Pragmatic randomised controlled trial of nursedelivered vestibular rehabilitation for dizzy patients in primary care.

Submission date	Recruitment status No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
18/11/2010	Ear, Nose and Throat			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number SEO083

Study information

Scientific Title

Study objectives

To compare the outcome of nurse-delivered vestibular rehabilitation for dizzy patients in primary care with standard medical care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Ear, nose and throat diseases

Interventions

Vestibular rehabilitation programme of daily eye, head and body exercises, education about causes and management of symptoms delivered by nurse therapist versus routine medical care.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Computerised measurement of postural sway; validated self-report measures of symptoms and quality of life.

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/10/2003

Eligibility

Key inclusion criteria

200 patients with current dizziness or vertigo of at least 2 months' duration. Current complaint of dizziness or vertigo for which a vestibular cause is a definite or possible diagnosis; telephone ownership.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Age <18 yrs, disorders contraindicating performance of vigorous head/body exercises (vertebrob asilar ischaemia, severe cervical disorder), diagnosed non-vestibular cause of dizziness, lifethreatening or progressive central disorder

Date of first enrolment

01/10/2000

Date of final enrolment

01/10/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Department of Psychology

Southampton United Kingdom SO17 1BJ

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive South East

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	19/10/2004		Yes	No