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Pragmatic randomised controlled trial of nurse-delivered vestibular rehabilitation for dizzy patients in primary care.

Submission date 23/01/2004	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 23/01/2004	**Overall study status** Completed	
Last Edited 18/11/2010	**Condition category** Ear, Nose and Throat	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

SEO083

Study information

Scientific Title

Study objectives
To compare the outcome of nurse-delivered vestibular rehabilitation for dizzy patients in primary care with standard medical care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Not Specified

Participant information sheet

Health condition(s) or problem(s) studied
Ear, nose and throat diseases

Interventions
Vestibular rehabilitation programme of daily eye, head and body exercises, education about causes and management of symptoms delivered by nurse therapist versus routine medical care.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Computerised measurement of postural sway; validated self-report measures of symptoms and quality of life.

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/10/2000

Completion date
01/10/2003

Eligibility

Key inclusion criteria
200 patients with current dizziness or vertigo of at least 2 months' duration. Current complaint of dizziness or vertigo for which a vestibular cause is a definite or possible diagnosis; telephone ownership.

Participant type(s)
Patient

Age group
Adult

Sex
Not Specified

Target number of participants
200

Key exclusion criteria
Age <18 yrs, disorders contraindicating performance of vigorous head/body exercises (vertebrob asilar ischaemia, severe cervical disorder), diagnosed non-vestibular cause of dizziness, life-threatening or progressive central disorder

Date of first enrolment
01/10/2000

Date of final enrolment
01/10/2003

Locations

Countries of recruitment
England

United Kingdom

Study participating centre

Department of Psychology
Southampton
United Kingdom
SO17 1BJ

Sponsor information

Organisation
NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details
The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
http://www.doh.gov.uk

Funder(s)

Funder type
Government

Funder Name
NHS Executive South East

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	19/10/2004		Yes	No