The effect of early enteral feeding in patients suffering severe head injury and requiring mechanical ventilation

Submission date	Recruitment status No longer recruiting	Prospectively registered	
23/01/2004		☐ Protocol	
Registration date 23/01/2004	Overall study status Completed Condition category	Statistical analysis plan	
		[X] Results	
Last Edited		☐ Individual participant data	
26/01/2010	Injury, Occupational Diseases, Poisoning		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers R/TAYLOR/293

Study information

Scientific Title

Study objectives

Patients suffering severe head injury commonly receive inadequate nutritional support for >5 days. Recent evidence suggests this is associated with an increased mortality and poor long-term outcome. However, the studies done so far have used early parenteral feeding to improve outcome. Parenteral feeding is itself a relatively high risk and high cost procedure. We propose to test the efficacy of early jejunal enteral feeding versus standard gastric enteral feeding in a prospective randomised controlled trial in patients with severe head injury, requiring mechanical ventilation. Retrospective analysis would specifically control for disease severity (Glasgow Coma Scale and Acute Physiology And Chronic Health Evaluation [APACHE] II) as well as other demographic and clinical parameters measured during the study. The aim is to determine the degree of clinical and functional benefit accruing from early enteral feeding (if any) and to differentiate possible sub-populations that most benefit from such treatment. Lastly, from metabolic data we hope to be able to postulate mechanisms for the effect of nutritional support and thus quide future research.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Other

Participant information sheet

Health condition(s) or problem(s) studied

Brain injury

Interventions

- 1. Early jejunal enteral feeding
- 2. Standard gastric enteral feeding

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Neurological outcome (Glasgow Outcome Scale 4 or 5) was determined at 3 and 6 months post injury and the incidence of infective and total complications was determined for hospital admission.

Secondary outcome measures

Not provided at time of registration

Overall study start date

20/06/1994

Completion date

31/10/1997

Eligibility

Key inclusion criteria

Patients with severe head injury requiring mechanical ventilation

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

82 (added 26/01/10; see publication)

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

20/06/1994

Date of final enrolment

31/10/1997

Locations

Countries of recruitment

England

United Kingdom

Study participating centre North Bristol NHS Trust Bristol United Kingdom BS16 9DA

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.doh.gov.uk

Funder(s)

Funder type

Government

Funder Name

NHS Executive South West (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/1999		Yes	No