condition category Ear, Nose and Throat	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Study objectives

To compare the outcome of nurse-delivered vestibular rehabilitation for dizzy patients in primary care with standard medical care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Ear, nose and throat diseases

Interventions

Vestibular rehabilitation programme of daily eye, head and body exercises, education about causes and management of symptoms delivered by nurse therapist versus routine medical care.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Computerised measurement of postural sway; validated self-report measures of symptoms and quality of life.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/10/2000

Completion date

01/10/2003

Eligibility

Key inclusion criteria

200 patients with current dizziness or vertigo of at least 2 months' duration. Current complaint of dizziness or vertigo for which a vestibular cause is a definite or possible diagnosis; telephone ownership.

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

200

Key exclusion criteria

Age <18 yrs, disorders contraindicating performance of vigorous head/body exercises (vertebrobasilar ischaemia, severe cervical disorder), diagnosed non-vestibular cause of dizziness, life-threatening or progressive central disorder

Date of first enrolment

01/10/2000

Date of final enrolment

01/10/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Department of Psychology
Southampton
United Kingdom
SO17 1BJ

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

NHS Executive South East

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	19/10/2004		Yes	No