# Intervention study to reduce the level of anaemia among infants

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
24/01/2011	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
19/05/2011	Completed	Results
Last Edited	Condition category	Individual participant data
19/05/2011	Haematological Disorders	<ul><li>Record updated in last year</li></ul>

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Dr Samia Halileh

#### Contact details

Birzeit University Po Box 14 Ramallah Palestine, State of

+972 (0)59 965 3889 samia@birzeit.edu

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

 ${\bf Clinical Trials. gov\ number}$ 

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Quasi study using two types of iron: a non-randomised controlled intervention trial

#### Study objectives

The introduction of ferrous sulphate at 6 months is suboptimal to the introduction of polymaltose complex iron preparation at 4 months in reducing the level of anaemia at 12 months. Iron preparation needs to be introduced earlier, at 4 months not 6 months and polymaltose complex is more palatable and has less gastrointestinal effects compared to ferrous sulphate.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Local Ethics Committee approved on the 1st September 2008

#### Study design

Quasi experimental non-randomised controlled intervention trial

#### Primary study design

Interventional

#### Secondary study design

Non randomised controlled trial

#### Study setting(s)

Other

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet (Arabic only)

#### Health condition(s) or problem(s) studied

Anaemia

#### **Interventions**

- 1. Ferrous sulphate (control group)
- 1.1. Dose is 2 mg/kg/day, starting at 6 months of age, giving 3 bottles to last for 3 months for when the next follow up visit is due
- 1.2. Total duration is 6 months
- 1.3. Haemoglobin measured at 12 months
- 2. Iron polymaltose complex (intervention group)
- 2.1. Dose is 2 mg/kg/day, starting at 4 months of age, giving 2 bottles, 3 bottles and another 3

bottles to coincide with visits at 4, 6, 9 months

- 2.2. Total duration is 8 months
- 2.3. Haemoglobin measured at 12 months.

#### **Intervention Type**

Other

#### Phase

Not Applicable

#### Primary outcome measure

Haemoglobin level at 12 months

#### Secondary outcome measures

- 1. Feeding practices
- 2. Side effects of iron preparation
- 3. Compliance information
- 4. Family history of thalassaemia
- 4. Measures obtained via interview after the mother has performed the blood test for her child and before the results of the blood test, i.e., before her next visit to the clinic

# Overall study start date

01/11/2009

#### Completion date

31/08/2010

# **Eligibility**

#### Key inclusion criteria

All infants attending the 4 and 6 months immunization

#### Participant type(s)

Patient

#### Age group

Child

#### Lower age limit

4 Months

#### Upper age limit

6 Months

#### Sex

Both

# Target number of participants

320 in each group

#### Key exclusion criteria

- 1. Already taking iron
- 2. Pre-term or of low bith weight (only excluded if infants were already taking iron)
- 3. Mother refused consent
- 4. Does not have a file at the clinic

# Date of first enrolment

01/11/2009

#### Date of final enrolment

31/08/2010

# Locations

#### Countries of recruitment

Palestine, State of

# Study participating centre Birzeit University

Ramallah Palestine, State of

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# Sponsor information

#### Organisation

Institute of Community and Public Health (Palestinian Territory)

#### Sponsor details

c/o Associate Prof Rana Khatib Birzeit University PO Box 14 Birzeit Ramallah Palestine, State of

+972 (0)2 298 2020 samia@birzeit.edu

## Sponsor type

Research organisation

#### Website

http://birzeit.edu

# Funder(s)

# Funder type

Research organisation

#### **Funder Name**

Swedish International Development Cooperation Agency (SIDA) (Sweden)

#### **Funder Name**

Palestine Solidarity Association (PGS) (Sweden)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration