# Early intervention dental trial

Submission date	Recruitment status No longer recruiting	Prospectively registered		
04/10/2011		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
09/11/2011	Completed	Results		
Last Edited	Condition category	Individual participant data		
03/10/2018	Oral Health	[] Record updated in last year		

## Plain English summary of protocol

Background and aims

People with mental illness tend to have more dental problems than people without. Oral health problems are not well recognised by mental health professionals and when treatment is accessed, people with mental illnesses generally experience barriers to treatment. The aim of this study is to see whether a simple checklist can improve the oral health of people with serious mental illness.

### Who can participate?

Anyone aged over 18 years old who is cared for by an Early intervention in Psychosis team in Nottinghamshire, Derbyshire or Lincolnshire can take part.

#### What does the study involve?

Early Intervention in Psychosis teams will be randomly allocated to receive either dental awareness training for care coordinators plus using a dental health checklist with standard care or to standard care alone. All service users within the same team will receive the same intervention.

### What are the possible benefits and risks of participating?

If service users agree to complete the checklist, they will gain more information about how to look after their teeth. We do not think there will be any negative side effects from the checklist. Only people who are cared for by one of the teams on the day during which we allocate participants to one of the treatments will be able to take part, but if the checklist is found to improve the oral health of the people who completed it, every person cared for by the teams will be given the opportunity to use the checklist.

#### Where is the study run from?

Within psychosis teams in Nottinghamshire, Derbyshire and Lincolnshire (UK). and will be delivered as part of standard care.

When is study starting and how long is it expected to run for? The trial started in October 2011 and will run for one year.

Who is funding the study?

The study is funded by National Institute for Health Research (NIHR) (UK) - Collaboration for Leadership in Applied Health Research and Care (CLAHRC).

Who is the main contact? Ms Hannah Jones (Research Assistant) Hannah.Jones@Nottingham.ac.uk

# **Contact information**

## Type(s)

Scientific

### Contact name

Prof Clive E Adams

#### Contact details

Cochrane Schizophrenia Group Sir Colin Campbell Building University of Nottingham Innovation Park Triumph Road Nottingham United Kingdom NG7 2TU +44 (0)115 823 1274 clive.adams@nottingham.ac.uk

# Additional identifiers

## Protocol serial number

10105

# Study information

#### Scientific Title

The three Shires early intervention dental trial

## Study objectives

To examine whether dental awareness training plus an oral health checklist will improve the oral health of the "Early Intervention in Psychosis" population in the East Midlands, United Kingdom

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

NRES Committee East Midlands, 1 Nottingham 11/08/2011, ref: 11/EM/0205

## Study design

Multicentre cluster randomised controlled trial

### Primary study design

Interventional

## Study type(s)

Prevention

## Health condition(s) or problem(s) studied

Oral health

#### **Interventions**

Team dental awareness training plus an oral health checklist plus standard care versus standard care alone

### **Intervention Type**

Behavioural

### Primary outcome(s)

Visit to dentist within one year of exposure to checklist

## Key secondary outcome(s))

- 1. Registration with a dentist
- 2. Frequency of tooth brushing
- 3. Reason for dental visit (routine vs for problem)
- 4. Quality of life
- 5. Economic data
- 6. Leaving the study

## Completion date

30/09/2013

# **Eligibility**

### Key inclusion criteria

- 1. Any willing early intervention in psychosis team in Nottinghamshire, Derbyshire or Lincolnshire
- 2. Service users cared for by the care coordinators within these teams aged over 18 years old at randomisation

### Participant type(s)

Patient

## Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Sex

### Key exclusion criteria

- 1. Any early intervention in psychosis team that does not wish to take part
- 2. Any individual care coordinator or service user within a team that does not wish to take part
- 3. Any service user aged less than 18 years old at randomisation

### Date of first enrolment

01/10/2011

### Date of final enrolment

30/09/2013

# Locations

## Countries of recruitment

**United Kingdom** 

England

Study participating centre Cochrane Schizophrenia Group

Nottingham United Kingdom NG7 2TU

# Sponsor information

### Organisation

University of Nottingham (UK)

#### **ROR**

https://ror.org/01ee9ar58

# Funder(s)

### Funder type

Government

#### **Funder Name**

National Institute for Health Research (NIHR) (UK) - Collaboration for Leadership in Applied Health Research and Care (CLAHRC)

# **Results and Publications**

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created Date	e added Peer revi	ewed? Patient-facing?
Protocol article	protocol	29/05/2013	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/1	11/2025 No	Yes